

Cokv-Tylvme

(cho-ka-da-la-mi/newspaper)



Recently, Chief Government Affairs Officer Robbie McGhee and I attended the DCCC Napa Valley Issues Conference. This was my first time attending this event, and it was well worth the trip because it allowed us access to various legislators. This was an invaluable opportunity to have our voices heard on issues of great importance to our Tribe.

Although the Tribal Council regularly interacts at workshops and official meetings, I've identified the need to set aside time devoted to strategic planning. As such, the Tribal Council Executive Officers and Tribal Government Executive Team met in Foley, Alabama to engage in a Strategic Planning Session. While there, we discussed new initiatives, ways to improve services, and the strategic steps needed for implementation. This team worked through the pros and cons of various endeavors and will be bringing these forward for Tribal Council's consideration. This was time wisely spent, and I really appreciate everyone who participated in this session.

In preparation for the upcoming year, the Tribal Council has been busy meeting with CIEDA and PCIGA to discuss budgets. Remember, these entities operate on a fiscal year, not a calendar year (Tribal Government's budget review is forthcoming).

The Tribal Council reviews the budgets and asks questions about the expected outcomes. This process ensures that the Tribal Council and business management teams have aligned expectations.

October is going to be a fun-filled month! Don't forget our Annual Sovereignty Celebration and Tribal Member Day at OWA is on October 7, 2017. Also, the Fall Festival will be held on October 27, 2017 and promises to be a fantastic time for the community.

October is Domestic Violence Awareness month, and, in honor of this designation, I'd like to acknowledge the outstanding efforts of the Family Services Department (FSD). These individuals are often unsung heroes that assist in some of the direst situations. The FSD administers programs such as respite care, day care assistance, and the disaster relief fund. This department was pivotal in helping with hurricane efforts. They also organize the Easter Egg Hunt, Fall Festival, Domestic Violence Vigil, and Kid's Christmas Party.

When asked her thoughts, FSD Director Amanda Montgomery shared, "In Family Services, we never know what the day might bring, but we always rise to the occasion. Although working in this department isn't easy,



Stephanie Bryan, Tribal Chair/CEO
sbryan@pci-nsn.gov

it's definitely worthwhile. I am blessed and thankful for my staff and the positive impacts we're making in so many lives."

In closing, please remember to keep your leaders, our Tribe, and our Nation in your prayers. Also, our heartfelt thoughts and prayers go to all of those individuals recovering from the unexpected hurricane damages.

In love,

Stephanie A. Bryan
Tribal Chair/CEO

ANNUAL BOARD/COMMITTEE VACANCIES ANNOUNCED

The Tribal Council has announced vacancies on the Boards/Committees listed below.

The Tribal Council will be taking applications for these vacancies through 5:00 p.m. (CST) Tuesday, October 31, 2017.

If you are interested in applying for any of these positions, an application is available on the Tribal Council page of the Tribe's official web site, www.pci-nsn.gov; the application may be completed and submitted directly from the web site.

You may also pick up an application at the Tribal Chair's Office in the

Lavan Martin Assisted Living Facility located at the Tribal Complex, 5811 Jack Springs Road, Atmore AL or contact Debra Strickland, Legislative Coordinator, at (251) 368-9136 x 2935.

All applications, and resumes if applicable, should be returned to the Tribal Chair's Office by close of business Tuesday, October 31, 2017. Applications may be submitted via online submission, U.S. Mail, hand delivery, or email to boards-committees@pci-nsn.gov.

Once the October 31, 2017 deadline has passed, a list of all applicants will

be published for your review. Please review to ensure that your name is listed if you applied for any of these vacancies. If your name is not listed, please contact Debra Strickland immediately at (251) 368-9136 x 2935.

For your convenience, the list will be posted on the outside bulletin board at the flagged entrance to the Tribal campus, the Receptionist/Front Desk in the Lavan Martin Assisted Living Facility, the Buford L. Rolin Health Clinic, and the Tribal Council page of the web site, www.pci-nsn.gov.

Board/Committee/Commission/Authority	Number of Vacancies	Current members whose appointment time ends 12/2017
PCI Gaming Authority	2	Billy Smith & one vacant position
Creek Indian Enterprises Development Authority	2	David Kinman & Cody Williamson
Tribal Gaming Commission	2	Vicky Burns & one vacant position
Regulatory Commission	2	Linda Brooks & Wayne Colbert
Housing Advisory Board	2	Kelli Ramer & Cathy Langley
Education Advisory Board	2	Sherrell Hendrickson & Kelly Roberts
Election Board	1	Velma Crocker
Election Board-Alternate	1	Brenda Faircloth
Grievance Board	2	Shawn Rolin & Kathy Ward
Utility Board	2	Shawn Rolin & Charles Bray
Calvin McGhee Cultural Committee	2	Kaci Martin & Catherine Sells
Recreation Committee	2	Cassie Lassister & Mallory Martin
Endowment Committee	3	April Dortch, Teresa Franklin, & Kelly Dirting
Enrollment Committee	2	Carolyn White & Patricia Tew
Investment Committee	1	Pam Martin



A Moment With The Tribal Chair



Radiology Department



Mutual Of Omaha Breakout! Swim Clinic



Wedding Announcement



NASA Champions

Poarch Creek News, keeping the family and friends of Poarch informed

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On the cover:

Malori McGhee Dean, Radiologic Technologist, and Melissa Wall Boatwright, Radiology Supervisor.

The *Poarch Creek News* is the official newsletter of the Poarch Band of Creek Indians and is published by the Government Relations Department at the direction/discretion of the Tribal Council.

The *Poarch Creek News* is not the forum where individuals/groups can submit their views regarding matters of operations of Tribal Government or any decisions or policies enacted by Tribal Council, Authorities, and/or Boards. Nor is it the vehicle to submit policies issues/concerns of individuals/groups.

All questions or concerns about the *Poarch Creek News* should be addressed to:

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gjohnson@pci-nsn.gov www.pci-nsn.gov

(251) 368-9136 x 2210

Direct Dial # 251 446-5210

Regular Office Hours
Tuesday - Friday
7:00 am - 6:00 pm

The *Poarch Creek News* office is located in Building 400 of the Tribal Complex.

Let all bitterness and wrath and anger and clamour and slander be put away from you, along with all malice. Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you. Ephesians 4: 31-32

The Poarch Creek News reserves the right to edit or refuse any item submitted for publication.

Submission Criteria

Tribal Member submissions for publication in the *Poarch Creek News* are limited to Tribal Members & spouse, first generation, and those living in Tribal Member households unless an exception is noted. When submitting information, please identify the person featured as a Tribal Member, Tribal Member spouse, first generation descendant, or individual living in a Tribal Member household.

Copyright Materials

Copyrighted poems, graphics, etc. will not be published without permission from copyright holder. It is the responsibility of the individual submitting the information to determine if material is copyrighted and to obtain applicable copyright license.

Photo Submissions:

One per article submission; photos will be cropped to fit available space. High resolution .jpg or PDF format. **Head shots are preferred.** Individuals in the photos are to be appropriately dressed; for example, men must wear a shirt, no swim suits except for swim team photos, no photos with cigarettes or alcohol, etc. We will do our best to publish submitted photos, but we cannot fix blurred or distorted photos.

Birthday Wishes

Birthday Wishes will be accepted for the month before, the month of, or the month after the birthday. However, Birthday Wishes will no longer be published in the newsletter. A list of Tribal Member birthdays will be obtained from Tribal Enrollment each month; these birthdays will be posted on the Tribe's web site at pci-nsn.gov/birthdays and accessible via link on the Community Page. Birthday Wishes will also be posted on the Tribe's official social media pages.

Tribal Members may continue to submit individual birthday wishes as in the past for Tribal Members and spouses, First Generation Descendants, and those living in a Tribal Household. These wishes will also be posted on the web site and social media.

Anniversary Wishes:

May be published the month before, the month of, or the month after the anniversary.

Obituaries:

Tribal Members are asked to add *Poarch Creek News* contact information to the media list when completing the appropriate paperwork or planning the funeral of a loved one. The obituary will be published in the next issue of the newsletter after it has been received from the funeral home. Contact information: Poarch Creek News, 5811 Jack Springs Road, Atmore, AL 36502 or via email to gjohnson@pci-nsn.gov.

Tribal Members may continue to submit obituaries/thanks, and other applicable submissions by the last business day of the second month immediately following the death. *Photos will be cropped to reflect deceased only.*

In Memory:

Can be published the month before, the month of, or the month after the birthday of the deceased or the anniversary of the death of the deceased. *Photos will be cropped to reflect deceased only.* In Memory submissions are limited to one submission per deceased individual per issue.

Birth Announcements:

Submit information by the last business day of the month immediately following the birth. A Tribal Member may submit the birth announcement of their grandchild, even if the child is not first generation.

Engagement/Wedding Announcements:

Submit information by the last business day of the month immediately following the engagement/wedding.

Corrections:

Corrections will occur only if error/misprint is made by *Poarch Creek News*.

SUBMISSION DEADLINES

The *Poarch Creek News* is generated one month prior to the month of publication.

Submission Deadline: 5:00 p.m. (CST) the first business day of the month prior to the month of publication.

Please keep the established deadline in mind when submitting information for all sections of the newsletter.

Please submit information as soon as possible, any delay may cause you to miss the established deadline.

WORD LIMITS

Birthdays	40 words or less
Anniversary	50 words or less
Engagement	50 words or less
Reunions	50 words or less
TM Submissions	300 words or less
Birth/Weddings	300 words or less
Graduation	300 words or less
Achievements	300 words or less
In Memory	300 words or less
Obituary	300 words or less
News Article	400 words or less

The *Tribal Members Only Portal (TMOP)*, for Tribal Members age 18 and above, is located on the left sidebar of the website's home page, www.pci-nsn.gov. Information such as Tribal Council Minutes, Tribal surveys, proposed ordinances, and other confidential information will be posted in this area that is accessible to Tribal Members only.

The TMOP is not an automated site; it will be up to individual users to resolve

issues they have if they are unable to login to the TMOP. We are unable to provide assistance beyond confirming that you have the correct username and password to access this area of our website. Confirmation of correct username and password may take up to 24 hours.

You can receive updated news and information via the Tribe's social media pages at facebook.com/PoarchBandofCreekIndians; [twitter.com/](https://twitter.com/PoarchBandofCreekIndians)

[PoarchCreek](https://www.instagram.com/poarchbandofcreekindians/); and www.instagram.com/poarchbandofcreekindians/.

The Tribe's website and social media accounts are maintained by the Government Relations Department.

Please contact Kim Philyaw, Social Media Manager, at (251) 368-9136 x 2169 or kphilyaw@pci-nsn.gov if you have any questions or concerns.

TRIBAL COUNCIL



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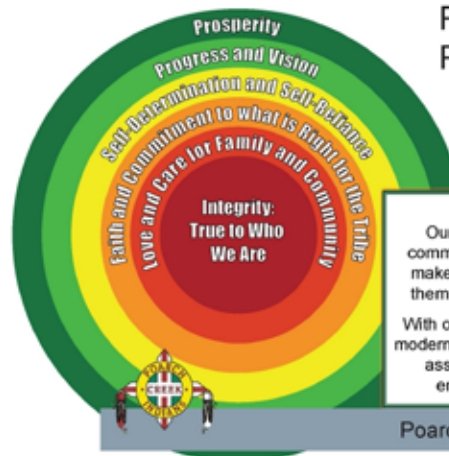
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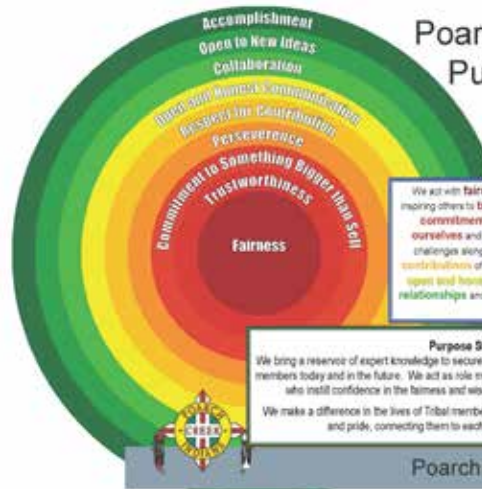


Poarch Council Purpose & Values

Purpose Statement

Our love for our people and our commitment to its future drives us to make tough decisions and stand by them to provide stable governance. With our blend of mature wisdom and modern knowledge, we grow the Tribe's assets to build self-reliance and enhance quality of life for all.

Poarch Band of Creek Indians



Poarch Government Purpose & Values

We act with **fairness** in all our decisions, and policy applications inspiring others to trust our intentions and our actions. This affirms our commitment to something bigger than any one of ourselves and encourages all to persevere when we confront challenges along the journey. The respect we show for the contributions of all to our common purpose creates the platform for open and honest interactions. This leads to collaborative relationships and openness to new ideas and growing levels of accomplishment.

Purpose Statement

We bring a reservoir of expert knowledge to secure the health, education, and well-being of all Tribal members today and in the future. We act as role models who go beyond the call of duty and leaders who instill confidence in the fairness and wisdom of government decisions and actions. We make a difference in the lives of Tribal members by fostering in them a spirit of independence and pride, connecting them to each other and their cultural heritage.

