

# Keeping The Friends & Family Of Poarch Informed

Volume 32 \* Issue 12

RVFO-RAKKO (DECEMBER)



PCFD ISO RATE IMPROVES

Pg 12





Huxford Water Transfer Complete Pg 69

Domestic Violence Is Not Traditional Pg 22



Veteran of The Month Tammy King **Pg 45** 



Senior Reading Program **Pg 51**  Birthday Wishes Pg 27

Poarch Creek News **RVF** 

RVFO-RAKKO (december)

# Have you ever wanted to escape into the colorful and exciting world under the waves? Those who obtain proper training are never disappointed.



SEA DIE

- Online education
  Classes each weekend
  Local prol sessions
  All equipment available
- Affordable options



• Quality sales & service

Have the best Christmas even

RNTO

- Local charters
- Dive adventures
  - Spearfishing
  - Lobstering

# **BOOKNOW** to reserve your place in our next class.

\*\* Ask us about using Tribal Education Funding for training\*\*





# 251-721-9111 www.hpdiveshop.com

POARCH CREEK NEWS

### RVFO-RAKKO (DECEMBER)



Gayle Johnson

The Poarch Creek News is the official newsletter of the Poarch Band of Creek Indians and is generated on a monthly basis to provide Tribal Members with important news, information, and updates.



We reserve the right to edit or The newsletter is furnished refuse any item submitted for publication.

The Poarch Creek News is not the forum where individuals/ groups can submit their views regarding matters of operations of Tribal Government or any decisions or policies enacted Poarch Creek News must pay an by Tribal Council, Authorities and/or Boards. Nor is it the vehicle to submit policies issues/ concerns of individuals/groups.



to the Head of Household (HOH) of all Tribal Member homes, widows/widowers of deceased Tribal Members, and Tribal entities at no cost. Non-Tribal Members, including First Generation Descendants, interested in receiving the annual subscription fee.

The Poarch Creek News is published by the Government Relations Department of the Poarch Band of Creek Indians at the direction/discretion of the Tribal Council.

Established Deadline: The Poarch Creek News is generated one month prior to the month of publication. The deadline to submit information to be published in the newsletter is the 5th of the month prior to the month of publication. If the 5th falls on a weekend or holiday, the deadline is extended to the next business day. Please keep this deadline in mind when submitting information for publication in all sections of the newsletter.

### All questions and concerns about the Poarch Creek News should be addressed to:

Gayle Johnson, Media Specialist Poarch Creek News 5811 Jack Springs Road Atmore, AL 36502 gjohnson@pci-nsn.gov www.pci-nsn.gov

(251) 368-9136 x 2210 Direct Dial # 251 446-5210

**Regular Office Hours** Tuesday - Friday 7:00 a.m. - 6:00 p.m.

The Poarch Creek News office is located in Building 400 of the Tribal Complex.

### POARCH CREEK NEWS **RVFO-RAKKO (DECEMBER)** SUBMISSION RESTRICTIONS, LIMITATIONS & GUIDELINES

Please keep the establishedPhotodeadline in mind whenare lingsubmittinginformationpublication.photos

Submissions are limited to information pertaining to, or of interest to, Tribal Members & spouses, First Generation & spouses, and those living in a Tribal Member household.

*Contact Information* Always provide contact information when submitting information for the newsletter.

*Word Limitations* Due to space limitations, articles submitted for publication should be limited to 500 words or less. Birthday wishes are limited to 30 words or less, excluding the name and date in the title of the birthday wish.

**Photo Submissions:** Photos are limited to one per article submission. Please submit photos in PDF or high resolution .jpg format. Distasteful or inappropriate photos will not be published. Original photos may be brought in or sent to the *Poarch Creek News*; photos will be scanned, saved, and returned.

*Obituaries/Family Thanks* will be published if submitted by the last business day of the <u>second</u> <u>month</u> immediately following the death.