Poarch Band of Creek Indians



THE PARK

AT OWA

EXCITING ADDITIONS TO
TRIBAL MEMBER DAY
OCTOBER 7TH
4PM TO 10PM

All Tribal Members will receive a total of four complimentary admission vouchers to attend Tribal Member Day on October 7th from 4pm to 10pm. If a Tribal Member is unable to attend the October 7th event we will honor vouchers during normal business hours until December 31st 2017. Exclusions may apply. See the Tribal Portal for full details.

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DEVELOPMENT BY



As a member of the Health Legislative Committee I realize the importance of healthcare and I give you my word that I am fully committed to your needs. I will do everything that I can as a committee member and Tribal Council member to ensure that your future ever changing health care needs are always addressed.

I am excited to share with you that our Health Clinic staff along with the Tribal Council has worked very hard to make the Buford L. Rolin Health Clinic a comprehensive state of the art health facility. We now have Pharmacy, Premier Family Eye Care, Physical Therapy, Dental, and Behavioral Health in addition to our Healthcare Team all under the same roof.

Additionally, in order to provide the highest quality of care for our Tribal Members the Clinic will begin the process of accreditation/recognition according to Centers for Medicare & Medicaid Services (CMS) guidelines. One very important reason that we are pursuing accreditation is that accreditation represents the “gold



Sandy Hollinger, At-Large
shollinger@pci-nsn.gov

standard” in the health care industry. It also demonstrates to our patients that we have “passed the test” and are committed to providing high quality care to everyone.

As many of you may already be aware, Dr. Jamie McKinley, Chief Physician, left us to pursue a position at USA Medical Center. His vacancy was filled with the promotion of Dr. Theodore (Ted) Woods. Please congratulate Dr. Woods when you get a chance.

I am in awe of how this year, like so many lately, has literally flown by. We are winding down yet another year of prosperity and growth. Along with those blessings comes the heartache of losing many of our loved ones and watching others in need of healing or encouragement. Please always try to take the time to help someone else like so many before us have done. A kind smile and a helping hand is much appreciated in times of need.

We are quickly approaching the busy Thanksgiving and Christmas holiday season which brings families together for great food, fun and fellowship. During this time of year this Bible verse comes to mind, Psalms 107:1, “*O give thanks unto the Lord for He is good for His mercy endureth forever.*” He truly has blessed each and every one of us more than words could ever describe. I am thankful for my family, my Tribe, and all of the resources that have been made available to us.

Much love and well wishes from my family to each of you!

Sandy Hollinger

“We need to regularly stop and take stock; to sit down and determine within ourselves which things are worth valuing and which things are not; which risks are worth the cost and which are not. Even the most confusing or hurtful aspects of life can be made more tolerable by clear seeing and by choice.” ~ Epictetus

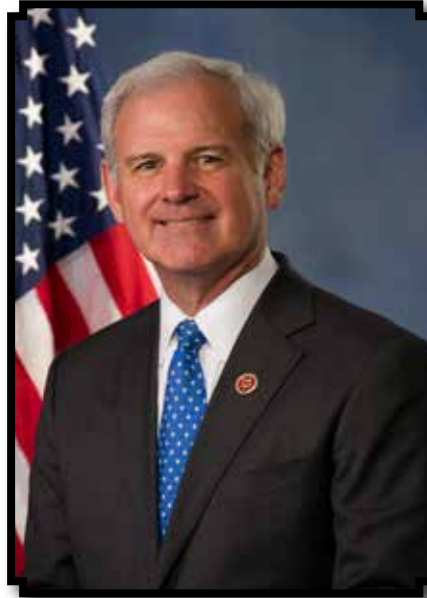
“Some people are always grumbling because roses have thorns; I am thankful that thorns have roses.” ~ Alphonse Karr

In my office, there is no greater priority than ensuring veterans are appropriately taken care of. It is imperative veterans receive the attention, help, and care they deserve and were promised.

Recently, we had a number of important breakthroughs for veterans in Southwest Alabama. From legislative victories in Washington to progress right here on the Gulf Coast, I want to briefly update you on some of the recent improvements for Alabama's veterans.

Most notably, last week we broke ground on the new VA outpatient clinic in Mobile. Building a new clinic has long been at the top of my priority list since being elected to Congress. As those shovels hit dirt last week, it was a major accomplishment.

The clinic will replace the current outdated and small clinic on Springhill Avenue. The new, 65,000 square feet clinic will be conveniently located right off I-10 in Tillman's Corner. This location should be easy for local veterans to access, and the clinic will have adequate public parking.



Representative Bradley Byrne
(251) 690-2811
Byrne.House.Gov

Other positive developments for our veterans came in the form of new, bipartisan legislation passed in Congress. Despite the reporting by the national news media, Congress has actually come together in a bipartisan way on multiple occasions this year to pass bills important to veterans.

For example, we passed the VA Accountability and Whistleblower Protection Act. This bill makes it easier to remove or demote VA employees who simply are not getting the job done. The bill also increases protections for whistleblowers who speak out about problems at the VA.

Also this year, President Donald Trump signed the Harry W. Colmery Veterans Educational Assistance Act of 2017 into law. This landmark legislation removes time restrictions relating to the use of benefits under the GI Bill. Just as important, the bill helps cut down on bureaucratic costs and confusion by consolidating the programs into just a single program relating to the GI Bill.

Finally, Congress recently passed legislation to ensure funding for the VA Choice Card program does not expire. This program is important because it increases veteran access to private medical care outside of the VA system. I am committed to making even more reforms to the program to ensure every veteran has the option of seeking care from doctors and hospitals in their local community.

As you can see, taking care of our veterans has been a top priority, but also a bipartisan issue that brings Republicans and Democrats together.

I think there's no higher calling in terms of a career than public service, which is a chance to make a difference in people's lives and improve the world.

Jack Lew



Hurricane Harvey

UPDATE



Source.

A Message from the Tribal Council

It's been seven days since Hurricane Harvey's landfall late Friday, August 25, and it is the strongest storm to make landfall in the United States since Charley in 2004. ([Source.](#)) We are mindful of the devastation left in the wake of this natural disaster and are organizing assistance efforts. Our thoughts and prayers remain with those impacted by Harvey, especially our Tribal Members and their families who are experiencing this horrific event.

What's Being Done?

Our Family Services Department (FSD) and Emergency Management Team (EMA) have been diligently working with the appropriate agencies to provide the assistance we can at this time. FSD has made an initial outreach to our Tribal Members affected in Texas. To date, those with which contact has been made are safe and secure. Applications for those needing assistance are being received and processed. **If you have been affected by Hurricane Harvey and would like to check in with FSD, or if you need help with acquiring assistance, please reach out to [them](#).**

In the event of a disaster, there are standard procedures that our EMA follows. These procedures are in place to: (1) ensure the safety of our team members and (2) make certain our efforts are being used where they are most needed. To self-deploy is unwise as it puts our folks in an unsafe situation (as the road conditions and ability to acquire gas and other essential supplies is unknown among many other factors). Therefore, it is imperative to wait until there is an actual call for help. Our team has now received its assignment and will be joining the efforts in Houston. We pray they are successful in their mission and remain safe.

I Want To Help. What Can I Do?

We've received many inquiries regarding what you can do to help. At this time, we recommend donating to a reputable organization (a list is provided on the following page). While we've considered various supply drives, we believe our resources will go much further if we partner with organizations who are experts in disaster relief and recovery efforts. During Katrina and other natural disaster efforts, there were instances of clothing and other items that were simply unused because they did not meet the actual needs ([Source.](#)). We want to be wise stewards of our resources, and again, we encourage you to donate if you'd like to help with these efforts. No amount is too small!

CONTACT INFORMATION



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CHARITABLE ORGANIZATIONS

HELPING OTHERS IN TIME OF NEED



Source.

Voluntary Organizations Active in Disaster (VOAD) lists national organizations that include ways to make a donation in the event of a disaster, such as Hurricane Harvey and its impacts on the Houston, TX area and other surrounding areas.

Listed below are several of the National VOAD organizations. A full list is available [here](#).

Adventist Community Services.

[Donate.](#)

American Red Cross.

[Donate.](#)

AmeriCares.

[Donate.](#)

Mennonite Disaster Service.

[Donate.](#)

[Volunteer.](#)

The Salvation Army.

[Donate.](#)

[Training.](#)

[Volunteer.](#)

Direct Relief.

[Donate.](#)

Habitat for Humanity.

[Donate.](#)

[Volunteer.](#)

The Humane Society of the United States.

[Donate.](#)

National Council of the United States, Society of St. Vincent de Paul.

[Donate.](#)

[Volunteer.](#)

World Renew.

[Donate.](#)

North American Mission Board.

[Donate.](#)

All Hands Volunteers.

[Donate.](#)

[Volunteer.](#)

National VOAD organizations that are already in response in Texas and are vetted by FEMA:

Partner Members:

Adventist Community Services
American Red Cross
Buddhist Tzu Chi Foundation
Catholic Charities
Crisis Response Ministry
Feeding Texas
Hope Animal Assisted Crisis Response
Islamic Relief
Upbring Disaster Response
Mennonite Disaster Services
Presbyterian Church in America Disaster Response
Presbyterian Disaster Assistance
Reach Out America
Save the Children
Society of St. Vincent de Paul
Southern Baptist of Texas Convention Disaster Relief
Texas Crisis Resiliency Team
TEXSAR
The Church of Jesus Christ of Latter-Day Saints
The Salvation Army
Trusted World
United Methodist Committee on Relief (UMCOR):
- Central Texas Conference (Fort Worth)
- New Mexico Conference (El Paso)
- North Texas Conference (Dallas)
- Northwest Texas Conference (Lubbock)
- Southwest Texas Conference (San Antonio)
- Texas Conference (Houston)
- United Methodist Committee on Relief (UMCOR)
Victim Relief Ministries
World Renew

Associate Members:

AmeriCares
Billy Graham Rapid Response Team
Central Texas VOAD
Church World Service
Guadalupe County VOAD
Habitat for Humanity Texas
International Fellowship of Chaplains
OneStar Foundation
Operation Blessing
Samaritan's Purse
Southeast Texas VOAD
Tarrant County VOAD
Team Rubicon
Texas Gulf Coast VOAD
United Ways of Texas
VOAD in Cooke County, Texas



Radiology Department Offers Advanced Medical Imaging

Radiology staff shown left to right: Malori McGhee Dean, Radiologic Technologist, and Melissa Wall Boatwright, Radiology Supervisor.

The Buford L. Rolin Health Clinic's Radiology Department offers some of the most advanced medical imaging equipment in the area. Our x-ray system allows the technologist to produce x-ray images at the lowest possible diagnostic radiation dose. The system provides an adjustable table for help with injured, pediatric, and geriatric patients.

The Radiology Department performs general diagnostic exams, as well as ultrasound procedures. X-ray and ultrasound can be used to diagnose many conditions in the lungs, thyroid, abdominal and pelvic organs, bones, sinuses, spine, and arteries and veins. X-ray is the fastest and easiest way for a physician to view and assess broken bones. It can also be used to diagnose

and monitor the progression of degenerative diseases.

The radiology equipment produces digital images that can be instantly recalled for review by our on-site providers. We also perform x-ray and ultrasound exams ordered by any medical provider of your choice. All radiology studies are read by our board certified Radiologist;

Dr. Mark Goddard. A written report from Dr. Goddard will be provided for the ordering physician once the exam is complete.

The Radiology Department is staffed by Melissa Wall Boatwright, Radiology Supervisor, and Malori McGhee Dean, Radiologic Technologist.



Shown above prepping for a chest x-ray are Malori McGhee Dean, Melissa Wall Boatwright, and Kennedy McGhee.

Both Melinda and Malori received their Bachelor of Radiology Sciences Degree from The University of South Alabama.

Malori is a registered Radiologic Technologist with the American Registry of Radiologic Technologists. She is also proficient in MRI and CT.

Melissa is registered with the American Registry of Radiologic Technologists as a Mammographer and Radiologic Technologist. She is also a graduate of the Institute of Ultrasound Diagnostics and is registered with the American Registry of Diagnostic Medical Sonographers in abdominal, obstetric, gynecological, breast, and vascular sonography.

MAMMOGRAMS

A mammogram is the main test recommended by the American Cancer Society to find breast cancer early when it's easier to treat. As part of our Radiology services we offer digital mammography three times a year; in April, October, and December. These services are provided by West Florida Hospital's mobile Mammography unit. West Florida's Mammography Department is an American College of Radiology Accredited Breast Imaging Center of Excellence.

October is National Breast Cancer Awareness Month. Find out more about breast cancer awareness on page 43.



Breast cancer symptoms include:

- a change in how your nipple looks
- a change in the size or shape of your breast
- a lump or area of thickened tissue in your breast
- a lump or swelling in your armpit
- a rash on or around your nipple
- dimpling on the skin of your breast
- discharge from your nipple

Between screening tests talk to your doctor straight away if you notice any symptoms of breast cancer.

If cancer is diagnosed at an early stage, it can usually be treated more successfully.

*These symptoms can apply for both male and female breast cancer





POARCH CREEK INDIANS OFFER CULINARY MEDICINE COOKING CLASS

Front row left to right: Sheila Odom, Myra King, Cathy Langley; Nancy Brumfield, Registered Dietitian, USA Mitchell Cancer Institute, Kay Archer, Carrie Martin, Vonnelle Peters, Kelly Dirting, Tammy Graham, and Ruth Hogan. Back row left to right: Danny King, Chef Brandon Thrash, Bonnie Garrett, Marsha Fendley, and Connie Narragon.