*In Loving Memory* submissions may be published the month before, the month of, or the month after the birthday of the deceased or the anniversary of the death of the deceased.

**Birth** Announcements will be published as long as the information is received by the last business day of the month immediately following the birth.

*Engagement and/or Wedding Announcements* will be published as long as the information is received by the last business day of the month immediately following the engagement/wedding.

*Birthday & Anniversary Wishes* may be published the month before, the month of, or the month after, the birthday/ anniversary. Birthday wishes are limited to 30 words or less, excluding name and date in the title of the birthday wish.

# Stay In The Know!

The *Tribal Members Only Portal (TMOP)* for Tribal Members age 18 and above is located on the left sidebar of the web site's home page, <u>www.pci-nsn.</u> <u>gov</u>. Information such as Tribal Council Minutes, proposed ordinances, and other confidential information, will be posted in this area that is accessible to Tribal Members only.

The TMOP is not be an automated site; it will be up to individual users to resolve issues they have if they are unable to login to the Tribal Members Only Portal. We are unable to provide assistance beyond confirming that you have the correct username and password to access this area of our website. Confirmation of correct username and password may take up to 24 hours.

We are aware that not all Tribal Members have email addresses and/or access to the internet; however, for

those who do, you can receive updated news and information via the Tribal Member Distribution Email (TMDE). The TMDE distribution list is limited to Tribal Members age 18 and above and is restricted to outgoing emails only. If you would like to be included on this distribution list, please email your contact information and Tribal roll number to info@pci-nsn.gov.

You may also receive updated news and information on the Tribe's Facebook page at <u>facebook.com/</u><u>PoarchBandofCreekIndians</u>. You can also follow the Tribe on Twitter at <u>twitter.com/PoarchCreek</u>.

The Tribe's web site, Facebook, Twitter, and TMDE accounts are maintained by the Government Relations Department. Please contact Hannah Flowers at (251) 368-9136 x 2003 if you have any questions or concerns.

Г

# Contents

# There Are 3065 Tribal Members Of The Poarch Creek Indians

03	A Note From The Editor
04	Submission Restrictions, Limitations, & Guidelines
	Stay In the Know!
05	Table of Contents
06	Keep Your Contact Information Up-To-Date
08	A Moment With The Tribal Chair
10	Your 2014-2015 Tribal Council
11	Council Corner/Arthur Mothershed
12	PCFD Improves ISO Rating
14	Direct Deposit Forms Required For 2015
18	Special Election Process
19	Holiday Closures
20	Lancaster Honored By NIHB
21	2013-2014 Princesses
22	Domestic Violence Is Not Traditional
24	Each Story Is Different
25	Never Stop Learning
27	Birthday Wishes
32	Anniversary Wishes
35	Birth Announcements
36	In Loving Memory
40	Mvskoke Language App
41	Tribal Member Submissions

44	Sharing Our Culture and Traditions
45	Veteran of the Month/Tammy King
47	Assisted Living Facility News & Information
<b>48</b>	Boys & Girls Club News & Information
49	CMCA News & Information
50	Education Department News & Information
52	Environmental Department News & Information
53	Ethics Board News & Information
54	Family Services News & Information
56	Health Department News & Information
58	Housing Authority News & Information
59	Legal Department News & Information
61	Office Of Archives & Records Management News & Information
62	PCI Wellness/Your Health Matters
64	Recreation Authority News & Information
65	Tribal Administration Lunch & Learn Tribal Court News & Information
66	Tribal Enrollment News & Information
00	Tribal Finance News & Information
	Tribal Gaming Commission News & Information
67	Tribal Member Benefits News & Information
68	Tribal Police News & Information
69	Utilities Authority News & Information
70	CIEDA Small Business Loan Program
71	NRCS News & Information
72	Advertising in the Poarch Creek News
74	On The Lighter Side
76	Monthly Event Calendar

POARCH CREEK NEWS RVFO-RAKKO (DECEMBER)

# KEEP YOUR CONTACT INFORMATION UPDATED!

**In order for the annual Tribal** It is Member holiday distributions to be processed accurately, **Tribal Member Benefits needs** to be informed of any changes you may have to your current banking account or address.