The Poarch Creek Indians Health and Elder Services Division, in cooperation with the University of South Alabama Mitchell Cancer Institute and the Wind Creek Casino Cooking Studio, held a four week cooking class geared toward healthy eating based on the Mediterranean Diet.

The purpose of the class was to show Tribal Members various ways of preparing food using less fat and sugar, and fewer carbohydrates and calories while increasing fiber intake without sacrificing taste.

The classes were held once a week for four weeks at the Wind Creek Casino Cooking Studio. Nancy Brumfield, registered dietitian with

Mitchell Cancer Institute, was the speaker for the program along with Wind Creek Casino Chef Brandon Thrash. The classes consisted of an educational component followed by a hands-on cooking session by the participants.

The participants were divided into groups of two and each group was given a particular recipe to follow and prepare. Once the food was prepared, each group made a plate for presentation according to the serving size of the recipe. These plates were used to discuss the nutritional value and taste. The group then had a sit down meal utilizing the remaining food and were able to compare each recipe on the ease of the preparation,

as well as taste. Each class lasted two and a half hours.

The four week class included the preparation of spaghetti cooked four different ways utilizing less meat and more lentils, healthy breakfasts, healthy salads, and healthy snacks.

Funding was provided by the Poarch Creek Indian Health and Elder Services Division and the Good Health and Wellness in Indian Country Grant.

The program originated at Tulane University in New Orleans, LA to enhance medical and nursing students' knowledge of healthy eating habits which they could then convey to their patients suffering with

chronic illnesses such as diabetes and heart disease. The University of South Alabama Mitchell Cancer Institute purchased the program from Tulane University and through a CDC grant has offered it to women of low socio-economic status in Mobile, AL.

The Health and Elder Services Division of the Poarch Creek Indian Health Clinic plans to continue to

offer these classes to Tribal Members. The focus will be on foods which are typically used on a daily basis by Tribal Members with an emphasis on using more fresh vegetables and fruits, lean meats and fish while practicing portion control.

Tribal Member Kay Archer said, "I enjoyed the class immensely. I've been telling everyone about it, so I hope you do it again. It was very

informative, and I learned everything I needed. I will try to put it to good use."

Submitted by Edie Jackson

This article is a follow-up to the article "Culinary Medicine-Healthy Eating Classes" published in the September issue of the newsletter.

CHEROKEE PRAYER BLESSING

May the warm winds of Heaven
Blow softly upon your house.
May the Great Spirit
Bless all who enter there.

May your moccasins
Make happy tracks in many snows,
And may the rainbow
Always touch your shoulder.

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www.autismspeaks.org/

Follow *Poarch Creek Special Needs Autism & LD Support Group* on Facebook for information about autism and its effects on individuals, families, society, and our Tribal Community.



Visit *Autism Speaks* at www.autismspeaks.org for more information on autism.

INJURED?

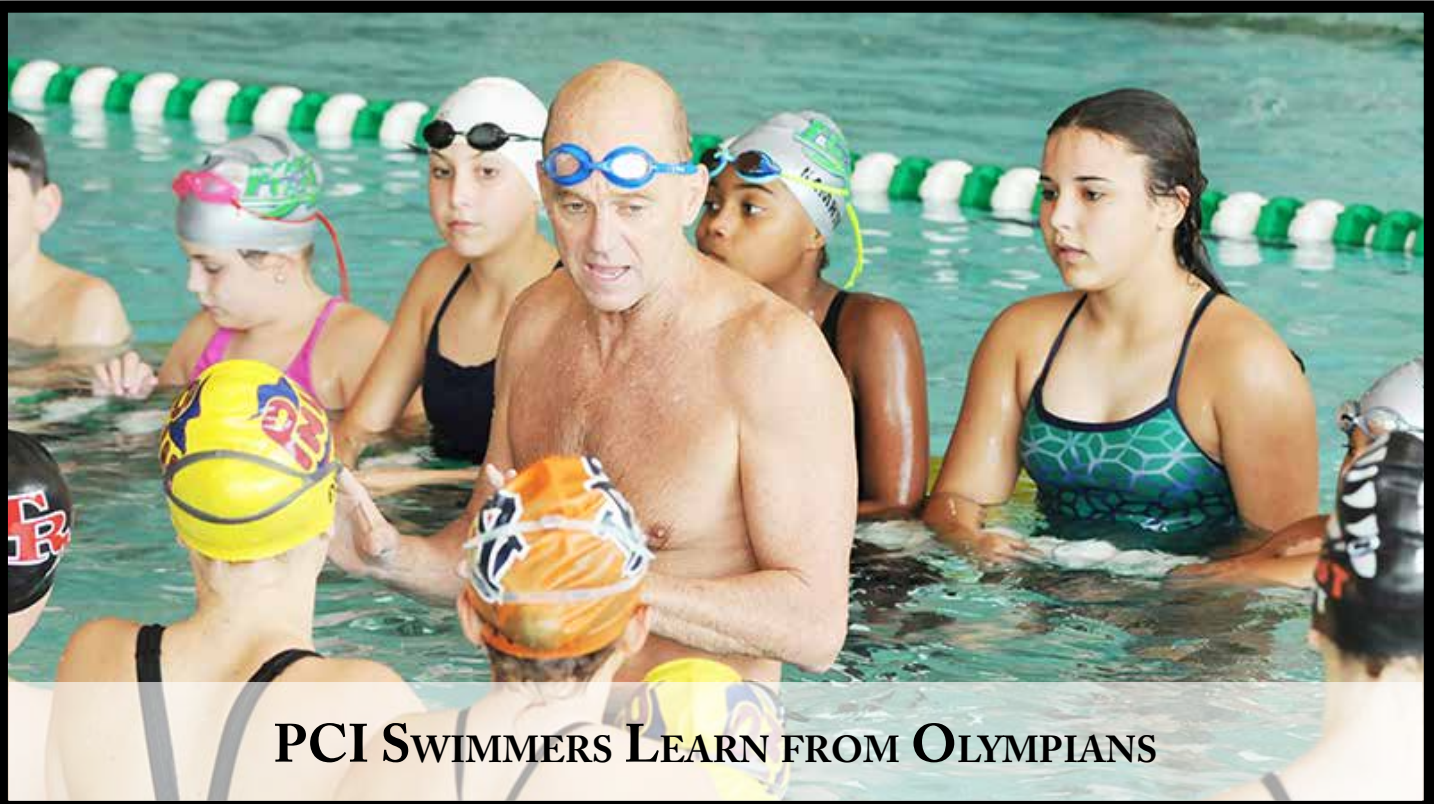
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Rule 7.2(e) of the Alabama Rules of Professional Conduct



PCI SWIMMERS LEARN FROM OLYMPIANS

Olympic swimmer Rowdy Gaines instructs young swimmers during Mutual of Omaha Breakout! Swim Clinic.

Photo by Andrew Gardner, Atmore Advance.

By Andrew Gardner, Atmore Advance

The back of their T-shirts read, “I raced a gold medalist today! What did you do?”

That’s what swimmers got the chance to do on August 19th during a Mutual of Omaha Breakout! Swim Clinic at the Linda Gail Parker Aquatic Center in Poarch.

Olympic Gold Medal swimmers Jimmy Feigen, Breeja Larson, and Rowdy Gaines led the clinic, and helped participants enhance their competitive swimming skills.

The event is a five-hour in-water stroke technique clinic for those ages 8-18. Each participant

received in-water demonstration and instruction on swim strokes and techniques.

Some got the chance to test their strokes in a race against the Olympic champions.

Feigen is a two-time Olympian and one of the fastest sprinters in the world. At the 2012 NCAA championships, Feigen won the 100-meter freestyle, the 4×100-meter freestyle relay and the 50-meter freestyle while at the University of Texas. The San Antonio native won silver at the 2012 London Olympics in the 4×100-meter freestyle relay. He

won a gold medal by helping the USA win the 4×100-meter freestyle relay in Rio de Janeiro, Brazil.

Larson won the 2012 Olympic Trials after four years of training, and won gold at the games in London. She has broken the American record in breaststroke several times and is now teaching swimming.

Gaines became the oldest swimmer to qualify for the trials at the 1996 Summer Olympics in Atlanta, Georgia. He chose not to compete in the trials, but continued his career as a

television commentator, covering swimming for NBC at the games. He has been the voice of Olympic swimming for 20 years.

During a question and answer portion of the clinic, Feigen said his favorite part of being an Olympic swimmer is the people.

Gaines said all of the medals he has received don't compare to the relationships he has made over the years. "Friendships last forever," he said. "We all get to perform and do our best."

Gaines acquired three Olympic gold medals and has won five world championships.

One of the participants asked the trio what their favorite pool is to swim. "Pools in France are made of stainless steel," Larson said. Larson said the water is so pure it's like you're taking a bath.

Gains said the pool at Indianapolis, Indiana is sort of like the swimmers' version of baseball's Wrigley Field in Chicago, Illinois.

Mutual of Omaha is a full-service, multiline organization providing insurance and financial products for individuals, businesses and groups throughout the United States.

Swimmers from Poarch, Pensacola, Gulf Shores, Brewton, and other areas participated in the clinic.

Article by Andrew Gardner
Published in *Atmore Advance* on 8-23-17
Reprinted with permission.



Collage of photos by Poarch Creek News



PFEC AND PHARMACY HOST OPEN HOUSE

PFEC staff left to right are RosaLeigh Boyte, Office Manager; Dr. Amanda J. Cobb, Optometrist; Jessica Rogers, Certified Paraoptometric Technician; Megan Rackard, Receptionist; and Heather Rolin, Optical Assistant.

On Friday, August 25, 2017, the Health Department hosted an open house for Premier Family Eye Care (PFEC) and the Pharmacy and encouraged Tribal Members and members of the community to visit their new facilities.

PFEC is now located on the first floor of the Buford L. Rolin Health Clinic (Health Clinic). This move has allowed Dr. Amanda Cobb and staff to expand the eye clinic and better meet the needs of their patients.

They now have 3 examination rooms and hope to add a 4th in 2018. Services include routine eye examinations for both adults and children as

young as 6 months, special testing equipment to aid in monitoring eye disease such as Glaucoma, Diabetic Retinopathy, Macular Degeneration and Cataracts.

Who can come to Premier Family Eye Care? PFEC provides eye care to everyone in Atmore and the surrounding communities.

What are your hours? PFEC hours are 7:30 a.m. – 5:00 p.m. Monday thru Friday.

Do you take walk-ins? At this time PFEC can't accommodate walk-ins but our staff will make every attempt to accommodate you as soon

as possible. Many times it can be on the same day, but that is not a guarantee.

What insurances do you accept? Dr. Cobb is credentialed with several companies such as BCBS, Medicare, Medicaid, Southland, Allkids and more!

What benefit will Tribal Members receive by using Premier Family Eye Care? All Tribal Members and 1st generation descendants under age 19 receive a free eye examination each year. At this time the Tribe does not offer free glasses but we do have a wide variety of price points for every budget. In our optical shop you will

find frames as low as \$49.00! We also carry designer brands such as Michael Kors, Maui Jim, Coach, Kate Spade, and Greg Norman. All purchases made at PFEC are tax free!

What is next for Premier Family Eye Care? PFEC is working hard to launch our new website that will offer the ability to schedule appointments online as well as order contact lenses.

We have also teamed up with Dr. Ryan Tarantola from Retina Specialty Institute (RSI). RSI staff will be coming the 3rd Thursday of each month to provide treatment for retinal disease.

Give us a call at (251) 446- 3937 and let us help you with your eye care needs.



Although public access was not allowed in the Pharmacy area, the open house included access to the public access areas of the Pharmacy, which is now located on the second floor of the Health Clinic.

PFEC relocated to the first floor of the Health Clinic in June of this year, the Pharmacy moved into their new location on August 15th.

Not only did the move of the Pharmacy to the Health Clinic bring all on site medical services under one

roof, there were other additions and enhancements.

The Pharmacy now has drop off and pick up windows with privacy shields.

The pharmacy waiting area has a TV and windows with a view.

There is a private consultation room where pharmacists may conduct private patient counseling, immunizations, tobacco cessation, etc.

Although the it is still under construction, the Pharmacy will have a drive-thru with dedicated access. Watch the newsletter, web site, and official Tribal social media for information on the opening date of the new and enhanced drive-thru.



Introducing

EVERLEE BRAE MILSTID

August 9, 2017 ✨ 7 lbs 7 oz ✨ 21 inches

Everlee Brae Milstid was born at Monroe County Hospital on August 9, 2017 at 8:28 a.m. She is the daughter of Joshua Milstid and Chelsey Corey. She is the little sister of Harley Milstid.

Welcomed with love by.

Dad, Mom, and big sister Harley!



Introducing

BRYLEE'RAE GRIFFITH

August 15 2017 ✨ 6 lbs 11 oz ✨ 19.5 inches

Bryce & Toni Griffith happily announce the birth of their daughter Brylee'Rae Griffith.

A cute baby girl

A perfect example

To cuddle and squeeze

Of Gods precious love.

To pamper and play with

You are loved little one!

And bounce on your knees

Welcomed with love by.

Dad, Mom, and big sister Kaylor!

TRISTIN DAUGHTRY AND MONICA CUMBIE TO WED

Tristin Daughtry and Monica Cumbie will exchange wedding vows on Saturday, October 14, 2017 at the Kirk House in Axis, Alabama with Pastor Trevor Daughtry officiating.