Please contact Tribal the Member Benefits Department at (251) 368-9136 x 2209 or 2207 so that a new Direct Deposit Form can be mailed to you to be completed and returned for processing.

very important to keep your Tribal Census publication each month an updated Head Of Household Tribal Enrollment to ensure that the address information forwarded for recycling. is current and up-to-date.

the Post Office returns newsletters that numerous undeliverable due to are

incorrect incomplete or addresses, no mail receptacle, information up to date. When individual moved and left preparing the newsletter for no forwarding addresses, etc. These newsletters are held for one month after publication, mailing list is obtained from if the individual does not claim their newsletter, it is

Failure to update your Unfortunately each month information may result in the delay or non-delivery of your newsletter and/or other Tribal information.





# -Vote for what's needed to protect our future-

"With your support, I hope to continue working as your Vice Chairman to protect what we've built and bring even more prosperity to our Tribe."

# Robert McGhee for Vice Chairman

December 6, 2014

RVFO-RAKKO (december)

RIBAL COUNCIL



# HAIR DECEMBER, 2014

Stephanie A. Bryan, Tribal Chair/sbryan@pci-nsn.gov

The time of the year to deck the halls is upon us once again. I can hardly believe that it is December already! As the year draws to a close, let us take a moment to look at the past, remember who we are, and where we come We are no longer the small group of from. Creek Indians from rural Alabama that no one seemed to know existed. We are no longer the little community that many passed by as they traveled Interstate 65. We are no longer the poor but proud people that had to stand in the road and stop the school bus so that our children could go to school. Under the leadership of Calvin McGhee, a proud yet humble man, and those who worked beside him and followed behind him, we overcame our struggles with education and land claims.

Today our Tribe is flourishing and the costs of our battles in Montgomery and Washington, D.C. are not the financial burden they once were. We, as a Tribe, have once again surpassed our expectations of a prosperous year. We all are truly blessed. Our enterprises and other business ventures continue to diversify, thanks in part to a great team of individuals who have the best interest of this Tribe at heart. Our opportunities continue to expand in many different arenas. We are certainly a blessed people and have plenty to look forward to in this coming year of 2015. As we look back on this year, we have made strides in some areas and continue to explore options in other vastly important areas that affect each of you as General Council Members. Each time

you utilize your Tribal benefits, think of what we had in the year 1984 and what we now have in the upcoming year of 2015.

We as your Tribal Leaders would be remiss if we did not address certain issues that we have and continue to face on a local, state, and national front. I would like to briefly explain actions that we took during this recent election cycle. We as a Tribe are constantly being attacked by many that would love nothing better than to take away everything we are and what we have worked so hard to achieve.

We do contribute to many different campaigns across the country to ensure that we have the best representation on all fronts. Sometimes the candidates that we fund are victorious and sometimes they are not, but we still have to make the effort to support those that will be in positions of authority to help our Tribe and not hurt us. I have, and will now again, publicly thanked our Government Relations Advisor, Mr. Robbie McGhee for his efforts on this front. Robbie is passionate about his job and his people. He makes recommendations to contribute to the best candidates which are then approved by the Tribal Council. This ensures that our Federal Recognition will always be protected and not stripped from us by the brutal attacks that we face from all forms of government. The monies that we appropriate to these campaigns are just a drop in the bucket to the funds that we are forced

RIBAL COUNCIL

to spend on legal services because of frivolous lawsuits and attacks by vicious people within our local, state and, national governments. I would also like to thank our Legal team which does an outstanding job of staying on top of these attacks and ensuring that we have the best legal representation possible.

Please rest assured that we are not just haphazardly wasting the Tribe's money. The dollars are spent very wisely because it protects our Tribal Sovereignty and ultimately all the benefits that our Tribal Members and First Generation Descendants enjoy: educational assistance, healthcare coverage, and per capita distributions as well as all the other Tribal services that are provided. Your Tribal Council has made a conscious decision to not sit idly by and watch as our Tribe continues to be attacked. Our Tribal Elders fought many long, hard years to acquire our Federal Recognition. Now, we must fight to maintain our rights as a Sovereign Nation. In short, please understand that your Tribal Council works very hard to protect our Tribal Sovereignty which translates into protection of your quality of life and the benefits that you receive as a Tribal Member.

In closing, I hope the approaching holidays are a time for you to enjoy family and friends. Please always remember the reason for the season. Without our Heavenly Father we would not be here, be who we are, or have what we have. I am, as always, humbled and proud to serve you. I look forward to what the New Year brings for us as a people because with unity there is nothing we cannot accomplish. Here's wishing each of you a very Merry Christmas from my family to yours.

Much love to you and yours as always,

Stephanie A. Bryan Tribal Chair



Did you know that at Premier Family Eye Care we have *Affordable Eye* Wear Packages available? These packages make it possible to provide low cost glasses that have a 1 year warranty for those in need.

This year make a difference in someone's life and give the gift of sight.

Premier Family Eye Care 5811 Jack Springs Rd. Atmore, AL 36502 251.446.3937

**FRIBAL** COUNCII

# rk News **RVFO-RAKKO (december)** Your 2014-2015 Tribal Council



Robert McGhee, Vice Chair\* <u>rmcghee@pci-nsn.gov</u>



Sandy Hollinger, At-Large shollinger@pci-nsn.gov



Kevin McGhee, At-Large <u>kdmcghee@pcigaming.com</u>



David Gehman, Secretary <u>dgehman@pci-nsn.gov</u>

\* OFFICER APPOINTMENTS During the June 19, 2014 Tribal Council Treasurer Robbie McGhee meeting, was appointed by the Tribal Council to temporarily fill the Vice Chair position vacated by Tribal Chair, Stephanie Bryan until a special election can be held on December 6, 2014 to elect a Vice Chair. At-Large member Arthur Mothershed was appointed by the Tribal Council to temporarily fill the Treasurer position until the special election. Once the special election has been held, Robbie and Arthur will resume their regular positions on the Council.

## The Council's Purpose

Our love for our people and our commitment to their future drives us to make tough decisions and stand by them to provide stable governance.

With our blend of mature wisdom and modern knowledge, we grow the Tribe's assets to build self-reliance and enhance quality of life for all.



Arthur Mothershed, Treasurer\* amothershed@pcigaming.com



Keith Martin, At-Large <u>kmartin@pci-nsn.gov</u>



Garvis Sells, At-Large gsells@pci-nsn.gov



OUNCIL'S ORNER DECEMBER, 2014

Arthur Mothershed/amothershed@pcigaming.com

As a Tribe and community we have so many reasons to be thankful. We have our share of problems and issues but continue to persevere and prosper. We are more fortunate than we have ever been. With our success comes great responsibility.

When my wife and I go to dinner, she occasionally (always) orders more than she can eat. Her grandmother would always say that her eyes were bigger than her stomach. That old saying translates to more than just the dinner table. We should never do things just because we can. Every decision we make should strengthen our Tribe for the next generation. Obviously no one is perfect and we will make mistakes. That said, as long as our intent is good, the outcome will be good as well.

The Tribal Council exists solely to serve the General Council. At times, our service may not meet the expectations of our constituents. This is often the result of miscommunication. Too many times the conversation we have with the General Council centers on today when more focus should be on the future. As we have become more and more transparent, more questions have surfaced. When so many members have unfulfilled needs, they cannot understand why large amounts of discretionary monies are spent in other areas, particularly our capital reserve and other investments. If we take a look at other Tribes and nations, the answer can be found.