Monica is the daughter of Eddie and DeAnn Cumbie of Uriah, Alabama. Tristin is the son of Sue Sells and Douglas Daughtry, both of Poarch, Alabama.

Submitted by Monica Cumbie





IN LOVING MEMORY OF
SARA "NELL" CUMBEE
OCTOBER 30, 1945- OCTOBER 2, 2015

God saw her getting tired and a
cure was not to be.

He wrapped her in his loving arms
and whispered "Come With Me."

She suffered much in silence her
spirit did not bend.

She faced her pain with courage
until the very end.

She tried so hard to stay with us but
her fight was not in vain.

God took her to His loving home
and freed her from the pain.

We love and miss you.

Your loving family.

2017 DAVID MCGHEE
REUNION

DATE: 10/7/2017

PLACE: MAGNOLIA BRANCH

TIME: 12:00 - UNTIL



WE ARE COMBINING THE REUNION WITH THE
CELEBRATION BEING IT FELL ON THE SAME DAY.
HOPE EVERYONE CAN ATTEND. ALL YOU HAVE TO
BRING IS YOURSELF. IF YOU STILL HAVE YOUR
SHIRTS PLEASE WEAR. WE WILL BE UNDER A TENT.

STEADHAM FAMILY REUNION

Sunday, October 1, 2017

Steadham Chapel

987 Taylor Road, Atmore, AL

11:00 a.m.

Contact Elaine Brooks at (251) 564-6198

If you have questions or need more information.

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PRESLEY BEGINS STUDIES TOWARD MASTER'S DEGREE

Rachel Presley, who recently graduated from the University of West Florida with a Bachelor's Degree in Psychology, has begun her studies toward a Master's Degree.

Rachel is the daughter of Tebyl and Stoney Presley. She is the granddaughter of Leroy and Ruth Tullis and the late Linda and Larry Presley.

Congratulations Rachel, we are so proud of you and all you have done!

Submitted by Tebyl Presley

THANKS FOR YOUR SUPPORT!



The Poarch Creek Ladies softball team would like to thank David Morris Construction and S. Rolin Construction for their generous sponsorship to our team in the 2017 NASA tournament. Shown to the right are:

Front row, left to right Magan Daughtry, Katie Sanspree, Brittany Bryan, Kayla Taylor, and Kaylee Cox. Back row, left to right Justin Sanspree, Cassie Lassiter, Tamaniek McGhee, Laura Sells, Crystal Daughtry, Theresa Rutherford, and Clint Lassiter.

Submitted by Cassie Lassiter

Chief Houston McGhee Collection

*Submitted by Director/Tribal Archivist,
Deidra Suwanee Dees, Ed.D.*

“Look what I found!” new temporary Tribal Employment Program worker, Ms. Gracie Coon, exclaimed as she processed the Chief Houston McGhee Collection. She was referring to a historic letter written to Chief Calvin McGhee by the Long House League of North American Indians at the Tuscarora Reservation in New York. The letter, dated 1963, invites Chief Calvin McGhee to the “All American Indian Grand Spiritual and Civil Council of the Chiefs and Representatives of the Nations and Tribes” at Wyalusing Rocks (Ancient Prayer Rocks) in Pennsylvania. This would be the first Council Fire of its kind in two-hundred-and-eight years, the letter says.

Ms. Coon is processing this Collection page by page as other Team members have done by removing rust from staples and paperclips, and rehousing the records into acid-free folders to prevent damage. She found Chief Houston McGhee’s Employee of the Month certificate from 1991 which we displayed on the wall.

The Collection was donated on October 23, 2015, to the Office of Archives and Records Management by Ms. Valerie McGhee, daughter of Chief Houston McGhee (1937-2012). She said she donated this collection to the Archives because of Administrative Assistant, Ms. Wendy Martin-Cox, whom she trusts. “I knew you’d keep it safe and it needed to be with the Tribe,” she said.

With great pride, Ms. Martin-Cox said, “This is a fabulous Collection and the first one that I acquired for the Archives. I was very excited to be able to bring this into the Archives.”



Krista Jeter, Paul Bell, Jr. and Gracie Coon (wearing mask and gloves for protection) examine a letter to Chief Calvin McGhee which was found in the Chief Houston McGhee Collection donated to the Tribe by Valerie McGhee.

Photo by Office of Archives and Records Management

Our new temporary part-time Archives Assistant, Mr. Paul Bell, Jr., said this letter is important because it demonstrates tribes “were trying to develop strength in the Creator for their people. It is important to this Tribe that other tribes accepted us as Native people in 1963 by inviting Chief McGhee to the gathering.”

Director/Tribal Archivist Dr. Deidra Suwanee Dees noted the letter states the purpose of the gathering was “to write a policy, program and platform of Indians, by Indians, and for Indians to advance their spiritual, cultural, social and economic welfare.” Our Team is researching this event to see if Chief McGhee actually attended the gathering.

If you would like to experience the wonderful documents we have to offer, call us at (251) 446-4942 or visit our office at CIEDA/100 Brookwood in Atmore. You can take home a copy of this historic treasure of a letter. Mvto.



Congratulations to the Boys & Girls Club September Youth of the Month winners!

PK-2nd Grade division winner - Bryson Bar, left; 3rd-6th Grade division winner - Sophia Morris, center; and Teen Center division winner - Jaycee Parker, right. These youth were nominated for their outstanding demonstration of good behaviors and leadership. Congratulations Bryson, Sophia, and Jaycee!



FARMER'S MARKET
SATURDAY, OCTOBER 21, 2017
7:30 AM - 11:00 AM
POW WOW GROUNDS
IF IT RAINS, WILL BE IN THE GYM

Support our local farmers!

No vendor fees!

Cash Sales!

Home grown local produce
Eggs-plants-canned goods
And other agriculture related items for
purchase!

Third Saturday of each month
May - October



www.poarchneighbors.com

Visit to find out more about our story, our values, our people, and our neighbors



Our Story

Our ancient culture shapes our identity.
Tradition inspires us to keep our history alive.
We are a resilient people who helped each other out
through trying times to become the only federally
recognized Tribe in Alabama.
Today, we join our neighbors' effort to help improve
quality of life for all.

Poarch Values

Love & Commitment to Family
Self-Determination & Self Reliance
Faith & Commitment to do what is right for the Tribe
Respect for Elders
Integrity: Being true to who we are
Prosperity

www.facebook.com/poarchneighbors/
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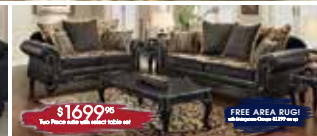
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Two Piece sofa with select table set



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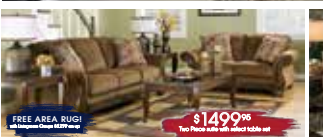
Two Piece sofa with select table set



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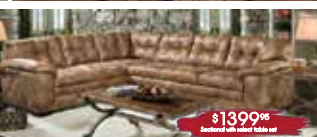
Two Piece sofa with select table set

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with purchase \$499 or up



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Two Piece sofa with select table set



\$1399⁹⁵

Sectional with select table set



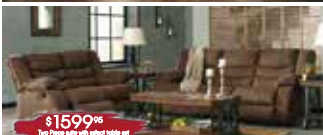
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Sectional sofa with select table set



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Sectional sofa with select table set



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Two Piece sofa with select table set



\$2699⁹⁵

Sectional sofa with select table set

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TRIBAL YOUTH COUNCIL STRIVES TO INCREASE YOUTH INVOLVEMENT



The Poarch Creek Tribal Youth Council is striving to increase the youth's involvement in the community by hosting stickball games that are open to all who wish to come out and play.

During the NAYO tournament this past July, the Tribal Youth Council hosted a competitive game of stickball that included participants from other Tribes to share a piece of our culture during their visit to Poarch.

Since then, there have been other games held to encourage all Tribal youth to come join in a time of fellowship with other local young people.


As part of the group's focus, the Tribal Youth Council is an asset for young people who want to make a difference in their Tribe by promoting healthy and clean fun for Native Youth. Stickball games do just that and more. Through all the

challenges and exhaustion, there are always smiles on the players' faces as they walk away from the field. It makes for a truly enjoyable time.

In September, the Tribal Youth Council participated in the Coastal Clean-up Day along the Gulf Coast to give back to the community. This event was held as a group effort to clean up and help preserve our local beaches. More details on the clean-up event to follow in an upcoming issue of the newsletter.

The Tribal Youth Council will have a table at this year's Fall Festival! We would love for everyone to stop by and learn more about our youth council and meet any prospective students who are interested in joining!


Submitted by Madelyn Boatwright, Tribal Youth Council Member



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47TH ANNUAL POARCH CREEK INDIAN THANKSGIVING POW WOW

Golden Age 55+

Men's (Northern Traditional / Straight / Fancy / Grass)
Women's (Northern Traditional / Southern Traditional / Jingle / Fancy)
1st \$700 2nd \$500 3rd \$300 4th \$200

Senior Adult Ages 35-54

Men's (Northern Traditional / Straight / Fancy / Grass / Chicken)
Women's (Northern Traditional / Southern Cloth / Southern Buckskin/
Jingle / Fancy)
1st \$700 2nd \$500 3rd \$300 4th \$200

Junior Adult Ages 18-34

Men's (Northern Traditional / Straight / Fancy / Grass / Chicken)
Women's (Northern Traditional / Southern Cloth / Southern Buckskin/
Jingle / Fancy)
1st \$700 2nd \$500 3rd \$300 4th \$200

Teen Ages 13-17

Boy's (Northern Traditional / Straight / Fancy / Grass)
Girl's (Southern Cloth / Buckskin / Jingle / Fancy)
1st \$400 2nd \$300 3rd \$200 4th \$100

Junior Ages 7-12

Boy's (Northern Traditional / Straight / Fancy / Grass)
Girl's (Traditional / Jingle / Fancy)
1st \$200 2nd \$100 3rd \$75 4th \$50

Tiny Tots Ages 0-6

General Admission

Adults ages 11 & up are \$5.
Children ages 10 & under are free.
Gates open at 10:00 am.
No pets, drugs, alcohol, weapons, or ice chests.
Vendor Spacing is available (see web site).

Grand Entry

November 23rd 1:00 pm
November 24th 12:00 pm
Dancers & Singers must pay on
Thursday; General Admission is
your registration fee.

Head Staff

Emcee- Juquin Hamilton
Arena Director- Dude Blalock
Head Drum Judge- Alex Alvarez
Head Dance Judge- Thomas Rolin

Online registration available for
dancers, drums, & vendors at:
www.pci-nsn.gov/westminster/pow_wow.html



47TH Annual Pow Wow
6477 Jack Springs Road • Atmore, AL 36502

Muskogee Inn
(251) 368-8182

Hampton Inn
(251) 368-9090

Holiday Inn Express
(251) 368-1585

Fairfield Inn
(251) 368-1188

www.poarchcreekindians-nsn.gov

SPECIALS FOR 2017

Men's Traditional

Contemporary vs Original
1st place: \$1,000
2nd place: \$500

Women's Fancy Shawl

Contemporary vs Original
1st place: \$1,000
2nd place: \$500

Men's Grass

Contemporary vs Original
1st place: \$1,000
2nd place: \$500

Women's Jingle

Contemporary vs Original.
1st place: \$1,000
2nd place: \$500

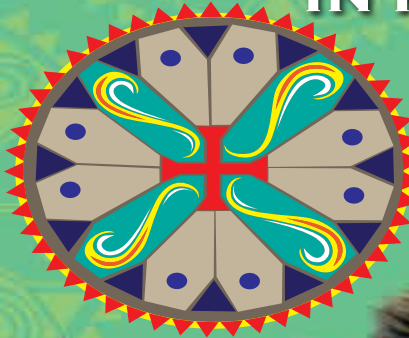
DRUM CONTEST 8 SINGER MINIMUM

Northern & Southern Combined
1st \$12,000 2nd \$8,000 3rd \$6,000 4th \$4,000 5th \$2,000

HAND DRUM CONTEST 5 SINGER MINIMUM

1st \$800 2nd \$500 3rd \$300

OVER \$92,000 IN PRIZE MONEY



47TH ANNUAL POARCH CREEK INDIAN THANKSGIVING POW WOW

ACTIVITIES ON THE MOUND

Activities will start at 10:00 am and continue until Grand Entry

The Poarch Creek Princess Contest
will start at approximately 11:30 am

General Admission

Adults ages 11 & up are \$5.

Children ages 10 & under are free.

Gates open at 10:00 am.

No pets, drugs, alcohol, weapons, or ice chests.

Vendor Spacing is available (see web site).