As a government becomes more prosperous it tends to add more service programs and justifiably so. However, if those programs are added without thought the outcome can be disastrous. You do not have to look far to find Tribe's who were once prosperous and today are in default on big loans and no longer maintain member services at prior levels. Programs must be sustainable and our government must continually look for ways to The fiscal impact grow revenues. of even the most popular programs must be considered when revenues are declining or threatened. While we have not experienced a decline in revenue, we are certainly beginning to plateau. As for threats, it seems as if our rights are being challenged through the court system routinely. With that in mind, we must look to other outlets for future growth as well as continue our effort to increase our capital reserve.

We have experienced rapid growth over the last decade. Our challenge begins now. The time has come to take a hard look at services and expenditures and determine if yearly increases are sustainable when the prospect is that our future revenues may flatten or fall with one negative court ruling. We are and will continue to look for other revenue growth opportunities, but we cannot stake our future on what we don't have today. We must also consider life without gaming. We face several challenges to our right to game. We believe we will prevail, but there are no guarantees in a court room.

As we move forward, my hope is that we can focus on the sustainability of programs more so than yearly increases which lead to a sense of entitlement. To date we have been able to provide increased services with monies already made. Many Tribes have abandoned that practice when their revenues declined and political pressure to continue increasing benefits was applied. I hope we have the strength to stand together and look to the future. Just because we have it to spend today doesn't mean we should. Our eyes shouldn't be bigger than our stomach.

# Tribal Council Values

As proud leaders of our Tribe, our integrity demands that we are true to who we are.

Our integrity is the foundation of our love for family and community, which strengthens our faith and commitment to do what is right for the Tribe.

We will further the legacy of self-determination and self-reliance inherited from our elders by investing in the progress and driving a vision for the future that leads to our prosperity.



POARCH CREEK NEWS **RVFO-RAKKO (DECEMBER)** 



The Poarch Creek Fire Department recently underwent an inspection by the Insurance Services Office (ISO) to evaluate its Public Protection Classification.

Chief Ronnie Jackson said, "The ISO Public Protection Classification Program plays an important role in the underwriting process at insurance companies. In fact, most U.S. insurers – including the largest ones – use PPC information as part of their decision-making when deciding what business to write, coverages to offer or prices to charge for personal or commercial property insurance."

Each insurance company independently determines the premiums it charges its policyholders. The way an insurer uses ISO's information on public fire protection may

depend on several things – the company's fireloss experience, rate making methodology, underwriting guidelines, and it's marketing strategy.

ISO Personal Protection Ratings are based on scores that the departments receive based on a standardized evaluation criterion. The following categories are evaluated:

• Needed Fire Flows, which are representative building locations used to determine the theoretical amount of water necessary for fire suppression purposes.

• Emergency Communications, including emergency reporting, telecommunicators, and dispatching systems.

• Fire Department, including equipment, staffing, training, geographic distribution of fire companies, operational considerations, and community risk reduction.

• Water Supply, including inspection and flow testing of hydrants, alternative water supply operations, and careful evaluation of the amount of available water compared to the amount needed to suppress fires up to 3,500 gpm.

Each category is weighted as follows; Emergency Communications accounts for 10%, Fire Department accounts for 50%, Water Supply accounts for 40%.

There is an additional factor that is considered in calculation of the final score, said Jackson, and that factor is termed Divergence. The Divergence factor mathematically reduces the score based upon the relative difference between the fire department and water supply scores. This factor is introduced in the final equation.

# SERVICE COORDINATOR

United Cerebral Palsy of Mobile has an immediate need for a Service Coordinator for our Early Intervention program for Escambia and Conecuh counties. This contract position will be working as part of a multi-disciplinary team arranging/coordinating early intervention services for infants and toddlers birth to 3 years. Must have Bachelors in related human services fields, such as child development, education, psych. The ideal candidate must be dependable and have reliable transportation. Starting rate is \$14.00/hour plus mileage.

The last time that the department was assessed by ISO was in 2005. At that time, the department maintained its PPC of 6/9. Lower numerical scores are considered better ratings.

Jackson said, "As a result of this year's assessment, we are proud to announce that the PPC for the Poarch Creek Fire Department response area has improved to a PPC of 5/5X. This increase is a result of the hard work and dedication of the Tribal Council and most importantly, all of the members of the Poarch Creek Fire/Rescue Department."

Residents residing within the Poarch Creek Fire/ Rescue Department response area can come by Fire Station #1 to obtain a letter for their insurance company, if needed.

Any question or comments can be directed to Chief Jackson at 251-368-9136 ext. 2290.

Submitted by April Sells, Tribal Emergency Management Director



If interested, contact Christine Conken at cconken@ucpmobile.org. EOE.

Find out more about United Cerebral Palsy of Mobile at www.ucpmobile.org.

POARCH CREEK NEWS RVFO-RAKKO (DECEMBER) DIRECT DEPOSIT FORMS REQUIRED FOR 2015 PER CAPITA PAYMENTS

2015 PER CAP 2015 Per Capita payments are fast approaching. Your 2015 Per Capita Amount Letter and Options Form will be forthcoming. ALL PER CAPITA PAYMENTS WILL BE MADE BY DIRECT DEPOSIT ONLY.

If you have any changes to your current banking account or address, please mail in the direct deposit form provided on the next page. All forms must be received in Tribal Member Benefits by 5:00 PM (CST), <u>Monday, December 15,</u> <u>2014</u>. No banking information changes will be taken over the phone.

### DIRECT DEPOSIT FORM

For your convenience, a Direct Deposit Form is provided on the next page. If you need to submit a new or updated Direct Deposit Form, please remove and complete the included form and return it with a voided check to the Tribal Member Benefits Department: 5811 Jack Springs Road, Atmore, AL 36502, no later than <u>Monday</u>, <u>December 15, 2014</u> for 2015 Per-Capita Payments.

### DO NOT MAIL IN A DIRECT DEPOSIT FORM OR CONTACT TRIBAL MEMBER BENEFITS IF YOU HAVE NO CHANGES.

To complete the Direct Deposit Form, you must:

- Fill in Tribal Member Name and Tribal Roll Number.
- Fill in Name of Financial Institution and Address of Stated Institution.
- Fill in Routing Number and Account Number.
- Check the appropriate account: Money Market, Checking or Savings.
- Sign the form in front of a Notary Public.
- Attach a voided check and mail to Tribal Member Benefits so that the completed form will be received by Tribal Member Benefits <u>no later than Monday, December</u> <u>15, 2014 for 2015 Per-Capita Payments.</u>

Please contact Tribal Member Benefits at (251) 368-9136 x 2209 for more information.

### **BURIAL ASSISTANCE FORMS**

A recent audit of the Burial Assistance Program was conducted within Tribal Member Benefits. All members not having a completed form on file should have received a letter along with a blank form.

It is crucial that the Burial Assistance Form be completed, signed, and returned to the Tribal Member Benefits Department. This will ensure that any unpaid per capita distributions to you for that year can be released to your beneficiary. Otherwise, the unpaid/excess funds will remain in the Tribe's possession, without exception. For your convenience a Burial Assistance Form has been included in this issue. See page 17.

Poarch	n Band of Creek Indians				
Direct De	posit Agreement Fo	<u>orm</u>			
Tribal Member Name:	Re	ыll #·			
Phone Number:	Per-Cap 10	Elder			
<b>Authorization Agreement</b> I hereby authorize the Poarch Band of Creek Indians to initiate automatic deposits to my account at the financial institution named below. I also authorize Poarch Band of Creek Indians to make withdrawals from this account in the event that a credit entry is made in error. Further, I agree not to hold Poarch Band of Creek Indians responsible for any delay or loss of funds due to incorrect or incomplete information supplied by me or by my financial institution or due to an error on the part of my financial institution in depositing funds to my account. This agreement will remain in effect until Poarch Band of Creek Indians receives a written notice of cancellation from me or my financial institution, or until I submit a new direct deposit form to the Tribal Member Benefits Department.					
Advised for the second state of the second sta					
Account Number:					
	Checking Account	Savings Account			
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	lotarized Signature				
Authorized Signature (Primary):		_ Date:			
Authorized Signature (Joint):		Date:			
Signed before me this	day of				
Notary:					
My Commission Expires:					
My Commission Number:					
Please attach a voided check for form to the Tribal Member Benefi		ng accounts and return this			