Local Accommodations

Wind Creek Atmore Casino & Hotel
(866) 946-3360

Wind Creek RV Park
(866) 946-3360

Magnolia Branch Wildlife Reserve Campgrounds
(251) 446-3423

Muskogee Inn
(251) 368-8182

Hampton Inn
(251) 368-9090

Holiday Inn Express
(251) 368-1585

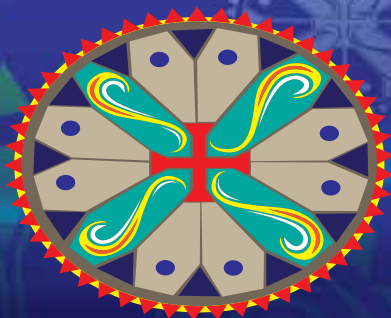
Fairfield Inn
(251) 368-1188

47TH Annual Pow Wow
6477 Jack Springs Road
Atmore, AL 36502

Co-Sponsored By:



WINDCREEK
CASINO & HOTEL
ATMORE

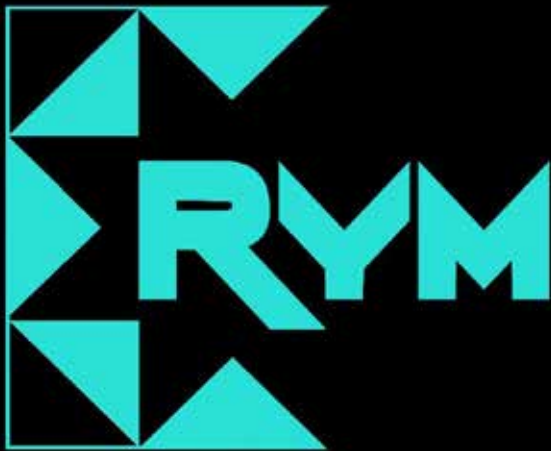


Buford L. Rolin Health Dept.

Registration at 6:00 am • Race 7:00-9:00 am

For information call: 251 368-9136 ext. 2253
Thanksgiving Day





Wednesday, November 15, 2017

Roc Your Mocs 2017

EVERYONE JOIN US IN CELEBRATING NATIVE AMERICAN HERITAGE MONTH BY ROCKING YOUR MOCS...

Please send the Cultural Department a picture of your department rocking your mocs to jmcghee@pci-nsn.gov.

ATTENTION!!

2017 POWWOW TICKETS

Tribal Member Head of Households will be able to pick up their 2017 Pow Wow wristbands at the Kerretv Cuko Museum Gift Shop, starting:

Monday, November 13, 2017 @ 900am
until
Wednesday, November 22, 2017 @ 5:00pm

Each Tribal Member Head of Household will receive (4) wristbands and must provide Tribal ID when picking up, if you are picking up for someone else you must provide a letter and a copy of that person's Tribal ID. If you are not able to pick up prior to the Pow Wow, they will be available at the gate.

IF YOU HAVE ANY QUESTIONS PLEASE
CONTACT THE CULTURAL DEPARTMENT AT
251-368-9136 EXT. 2293

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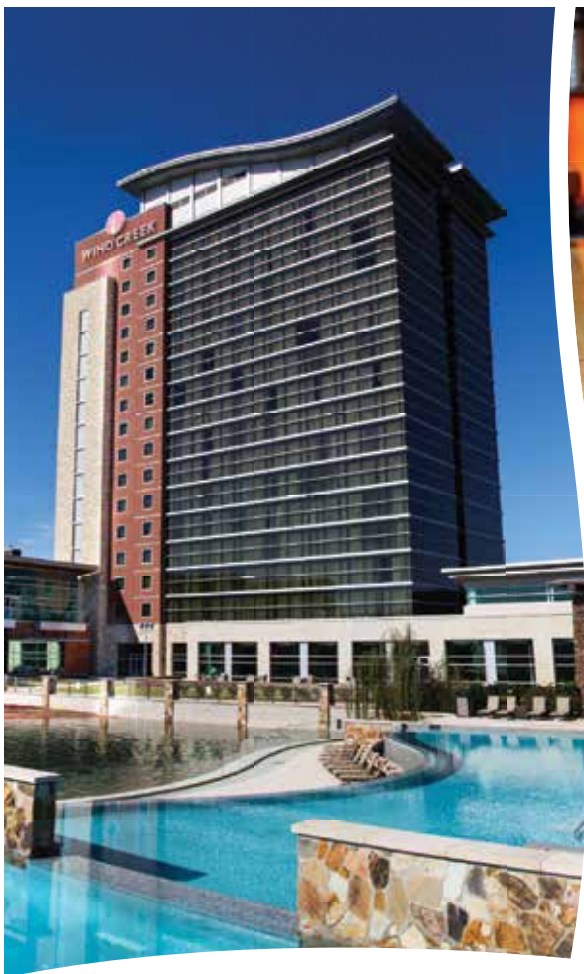
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HOMEWORK CLUB

GRADES K-12th

Tribal Members

First Generation

Those living in Tribal Household

Monday - Thursday 5:30 pm - 7:30 pm

Education Department/Children's Library Area

Supervised by Tutors and Education staff to help support your student's learning. Any eligible student may join at any time.

A flyer with complete details was published in the September issue of the newsletter and is posted on Education's page of the Tribal web site, www.pci-nsn.gov.

AFTER SCHOOL TUTORING

GRADES K-12th

Tribal Members & First Generation

Students with 'C' average or below

Monday - Thursday 5:30 pm - 7:30 pm

Education Department

A flyer with complete details was published in the September issue of the newsletter and is posted on Education's page of the Tribal web site, www.pci-nsn.gov.

Contact Kim McGhee at (251) 368-9136 x 2662 or ksmcghee@pci-nsn.gov for more information about the Homework Club or After School Tutoring.

FALL GED CLASSES

Adult Education Library/Education Department

Free To Everyone Living In A Tribal Household

Day Classes

Monday, Tuesday, & Wednesday

9:00 am - 11:00 am & 1:00 pm - 3:00 pm

Evening Classes

Tuesday, Wednesday, & Thursday

5:00 pm - 7:00 pm

Study materials provided at no cost.

Contact Billie McGhee at (251) 368-9136 x 2243 or bmcghee@pci-nsn.gov if you have questions or need more info.

Welcome

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Mortgage Originator/184 Loan Specialist

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stan.dewise@unitedbank.com



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NMLS # 1322793

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- 184 Program*
- Construction Loans
- USDA Loans
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- Specialty Financing (acreage, home with land, etc.)

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United Bank

Mortgage Services

Loans subject to credit approval, other qualifications may apply.

*184 Program is only available to members on active tribal roll and in certain areas. See United Bank representative for complete details. United Bank NMLS# 494759



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FDIC



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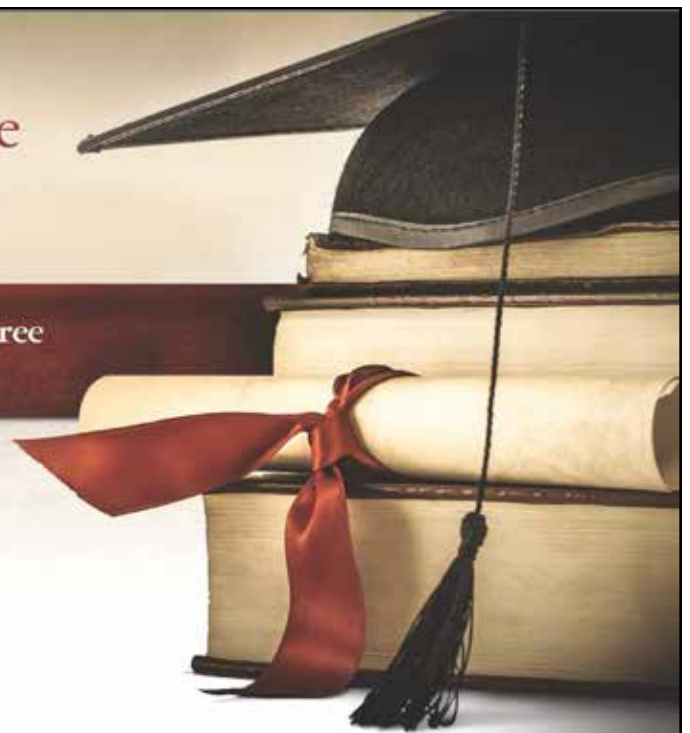
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For more information, visit huntingdon.edu/evening or call one of these Huntingdon Campuses:
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W. James Samford, Jr. School
of Business and Professional Studies



COMMEMORATIVE EDITION PCI BOOK



We Need Your Help!

We are actively seeking pictures, stories, interviews, and other interesting information* to include in our book about the Poarch Band of Creek Indians. Do you have something you'd like to see included? Please share it with us! We can't wait to hear from you!

*Information submitted will be included at the discretion of the Committee.



Questions

Please direct your questions to:
Megan Young
Office Phone: 251-368-9136 ext. 2205
Cell Phone: 251-359-1785
E-mail: myoung@pci-rn.gov



PCI Book Steering Committee Members

- Amy Ochs
- April Sells
- Billy Conn Madison
- Carolyn Rackard
- Carolyn White
- Carrie Martin
- Connie Naragon
- Daniel McGhee
- Denise Garner
- Glia Langham
- Glenda Carlton
- Kristen Gehman
- Lindsay Gibbs Wood
- Malloryson McGlothlen
- Mal McGhee
- Melissa Smilie
- Sandy Hollinger
- Sharon Delmar
- Vicki D. Whitworth
- Wendy Martin-Cox



PCI Education Department LIBRARY

will be closed
Monday-Thursday
from 3:00PM -5:00PM to
accommodate
Homework Club and
Tutoring Program
students.



2017-2018

INCENTIVE PROGRAM

Who is eligible?

Tribal Members and 1st Generation in grades K5-12TH, who make A honor roll, A/B honor roll, and/ or perfect attendance.

How to redeem incentive?

1. Email, fax, or bring by your report card to the Education Department
2. include roll number or 1st Generation letter, and
3. provide an address, if you want your incentive mailed

What incentives are available?

Students will earn a : \$30 gift card for A honor roll, a \$20 gift card for A/B honor roll, and/or a \$10 gift card for perfect attendance, for each grading period. (there are four per school year)

Deadline: Students will have two weeks after receiving their report card to redeem their incentive.

For more information, please contact:
Elizabeth M. Daughtry, Youth Services Assistant
PCI Education Department
5811 Jack Springs Rd.
Atmore, AL 36502
251-368-9136 ext. 2244
Fax: 251-368-0809
edaughtry@pci-nsn.gov

Never Give Up

"No one is going to invest in you like you will invest in yourself," said Patrick Strickland. "I encourage everyone to take the opportunity and invest in themselves by learning something new. You have to take that first step towards your goal" he advises.

Patrick quit school in the 11th grade and joined the workforce. He realized that working on a farm as a casual helper for the rest of his life was not for him. Being denied a job to cut grass because he was "not qualified" was an eye-opener for Patrick....he knew he was capable of so much more. Patrick thought that with hard work and dedication he could achieve anything. And he did.

With the help from the McGhee Tullis Tuition Assistance Program, Patrick was able to reach his goals. By taking advantage of the Poarch Tuition Assistance Program, Patrick completed his Master in Business Administration in 2016.

Prior to earning his MBA, he earned his GED in 2003 and his Bachelor of Business Administration in 2013. Patrick attended Faulkner University.

Besides the financial assistance of the Tribe, Patrick's family played a part in his success, supporting him along the way. He had to make certain that he managed his time the best way possible between work, school and family. It is a challenge working full time and going to school full time.

Patrick's goal is to use his knowledge not only from his education but also through the lessons learned throughout his life to become a leader for the Tribe and to inspire others so that they have the confidence in themselves to reach their goals. "I want to see our people succeed and what we do today will have an effect on what comes tomorrow for us," said Patrick.

Patrick feels that we have people in our community that has the potential to do great things. "College is about overcoming adversity and being able to work



Patrick Strickland with wife Amber and daughter Scarlett.

through problems and learning skills along the way. Believe you can and you will, sometimes the biggest challenge is in getting started and believing in yourself" he added.

Patrick Strickland is an inspiration and proof that it is never too late to move forward, face challenges and achieve goals. His educational journey is truly successful and this is only the beginning of things to come. Thanks, Patrick!

Submitted by Annie Nowak

"Map out your future - but do it in pencil. The road ahead is as long as you make it. Make it worth the trip."

Jon Bon Jovi

"Miracles happen everyday, change your perception of what a miracle is and you'll see them all around you."

Jon Bon Jovi

HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

SATURDAY
November 4, 2017
8:00 AM - 12:00 NOON

Sponsored by Poarch Creek Indians Environmental Department
5811 Jack Springs Road, Atmore AL, 36502 (251) 368-9136 x 2683

THIS COLLECTION IS FOR HOUSEHOLDS ONLY

Large quantities from businesses, farms, or commercial operations will not be accepted.

ACCEPTING:

Paints
Automobile Batteries
Motor Oil
Antifreeze
Household Cleaners
Household Chemicals
Pesticides
Flammables
Corrosives
Fluorescent bulbs
Electronic waste such as:
Computers
Monitors
Printers

Scanners
Palm Accessories
Power Supplies
Battery Backups
Rechargeable Batteries
Cables
Toner/Ink Cartridges
Hard Drives
CD Roms
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Stereo Equipment
TVs
Game Consoles

Digital Cameras
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Networking Equipment
Tape Drives
Test Equipment
Fax Machines
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Radios
Walkman Products
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Radioactive Materials

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THIS IS A FREE SERVICE!

Please utilize this opportunity to keep these hazards out of our waterways and natural environment.

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The 2017 Kid's Christmas Party Information



“Christmas at the Wind Creek Cinema”

- The Family Services Department will host the 2017 Kid's Christmas Party at the Wind Creek Cinema on December 7, 2017 from 5:30 p.m. until 8:30 p.m.
- The same movie will be shown in all theater rooms except for one which will be reserved for Santa.
- The time for the movie to start will be staggered to allow everyone a chance to see the movie.
- Seating in each theater room is limited. Once a theater room is filled, the remaining participants will wait to see the movie at the next showing time.
- Food including a hot dog and a drink will be served prior to the movie starting. All other food items will be available for purchase.
- Plan to join us for this event and take time to enjoy the beautiful Christmas lights in the Wind Creek Casino's courtyard area.