RVFO-RAKKO (december)



# SEE WHAT THE EXCITEMENT IS ALL ABOUT.

We are your destination for AAA Four-Diamond luxurious hotel rooms, an exciting 45,000-plus square foot electronic gaming casino, and live entertainment. Enjoy upscale dining, lavish spa services, hands-on culinary experiences and family fun.



Poarch	Creek	News	

RVFO-RAKKO (december)

Buria	Poarch Creek Indians I Assistance Enrollment F	orm	
		Roll Num	ıber:
Name:	SSN:	Date Of Bir	th:
Address:			
Phone:			
As an eligible Tribal Member of the Poarch Bapayment to be used for my burial expenses. E director or to my beneficiary. I understand upor for the current year) shall be paid to my stated b	Disbursement of this dea n my death, my unpaid di	th benefit may be ma	de directly to a funeral
SE	ELECT ONLY ONE OPTION	<u>.</u>	
OPTION 1I hereby designate my benefi	it to be made directly to a	a funeral home directo	r for the cost of my
funeral expenses. Any <u>excess</u> benefits will be pa	aid to my stated beneficia	ary.	
OPTION 2I hereby designate my benefi	it to be paid to my stated	beneficiary.	
Primary Beneficiary			
Name:	Address:		
Phone:			
Contingent Beneficiary			
Name:	Address:		
Phone:			
If the Tribal Member is a minor,	this form must be authorize	d by a parent or legal gua	rdian.
	Notary		
Tribal Member Authorized Signature:		D	oate:
Signed before me this day of	, 20		
	NOTARY PUB		
	My commission	on expires:	

# Special Election Process

A Special Election will be held on Saturday, December 6, 2014 to elect a Vice Chair to serve the remaining term of former Vice Chair Stephanie Bryan; the term is set to expire in June of 2015. The Vice Chair position became vacant in June of this year when Stephanie was elected to serve as Tribal Chair.

During the June 19, 2014 Tribal Council meeting, Treasurer Robert "Robbie" McGhee was appointed by the Tribal Council to temporarily fill the Vice Chair position until a special election could be held to elect a Vice Chair. At-Large member Arthur Mothershed was appointed by the Tribal Council to temporarily fill the Treasurer position until the special election. Once the special election has been held, Robbie and Arthur will resume their regular positions on the Council.

There have been a lot of questions regarding this Special Election and what will happen with the current vacancies on the Tribal Council once the Special Election is over. The Election Board has worked diligently this year to organize, oversee and manage the Tribal Elections and would like to take this opportunity to explain briefly how the process, per the Tribal Constitution, will work:

1. Robert "Robbie" McGhee was the only candidate to declare candidacy for the Vice Chair position by the established deadline to have candidates names printed on the official ballot. We also have write-in candidate, Carolyn McGhee White, for whom you may choose to vote for if that is your candidate of choice.

2. If the/a write-in candidate is elected to serve as Vice Chair for the remainder of the current term, Robbie will go back to his Treasurer seat and Arthur will go back to his At-Large seat. Each will then complete their respective terms for those positions.

If Robbie is elected to serve as Vice Chair 3. for the remainder of the current term, he will vacate the seat of Treasurer. Robbie was elected to serve as Treasurer in June 2013, his current term is set to expire in June of 2016. If the position becomes vacant due to his election to the Vice Chair position, the position will be up for election in June of 2015 for a 1 year term to complete the current term. The current sitting Tribal Council will determine who will serve as the interim Treasurer until the Annual Election in June of 2015. Arthur Mothershed is currently serving as interim Treasurer; the Tribal Council will determine if they wish for him to continue to serve in this temporary position or appoint another Tribal Council Member to serve.