Please complete the Kid's Christmas Pre-Registration form and return it to Michealine Deese (mdeese@pci-nsn.gov) by Thursday, November 2, 2017 by 5:00 p.m. Please let's not wait until the 2nd of November to turn in your form.

We would like for every child that is eligible to attend this event but you will have to turn in the pre-registration form.

Amanda Montgomery, Family Services Director

Family Services Department

Telephone number: (251) 368-9136 ext. 2600

Fax number: (251) 368-0828



Poarch Creek Indians Family Services Department 2017 Tribal Kid's Christmas Party Pre-Registration Form

*Children eligible to Pre-Register include:

- ♦ children between the ages of birth through 12 years of age, and
- ♦ children who live in a PCI Tribal Member's household

Each child must be pre-registered to attend!

*The Pre-Registration Form is due to the Family Services Department on or before
Thursday, November 2, 2017 by 5:00 p.m.

*The Tribal Kid's Christmas Party will be held on Thursday, December 7, 2017 from
5:30-8:30 p.m. at the Wind Creek Cinema.

Pre-registration will not be accepted over the phone!

If you send in by email please send it to mdeese@pci-nsn.gov **ONLY**. You will receive an email
notification that your email has been received.

2017 Tribal Kid's Christmas Party Pre-registration Form

Parent/Guardian's Name: _____ Roll #: _____

Home Address: _____ Phone #: _____

*Please list child's name, date of birth, age, gender, and list any additional family members plan-ning to attend the Tribal Kid's Christmas Party with your child (ren). **You must include a copy of the Tribal Member ID card and verification of the residency of all children listed below with your pre-registration form. Verification of residency forms include daycare enrollment forms or school enrollment forms. Verification is not required if our child (ren) attend last year (2016).**

Name	Date of Birth	Age	Male/Female	Tribal Member #

PRAMS-Pregnancy Risk Assessment Monitoring System

Why are some babies born healthy while others are not? The Pregnancy Risk Assessment Monitoring System (PRAMS) surveys new mothers about their pregnancy, delivery and their infant to find answers.

PRAMS is a joint research project between the Centers for Disease Control and Prevention and the Alabama Department of Public Health. Mothers who receive surveys are randomly selected from reported Alabama births. Alabama is one of 47 states currently participating in PRAMS.

“If you receive a survey booklet, please complete it,” Alabama PRAMS Data Manager Victoria Brady said. “The information collected is used in developing health care programs and policies, and the results help doctors and nurses improve health care while making better use of health resources.”

The types of questions asked are as follows:

- Attitudes and feelings about the most recent pregnancy
- Content and source of prenatal care
- Mother’s alcohol and tobacco use
- Any physical abuse before and during pregnancy
- Infant health care
- Contraceptive use

- Health care coverage
- Mother’s socioeconomic situation
- Postpartum depression
- Knowledge of pregnancy-related health issues such as nutrition, the benefits of folic acid, infant safe sleep practices, oral health during pregnancy, and the risks of STDs and HIV

Answers will be used for research purposes only and grouped with those of other women. Surveys take about 20 minutes to complete, are available in English and Spanish, and can be mailed back postage-free or completed over the telephone. Mothers may not want to answer a particular question, and that is okay. There is no penalty for not answering all questions.


Mothers who complete a survey may choose from among three complimentary items— disposable diapers, an insulated cooler, or a manicure set—that are mailed to them in appreciation for their participation.


“Every pregnancy is different, as is every birth,” Ms. Brady said. “Your experience may have a profound effect in bringing about a successful pregnancy and delivery for another mom or even for yourself with a subsequent pregnancy. You can play an active role in improving the health and well-being of Alabama women and babies.”

ADPH Press Release

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Health & Elder Services Purpose

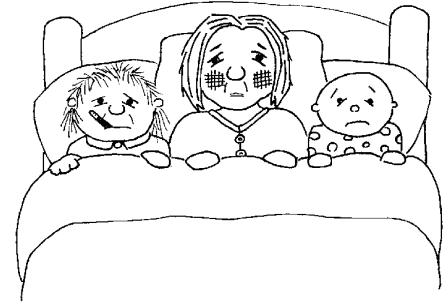
Focusing on prevention and well-being through a variety of medical and educational programs, we guide our members to make choices that will enhance their quality of life and help them make healthy choices that are in their best interest.

We want all Tribal Members to feel their best so they can live life to its fullest.

Poarch Band of Creek Indians

COPY THIS FOR YOUR PATIENTS

Don't take chances with your family's health – make sure you all get vaccinated against influenza every year!



Here's how influenza can hurt your family . . .

Influenza can make you, your children, or your parents really sick.

Influenza usually comes on suddenly. Symptoms can include high fever, chills, headaches, exhaustion, sore throat, cough, and all-over body aches. Some people say, "It felt like a truck hit me!" Symptoms can also be mild. Regardless, when influenza strikes your family, the result is lost time from work and school.

Influenza spreads easily from person to person.

An infected person can spread influenza when they cough, sneeze, or just talk near others. They can also spread it by touching or sneezing on an object that someone else touches later. An infected person doesn't have to feel sick to be contagious: they can spread influenza to others when they feel well – before their symptoms have even begun.

Influenza and its complications can be so serious that they can put you, your children, or your parents in the hospital – or lead to death.

Each year, more than 200,000 people are hospitalized in the U.S. from influenza and its complications. Between 3,000 and 50,000 die, which shows how unpredictable influenza can be. The people most likely to be hospitalized and die are infants, young children, older adults, and people of all ages who have conditions such as heart or lung disease. But remember, it's not only the youngest, oldest, or sickest who die: Every year influenza kills people who were otherwise healthy.

Influenza can be a very serious disease for you, your family, and friends – but you can all be protected by getting vaccinated.

There's no substitute for yearly vaccination in protecting the people you love from influenza. Vaccination will help keep you and your loved ones safe from a potentially deadly disease. Get vaccinated every year, and make sure your children and your parents are vaccinated, too.

**Get vaccinated every year! Get your children vaccinated!
Be sure your parents get vaccinated, too!**

immunization
action coalition



Saint Paul, Minnesota • 651-647-9009 • www.immunize.org • www.vaccineinformation.org

Technical content reviewed by the Centers for Disease Control and Prevention

www.immunize.org/catg.d/p4069.pdf • Item #P4069 (8/16)



Flu Season is Around the Corner!

So...you don't want to wait in long lines for your annual flu vaccine? Well...we have a solution for you!

The Poarch Creek Indians Health Department will be offering you the opportunity to get your annual flu shot in one of our drive-thru clinics. You don't even have to get out of your car!

LOCATION: Front entrance of the Buford L. Rolin Health Clinic

DATES/TIMES:	Thursday, October 12, 2017	8:30 am – 4:30 pm
	Thursday, November 9, 2017	8:30 am – 4:30 pm
	Thursday, December 14, 2017	8:30 am – 4:30 pm

WHO IS ELIGIBLE? Tribal Members
1st generation descendants thru age 18
Tribal Government employees

Contact Sandra Day, RN, BSN, Community Health Director, at (251) 368-9136 x 2315 or sday@pci-nsn.gov if you have any questions or concerns.



October is National Breast Cancer Awareness Month

Breast cancer is the most commonly diagnosed cancer in women.

Breast cancer is the second leading cause of cancer death among women.

Each year it is estimated that over 246,660 women in the United States will be diagnosed with breast cancer and more than 40,000 will die.

Although breast cancer in men is rare, an estimated 2,600 men will be diagnosed with breast cancer and approximately 440 will die each year.

Over 2.8 million breast cancer survivors are alive in the United States today. The good news is that many people survive breast cancer if it's found and treated early.

Most women want to know how to lower the risk of breast cancer. Some of the factors associated with breast cancer, such as being a woman, your age, and your genetics, can't be changed. Other risk factors, like being overweight, lack of exercise, cigarette smoke, drinking alcohol, and eating unhealthy foods can be changed by making better choices. Choosing healthy lifestyle options can help lower your breast cancer risks.

Breast self-exam (BSE), or regularly examining your breasts on your own, can be an important way to find breast cancer early, when it's more likely to be treated successfully. Not every cancer can be found this way, but it is a critical step you can and

should take for yourself. BSE should be part of your monthly health care routine to familiarize yourself with how your breasts normally look and feel. Don't panic if you think you feel a lump. Most women have lumpy areas in their breasts. But only about 20% of breast lumps biopsied turn out to be cancerous.

If you're over 40 or at a high risk for the disease, you should also have an annual mammogram and an annual physical exam by a health professional. This exam can help find lumps that women may miss with their own self-exams. The earlier breast cancer is found and diagnosed, the better your chances of beating it.

American Cancer Society Guidelines

Exam	Age	Frequency
Breast self-exam:	20 & over	Monthly
Clinical breast exam:	20 – 39 40 & over	Every 3 years Annually (Clinical exam should be done close to time of mammogram)
Mammogram:	40 & over	Annually

Your doctor may advise changes to the standard schedule based on your personal and family history.

**EARLY DETECTION
SAVES LIVES!**

Ways to Reduce Your Risk for Breast Cancer



Keeping a
healthy weight.



Exercising
regularly.



Getting
enough sleep.



Limiting alcohol
intake.



Breastfeeding
your babies.



www.cdc.gov/BringYourBrave
#BringYourBrave



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

A DINNER IN HONOR OF

Diabetes Month

6pm

Building 500 Auditorium

Friday, November 03, 2017

If you or someone you love have been affected by diabetes, please join us for an evening of fun and fellowship.



Bon Appetite

Please **RSVP** by

October 15, 2017

to Whitney Smedley at

251-368-9136 extension 2326

Menu and agenda to come at a later date.



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IT'S TIME TO UPDATE FOR THE TAHO PROGRAM


Tribal Members 21 years of age or older, interested in a new house, must come into the PCI Housing Department and submit a new application even if you already have an application on file.

Listed are some of the items you will need to provide:

- Copy of 2016 tax returns
- Social Security Card(s) of all persons listed on the application
- Tribal ID card(s)
- Letter of First Generation Indian Descendant, if applicable
- Custody verification, if applicable
- Homeless verification, if applicable
- Substandard living verification, if applicable
- Credit score of 550 or higher
- Must live in the Tribe's service area
- Must not have participated in any Homeownership Program in the last five (5) years
- Must qualify for very low income, low income, or over income;
- Must not have withdrawn for the TAHO Program or been declined in the past twelve (12) months
- Other required documents as required for application.

WE WILL START ACCEPTING APPLICATIONS ON OCTOBER 2, 2017 AND THE LAST DAY TO UPDATE WILL BE FRIDAY, DECEMBER 8, 2017.





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Sneaky Creek/Co-Ed Champions



Creek Elite/Co-Ed



The Fam/Co-Ed



Walk-Off Warriors/Co-Ed



Poarch Lady Legends/Legends



LA Legends/Legends



Poarch Creek Legends/Legends



Sneaky Creek/Men Champions



Creek Outlawz/Men Second Place



Southern Natives/Men



Kickin' Bulls/Men



Lady Creeks/Ladies



Poarch Creek Ladies/Ladies



Creek Kidz/Ladies

NASA Champions & Runner Ups

Co-Ed	Champions: Sneaky Creek (Poarch)	Runner Up: Team Yeah (Choctaw)
Men's Legends	Champions: LA Legends (Poarch)	Runner Up: Mississippi Legends (Choctaw)
Women's Legends	Champions: C-Nation (Cherokee)	Runner Up: Lady Seminole (Seminole)
Men	Champions: Sneaky Creek (Poarch)	Runner Up: Creek Outlawz (Poarch)
Ladies*	Champions: Onna B's (Seminole)	Runner Up: Designated Drivers (Choctaw)
		*Third Place: Lady Creeks (Poarch)

Congratulations to all teams, players, coaches, and supporters.

Your Health Matters

GATHER TOGETHER IN HEALTH



How'd You Sleep?

BY SPENCER TATUM

Advantage Training Director of Training

When I meet a new client I always ask about the quality of their sleep. I really believe if we can get quality sleep we can handle many of the stresses that life throws at us. I also notice that sugar cravings decrease and stress is minimized.

Paying a little bit of attention to getting great sleep will pay off in big ways. Here are some tips to help you get the best sleep.

Keep a Regular Schedule

Try to go to bed and get up at around the same time every day. This might mean going to bed earlier than you're used to on weekends to get a full night's sleep, because even if you stay up late it's often

difficult to sleep past your regular wake-up time.

Avoid Eating Large Meals Close to Bedtime

A large or heavy meal eaten within three hours of bedtime can cause bloating and discomfort, and the subsequent digestive activity can interfere with sleep. Also, lying down with a full stomach can trigger gastroesophageal reflux disease (GERD), in which stomach acid or bile backs into the esophagus and

www.mypciwellness.com

My PCI WELLNESS

To make your bedroom restful, place a cover over backlit digital clocks and electrical equipment with glowing indicators.

briefly wakes you up. You may not even be aware of it, but it interferes with your quality of sleep.

Make Your Bedroom a Sanctuary

A quiet, serene environment supports relaxation. Strive to eliminate clutter and chaos from your sleeping quarters. Avoid watching late-night news in bed or falling asleep with the TV on, both of which can negatively influence your sleep. Also avoid any kind of phone or tablet reading, as studies show it can affect melatonin and disrupt sleep. Do the same for your children, says Susan Redline, MD, MPH, of Brigham and Women's Hospital at Harvard Medical School, who has shown an association between sleep loss and increased appetite and weight gain in children.

Cut Back on Alcohol

Alcoholic drinks can make you feel drowsy, but once you fall asleep, having alcohol in your bloodstream can result in a more fragmented sleep pattern. It can also undermine sleep quality by relaxing the muscles in the upper airway, making snoring and sleep apnea worse. In general, relying on alcohol to help you sleep is not the best strategy. Instead, try winding down with a cup of herbal tea before bedtime. Chamomile, lemon balm, spearmint, valerian, catnip leaf and sage are all good choices if you're looking for a gentle sleep aid. Check with your doctor to make sure these are safe options for you.

Dim the Lights

Our biological clock can misinterpret electric light — especially the blue rays that stream from televisions and computer monitors — as daylight, making it hard for us to fall asleep if we keep up the glare until bedtime. To make your bedroom even more restful, remove or place a covering over backlit digital clocks

and electrical equipment with glowing indicators.

Get Moving Earlier

In a recent study at Appalachian State University, led by Scott Collier, PhD, participants ran on treadmills for 30 minutes, three times a week — at 7 a.m., 1 p.m. and 7 p.m. When working out in the morning, the study subjects experienced better-quality sleep that night, spending up to 75 percent more time in “deep sleep,” the reparative third and fourth stages of the five-stage sleep cycle, than when the subjects exercised in the afternoon or evening. Try to exercise within an hour of waking.

There are some very real physical and psychological benefits to getting quality sleep. When you spend more time in deep sleep, your body can repair itself more efficiently. It also helps you maintain your weight, cope with stress and feel better about yourself. Small changes in your sleep routine will help you in big ways.

If you want to have a deeper discussion about sleep, feel to reach out to me in the wellness portal or reach out to any of the Poarch Recreation and Health Services staff. - *Spencer*



SMALL DECISIONS MAKE BIG THINGS HAPPEN

CAN WE LOCATE YOU IN CASE YOU'RE HAVING AN EMERGENCY?

Do you understand the importance of posting your E911 address sign?

We, at the Poarch Band of Creek Indians Fire Rescue Department, think it's very important. Locating you quickly and without delay in your time of EMERGENCY is our goal! When a Poarch Creek tele-communicator dispatches any emergency service unit to your



residence, whether it is fire, EMS (Emergency Medical Service), or law enforcement, having your address posted clearly and visibly enables us to assist you more quickly.

What is the recommended size of the letters, and should they be reflective?

Poarch Band of Creek Indians Fire Rescue recommends that your letters be 4 inches tall at minimum, and the numbers should be reflective. This will ensure that your address can be seen during the day and/or night, and will be reflected by headlights. It is best not to assume that any responding emergency units are familiar with your address.

How is an emergency service unit going to see my numbers if I don't live near the road?

P o a r c h Band of Creek Indians Fire Rescue recommends that if you live more than 120 feet off of the road, you should post your address at the entrance of your driveway AS WELL AS near your house. All

posted addresses should follow the height/reflectivity guidelines previously mentioned. Additionally, make sure that your sign(s) is/are not blocked by flowers, bushes, branches, or any other decorations that may block the visibility of the numbers.

Where can one get a reflective E911 address sign? You can visit any local hardware store, including Wal-Mart, to purchase a reflective E911 address sign.

Thank you for reading this article. We hope to see your E911 address sign soon.

If you have any questions, please contact (251) 368-9136 x 2116 or any Poarch Band of Creek Indians Fire Rescue employee.

Art by Cher www.artbycher.50webs.com

Cher Christensen
(505) 296-7723

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Notice to Bidders

Sealed bids will be taken on several used items/equipment. Bids will be taken one day only:

Friday, October 6, 2017 8:00 am - 4:00 pm

Bid Process open to Tribal Members only

Bids will be opened by the Tribal Chief Financial Officer on Monday, October 9, 2017.

Lot #	Item Description	Serial #	Minimum Bid
#1	2007 Rayco C140 Track Mulcher	510307	\$ 30,000.00
#2	1994 611-E Hydro Ax Cutter	NA	\$ 9,000.00
#3	Army Surplus/Hanson 5 Ton Crane	H4461-40	\$ 1,800.00
#4	1980 John Deere 570A Motor Grader	NA	\$ 4,000.00
#5	Komatsu Off Road Truck	HM300-2	\$ 50,000.00
#6	Komatsu Off Road Truck	HM300-2	\$ 50,000.00
#7	2000 Ford Explorer XLS V-6	1FMZU6ZX6YB59603	\$ 200.00
#8	2004 Ford Crown victoria VI	2FAFP71W34X1000642	\$ 200.00
#9	Ford MiniVan	2FMZA5143XBA12103	\$ 200.00
#10	John Deere 552 Zero Turn Mower	NA	\$ 50.00
#11	52" Bush Hog Zero Turn Mower (Red)	03-00347	\$ 50.00
#12	2006 Chevrolet Silverado Truck	3GCEK14X86G249003	\$ 200.00
#13	2008 Chevrolet Colorado Truck	1GCCS149588104647	\$ 200.00
#14	2002 Dodge 2500 Truck	3B7KF2361M207404	\$ 200.00
#15	2001 Ford F250 Red Truck	1FBF2010LED20613	\$ 200.00
#16	New Holland Mower with Conditioner	1411	\$ 500.00
#17	New Holland Square Bailer	NA	\$ 1,000.00
#18	New Holland Feed Grinder	NA	\$ 500.00
#19	1987 MC102-3 Coach Bus	NA	\$ 2,500.00
#20	Vintage 1210A Mil 74936 Roller Packer	NA	\$ 2,500.00

Items/equipment will be available for viewing at the Public Works Department on Green Road.

Contact James Agerton (251) 368-9136 x 2457 to view items/equipment.

For general information, contact Betty Caraway, Property Control Coordinator, at (251) 368-9136 x 2654.

CITY OF ATMORE

ADMINISTRATION

Becca Smith, City Clerk
 Chuck Brooks, Police Chief
 Ronald Peebles, Fire Chief
 Calvin Grace, Street Superintendent



CITY COUNCIL

Jim Staff, Mayor
 Webb Nall, District 1
 Jerome Webster, District 2
 Chris Walker, District 3
 Susan Smith, District 4
 Chris Harrison, District 5

August 3, 2017

On behalf of the City of Atmore and the Atmore Fire Department, I would like to thank you for your support on Saturday, July 29, 2017, during our emergency operations at the Tiger-Sul fire. Your cooperation and willingness to provide assistance enabled us to do our jobs much more efficiently and effectively!

We are very grateful for good neighbors like you who are so willing to lend their support in an emergency of this magnitude. Thank you for helping us ensure the public safety of our community.

Sincerely,

Mayor Jim Staff

Chief Ronald Peebles

P.O. Drawer 1297
 Atmore, Alabama 36504
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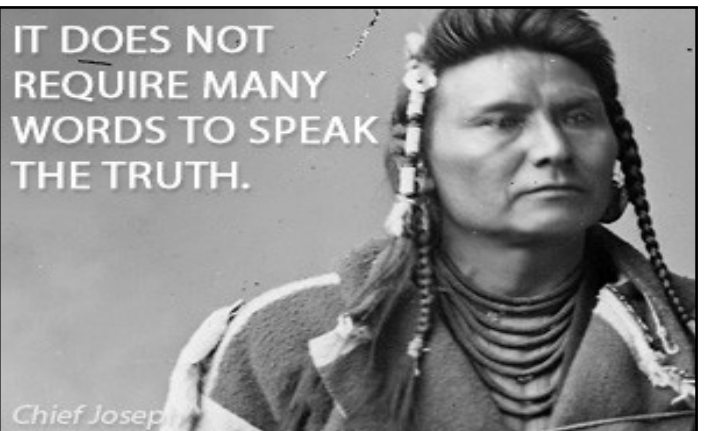


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 Atmore, Alabama 36502
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 email: lacashllc@yahoo.com

Ask about our special rates for Tribal members

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 REQUIRE MANY
 WORDS TO SPEAK
 THE TRUTH.



Chief Joseph

The Alabama Department of Environmental Management (ADEM), whose mission is to assure for all citizens of the State a safe, healthful, and productive environment, have performed their yearly inspection. We are proud to report that ADEM found no issues that needed attention or codes that were not up to or beyond standard requirements. We are in compliance with all ADEM rules and regulations.

The Homeland Security Agency (HSA) recently met with PCI Utilities management to offer their assistance in assessing potential risks for utility facilities. HSA will provide 380-degree imaging for mapping and records. This assessment will help identify areas that may be vulnerable or need security improvements.

UTILITIES PROJECT

Sanitary Sewer Structure Lining (Manhole Lining): Work has begun and is projected to be completed in November 2017. Re-lining deteriorating man holes and lift station wet wells will aid in reducing inflow and infiltration into the sanitary sewer system.

UTILITY BILLS ARE DUE ON THE FIRST OF THE MONTH

PCI Utility customers please remember that bills are due on the 1st of each month. A late charge is applied to your account on the 16th of each month if you fail to make your payment by the 15th. If your payment has not been received by close of business day on the 20th of each month, services may be shut off and locked out and a 35.00 reconnection fee added to your account.

GARBAGE DISPOSAL POLICIES

Utilities would also like to remind our customers of the revised Garbage Disposal Policies issued directly to customers in 2016. The Solid Waste Disposal Policy and Unauthorized Utility Services Policy have both been implemented as well as a tampering fee for noncompliance of these policies. The purpose of the policies is to encourage solid waste customers to use the provided dumpsters in the appropriate manner in an effort to keep our community clean and beautiful. Penalties are as follows and will be applied to the customer's utility bill:

1st time offender: \$100.00

2nd time offender: \$250.00

3rd time offender: Termination of services

Please contact our office between the hours of 7:00 a.m. and 4:00 p.m. Monday through Friday should you need assistance or have questions at (251) 446-1617.

Football season is here!!! We hope you are making wonderful memories cheering on your favorite player or team.

Bingo Beginnings

By: Kristen Gehman, *WCH public relations specialist*
October 2017

Saturday night – the first one of the month. It was the big night. Tickets were all pre-sold and seats at the long stationary tables were quickly claimed by newcomers and familiar faces. Marathon night at Creek Bingo Palace had a way of bringing people together. The smell of ink daubers was hard to escape, but the fruit-scented ones in bright colors made it all exciting somehow. A \$10,000 jackpot was on the line and each number called out meant someone in the crowd was a step closer to winning. Anticipation and nervous laughter filled the space until the final call ... “BINGO”!

It was a game of luck and a game of new beginnings for the Poarch Band of Creek Indians (PCI). On August 11, 1984 the Tribe was granted federal recognition by the United States government. Only eight months later Creek Bingo Palace opened its doors in Atmore, Alabama. The short turnaround from recognition to gaming is an indicator of how economically valuable Tribal leaders believed gaming would be for PCI.



Pictured above: Creek Bingo Palace in Atmore, Alabama

Eddie Tullis who served as Tribal Chairman during that time explained why the Tribe chose to pursue gaming. “Because it made money! We didn’t have much other income besides grant money at that time. The Seminoles had already been playing high stakes bingo. I visited there and saw lines of people waiting to get in to play bingo and it impressed me the first time I saw it. So we realized it was something we could do.”

And that’s exactly what the tribe did. There was plenty of risk involved, but the vision to be self-sufficient made it worth taking the leap and working hard to succeed against the odds. With the help of Gary Parmer, an investor out of Texas, the tribe was able to purchase land along Highway 21 near I-65. The investor financed the project in exchange for a contract to manage the facility once it opened. With the purchased land and the connected Tribal trust land, PCI had enough room to begin construction of Creek Bingo Palace.



Pictured left: Veteran team members of WCH and Creek Bingo Palace. (front) Sandra Johnson, Monica Green, Kay Reymundo, Tracy Simpson, Debra Felder, Jan Killam (back) Brenda White, Glenn English, Dave Stephens, Jeremie Sharpe, Kevin McGhee, Kathy McDuffie

After months of planning and construction, it was time to build the most important structure of the project - the workforce. Kitty Stuart remembers the moment she accepted a job as Tour Director’s Assistant with Creek Bingo Palace (CBP). She had been working with the Tribal health department in the old building across from St. Ann’s Episcopal Church that is now used by Boys and Girls Club. While there she crossed paths with Edith Travers who was selected by Parmer’s investment group to open and manage the new gaming facility. Travers built and trained the entire CBP team, none of whom had gaming experience. Stuart was the second person she hired.

“It was a few weeks after my youngest son was born,” Stuart shared. “I remember crying a little, but [Travers] convinced me to stay... I’m so thankful for it. We had some really good employees... A lot of those people are the reason the Tribe has progressed the way it has. They were dedicated.”

There was plenty of risk involved, but the vision to be self-sufficient made it worth taking the leap and working hard to succeed against the odds.

Equipped with a building, a team and a lot of determination, Creek Bingo Palace opened its doors on Saturday, April 13, 1985. The opening drew patrons from throughout the Gulf region and provided jobs for 130 Tribal and non-Tribal employees. Kay Reymundo is one such individual who answered the call to the Bingo Palace. Reymundo now serves as Payroll Manager for Wind Creek Hospitality but she remembers starting out as a secretary, bookkeeper and payroll clerk at the Bingo Palace.

“At the time I was full-time at the Kmart in town. I wanted the job just to supplement income for my family,” Reymundo shared. The job became more than a side gig and after a few years Reymundo climbed the ranks, serving five years as general manager from 2001-2006. The memories of that time are vivid for Reymundo and other veterans of the Bingo Palace who still work for PCI Gaming.

“The Bingo Palace was not flashy, but was functional and clean. It was like a mad house when the doors opened and customers would run to find a seat,” Reymundo explained. “On Marathon nights everyone worked hard whether it was in your department or another. We did whatever it took to make the night a success.... We didn’t have a restaurant, but we had a deli that sold a lot of good foods. In 1991 we added three [bingo] machines. People would line up to play them.”

Eventually, Creek Bingo Palace added a separate room with many machines. It was a shift for players who enjoyed the paper bingo, but the change allowed the Tribe’s gaming to expand, laying groundwork for the electronic bingo gaming Wind Creek Hospitality now offers at five locations around the world. It’s a growth that still shocks many who witnessed the beginnings of bingo for the Tribe.

“There was a time that we really struggled to keep the doors open,” Stuart explained. “When the glitzy casinos opened in Biloxi, Mississippi....We got out and we did maintenance work. We cleaned bathrooms. We never laid anyone off, but as they left we didn’t rehire. No matter if we were managers or in a specific department, we did everything just to keep it open.”



Pictured above: Tallapoosa Entertainment Center - the site for what is now Wind Creek Montgomery.

There were months when there would only be enough money to pay bills one week and payroll the next, because it couldn’t be done in the same week. Considering the Tribe’s success now, it is amazing how the operation overcame inexperience and doubt to grow like it has. Stuart explained, “In 1985 when the Bingo Palace opened, we were supposed to pay off our debts in 3-5 years. We paid it off in less than a year.” That pattern of hard work and financial accountability helped the Tribe expand its gaming operations to Tribal land in Wetumpka and Montgomery, Alabama.

Even though Atmore was successful, there was still a risk with expanding North. “The Tribal Council appropriated money to set up trailers,” Tullis shared. “They said if it wasn’t making a profit within 90 days they wouldn’t spend anymore money on it.” In November 2001, the Tribe completed Wetumpka’s Riverside Entertainment Center. Far from the glamour of Vegas or Biloxi, Riverside opened inside a small group of three modular trailers that were gutted and combined to make a single gaming floor.

Less than a year later in September of 2002 a similar facility was opened in Montgomery. Tallapoosa Entertainment Center quickly exceeded expectations with large crowds waiting for a chance at what was coined ‘Montgomery’s hometown casino’. Neither of these locations offered traditional paper bingo at first, but that didn’t hinder the growth. More and more trailers were added to keep up with the demand. Finally, in 2003 a building was constructed at the Tallapoosa property right alongside the original trailer structure. Then in early 2005 a building was constructed at Riverside. Within the 20 years since Creek Bingo Palace opened in Atmore, the Tribe was operating profitably at three locations throughout the state and employing well over 400 people. This accomplishment cannot be overstated.

“There was a time that we really struggled to keep the doors open.”

- Kitty Stuart, former general manager of Creek Bingo Palace.

For Stuart, it is a source of extreme pride. “I’m not Tribal, but my children are.... looking back, we had a great team. We were all so dedicated and would do whatever it took to succeed. To see the Tribe go from having nothing to what you have today... it’s just awesome to me. I’m thankful every day [and] I wouldn’t change anything.”



Pictured above: Riverside Casino - what is now the site of Wind Creek Wetumpka.

To Reymundo, life wouldn’t be the same if the Tribe hadn’t taken the risk to pursue gaming. “When I left Kmart in 1985 I was so afraid that I had made the wrong decision,” Reymundo shared. “I couldn’t even imagine how bingo would last in this small rural town but we held on and kept our doors open. Now look at the reward of what is now Wind Creek - it’s amazing. I hope we continue to be successful and that we keep adding new ventures that are just as profitable.”



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Or call 251-368-0819.



CIEDA

SMALL BUSINESS
Loan Program

If you are a Tribal Member who owns a business or is considering starting a business and are interested in obtaining a small business loan, you may request additional information or schedule an appointment by calling the CIEDA offices at 251-368-0819. Please ask for Ed Powell, Business Development Analyst (epowell@pcicie.com) or Chad Klinck, CIEDA CFO (cklinck@pcicie.com).

Working as the economic development arm of the Poarch Band of Creek Indians, Creek Indian Enterprises Development Authority (CIEDA) oversees the nongaming businesses owned by the Tribe. CIEDA actively supports each business, achieving their specific business goals and to grow and maintain economic stability as put forth by the CIEDA Board of Directors and Tribal Council. CIEDA also executes and oversees building, construction and development projects commissioned by the Tribe.

Getting your loan request approved depends on how well you represent:

- Yourself
- Your business
- Your financial needs

The lending limit may extend up to \$100,000 in aggregate to any Tribal Member.

All loans exceeding \$50,000 must be approved by the CIEDA Board of Directors. Additional credit criteria, as well as loan collateralization requirements, apply.

Lending Guidelines

Are you or have you...

- At least 18 year of age?
- An enrolled member of the Poarch Band of Creek Indians?
- Established a one year period of residency at your current address?
- Have a credit score of at least 650?
- Have had the same job or worked in the area of business in which the loan is being requested for atleast one year?
- Own atleast 51% of the business that the loan is being applied for?
- Providing real value for your stated ownership in the business?
- Receiving a percentage of all profits that are equal to your ownership stake in the business?

If so, you are a good match for the loan program!

Will I have to disclose personal information?

Yes, personal information, such as tax returns, credit score and a personal financial statement, are required.

How do the rates compare to banks and financial institutions?

Often the CIEDA loan program lending rates are more competitive than traditional banks.

How successful is the CIEDA loan program?

To date this program has a 95 percent success rate.

RedStone Arsenal

Ribbon Cutting

In January 2016, the Poarch Band of Creek Indians donated \$1,000,000 to help relocate Gate 9 at Redstone Arsenal in Huntsville. The security access gate needed to be moved three quarters of a mile to alleviate traffic jams and improve unsafe driving conditions caused by the more than twenty thousand people using the gate daily.

Redstone Arsenal sits close to both PCI Aviation, a tribally-owned 8A company that provides services to the defense industry, and Townplace Suites at Redstone, a Creek Indian Enterprises Development Authority (CIEDA) investment property.

On August 16th, an official ribbon cutting was held for the relocated Gate 9 at Redstone. In attendance was Governor Kay Ivey, many high-level state and local government and defense representatives, and a delegation from the Poarch Band of Creek Indians. Attending on behalf of the Tribe were Tribal Council Members Robert McGhee, Eddie L. Tullis, Dewitt Carter and Keith Martin. Also in attendance were James T. Martin, President/CEO, CIEDA; Mal McGhee, President, PCI Aviation; Westley L. Woodruff, President/CEO, Muskogee Technology and Billy Hunt, President, PCI Support Services.

"We are proud to have been part of a project that will benefit the State, especially the people in Madison County that moved and widened Gate 9 for travelers to have better access to the Army base. It was great to be at this event and to see the finished project, which will serve so many people," stated Robert McGhee, Vice Chair, Poarch Band of Creek Indians.

"We are pleased to have expanded the Tribe's interest in Huntsville and the surrounding area and look forward to future opportunities," said CIEDA President/CEO James T. Martin.

"The exposure that the Tribe has gained from these types of partnerships has aided in the marketing of PCI Aviation. Everyone in the Huntsville area is quickly learning about the Poarch Creek Indians and their mission," stated Mal McGhee.

"This was a first-rate event and the result of many partnerships coming together. It is exciting to see the broadening of the Tribe's endeavors around the State," said Billy Hunt.

Governor Ivey was among the speakers at the invitation only ribbon cutting. The Poarch Band of Creek Indians was recognized and thanked for their commitment to the effort to move Gate 9, and a monument is soon to be erected signifying the support Redstone Arsenal received from the Tribe. This event was just one stop on Governor Ivey's Listen, Learn, Help and Lead Tour, where she is working to learn the needs of the community and its businesses by visiting citizens in their respective environments.

After the ribbon cutting ceremonies, Muskogee Technology President/CEO Westly L. Woodruff, CPP was among those who toured the facilities at Science and Engineering Services (SES).

"Muskogee Technology is enthusiastically pursuing opportunities to advance relationships with industry leading defense manufacturing companies, and it is always beneficial to see the operations of a dynamic defense contractor like SES," stated Woodruff.

Pictured (L-R)
Joe Rich, Dewitt Carter,
Governor Kay Ivey, Eddie L. Tullis,
Robert McGhee and Mal McGhee



In order for annual Tribal Member distributions and benefits to be processed accurately, Tribal Member Benefits must be informed of any changes you may have to your address, phone number, banking information, and/or other personal information. Contact Tribal Member Benefits at (251) 368-9136 x 2209 to update your information.

RETURNED NEWSLETTERS

Tribal Members whose newsletters have been returned by the Post Office two times will be removed from variable data mailing list until address has been update. The following newsletters have been returned by the Post Office for two consecutive months; their address has been removed from variable data. Please update your information by contacting Tribal Members Benefits at (251) 368-9136 ext. 2209.

Vernon Barnhill
Helen Boatwright
Sarah Cagle
John Colbert
Rose Coon
Adam Countryman
Jacqueline Gaines

Adam Holmes
Clayton Hubbard
Pearline McGhee
Veronica McGhee
Joe Mitchell
Brandy Rolin
Jimmy Rollin

Katelyn Rondeau
Jarrad Tew
Ralph Turner

The Tribal Member Benefits Department Has Relocated

The Tribal Member Benefits Department has relocated to the first modular office building across from the Lavan Martin Assisted Living Facility effective September 5, 2017. This is the modular building previously occupied by Premier Family Eye Clinic. Phone: 251-368-9136 ext. 2209 Fax: 251-368-0490 Email: tmb@pci-nsn.gov



Edie Jackson
INDEPENDENT DESIGNER #22035
ORIGAMI OWL

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Jackson.edie@yahoo.com
EdieJackson.OrigamiOwl.com



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CALENDAR OF EVENTS FOR OTVWOSKV-RAKKO (OCTOBER) 2017

NEWSLETTER SUBMISSION DEADLINES Monday, October 2, 2017 5:00 pm (CST) November 2017 Issue
Wednesday, November 1, 2017 5:00 pm (CST) December 2017 Issue

ONGOING PROGRAMS

Extracurricular Reimbursement

Ends June 1, 2018

Homework Club & After School Tutoring

Ongoing

Housing Rental Program

Currently Accepting Applications

TAHO Application Update

Ends December 8, 2017

REGULAR MONTHLY MEETINGS

October 2-3, 2017

*Museum Gift Shop
Closed for inventory*

SMART Recovery

*Tuesday, October 3rd 6:00 pm
Tribal Court Lobby*

Tribal Council Meetings

*Thursday, October 5th & 19th 4:00 pm
Building 500 Auditorium*

Living In Balance

*Monday, October 9th & 23rd 5:00 pm
Tribal Court Lobby*

Tribal Court Sessions

*Monday, October 16th & 30th 9:00 am
Tribal Courtroom*

Education Advisory Committee

*Monday, October 9th 3:00 pm
Family Services Conference Room
Buford L. Rolin Health Clinic*

CMCAC

*Monday, October 9th 4:00 pm
Cultural Offices /Highway 21*

4H Club Meeting

*Wednesday, October 11th 3:30 - 5:00 pm
Perdido River Farms
Please note this is a date and location change*

Tribal Grievance Board

*Tuesday, October 10th 1:00 pm
Building 500 Auditorium*

Tribal Regulatory Commission Meetings

*Tuesday, October 10th & 24th 8:00 am
Building 500 Auditorium*

Utilities Authority Board Meeting

*Thursday, October 19th 1:00 pm
Utilities Office*

MEETINGS & ACTIVITIES SCHEDULED FOR THIS MONTH

*Friday, October 6, 2017
Accepting Bids For Surplus
Property & Equipment
Tribal Members Only
8:00 am - 4:00 pm*

Saturday, October 7, 2017

- Community Meeting
Wellness Center/Gym
9:00 am - 11:00 am*
- Annual Celebration
Magnolia Branch
12:00 noon - 4:00 pm*

*Saturday, October 7, 2017
Tribal Member Day @ OWA
6:00 pm - 10:00 pm
OWA/ Foley Beach Express
Tribal Member General Admission
tickets issued for this date are valid
through December 31, 2017*

*Thursday, October 12, 2017
Drive Thru Flu Clinic
Buford L. Rolin Health Clinic
8:30 am - 4:30 pm*

*Tuesday, October 17, 2017
Cancer Support Group Meeting
6:00 pm WCH*

*Saturday, October 21, 2017
Farmer's Market
Potw Wow Grounds
7:30 am - 11:00 am*

*Friday, October 27, 2017
Fall Festival
Football Field
6:00 pm - 8:00 pm
More info forthcoming*

Newsletter Contact Information

Poarch Creek News

*The Poarch Creek News is the official newsletter of
the Poarch Band of Creek Indians.*



**Poarch Creek Indians
5811 Jack Springs Road
Atmore, AL 36502**

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