4. A Proposed Constitutional Amendment regarding Vacancies of Tribal Council Positions is also on the Special Election ballot. If 30% of the General Council vote and the majority respond "YES" then if a vacancy occurs at any time after the Annual Election, that Council seat will remain vacant until the next Annual Election. If the majority respond "NO" then if a vacancy occurs between Annual Elections and there are more than 180 days prior to the next annual election, a special election will be held to fill that vacancy.

We hope that this explanation has been helpful. If you have any questions, please feel free to contact Edie Jackson, Election Board Chair at (251) 368-9136 x 2231 or ejackson@pci-nsn.gov.

RVFO-RAKKO (december)



The holiday season is upon us. Please remember the following closures when planning your visit to the Pharmacy, Health Clinic, or other Tribal Administrative offices.

Friday, December 19, 2014 Tribal Offices will close at 12:00 noon for Employee Christmas

Wednesday, December 24, 2014 Tribal Offices will be closed in observance of Christmas Eve

**Thursday, December 25, 2014** Tribal Offices will be closed in observance of Christmas Day

Friday, December 26, 2014 Tribal Offices will be closed in observance of Christmas holiday

**Thursday, January 1, 2015** Tribal Offices will be closed in observance of New Year's Day

**Friday, January 2, 2015** Tribal Offices will be closed in observance of New Year Holiday



Remember that Jesus is the Reason for the Season!

POARCH CREEK NEWS **RVFO-RAKKO (DECEMBER)** 



Andy Joseph, NIHB, Tierney Lancaster, Poarch Creek Indians, and Martin Harvier, NIHB

The National Indian Health Board's 31st Annual Consumer Conference 2014 Awards Gala was recently held in Albuquerque, NM. This year's Gala was dedicated to former Tribal Chairman Buford L. Rolin who, from humble beginnings, invested a lifetime of successful service dedicated to improving the health of his Nation and all American Indians and Alaska Natives.

During the Gala, presentations were made for Local Impact Awards, Area/Regional Impact Awards, NIHB Fallen Warriors, Native Youth Impact Awards, National Impact Awards, and the Jake White Crow Award. Tierney Lancaster, Special Assistant to former Chairman Buford Rolin, was awarded the National Indian Health Board's (NIHB) National Impact Award.

The National Impact Award is given to individuals based on their national contribution to advancing American Indian and Alaska Native Health policy. The work of each of the National winners touches all of Indian Country and beyond. The NIHB Board of Directors is proud to award six National Impact Awards each year.

Ms. Lancaster received the award for more than 15 years

of service at NIHB's Annual Consumer Conferences.

Other National Impact Award recipients were Jennifer Cooper, IHS Office of Self Governance Tribes, Carolyn Crowder, Sitnasuak Health Solutions, Stacey Ecoffey, U.S. Department of Health and Human Services, and Lee Olson, Southcentral Foundation.

The Tribe would like to join with NIHB in recognizing and thanking Tierney for her many years of dedicated service to NIHB and to the Tribe.

Submitted by NIHB



Left to Right: Megan Flurnoy- Senior Princess, Sydney Lisenby- Elementary Princess, Breanna Hall- Junior Princess

The Calvin McGhee Cultural Authority and staff would like to thank the 2013-2014 Poarch Creek Princesses for representing the Tribe throughout their reign. You each did a great job and used your talents to educate other girls, Tribal Members, community members, Native people, and non-native people about our Tribe, culture, and history.

Thank you for being great representatives of all Poarch Creek people.

Senior Princess Megan Flurnoy is the daughter of Kim and Larry Flurnoy of Atmore, AL.

Junior Princess Breanna Hall is the daughter of Rita and Anthony Hall of Atmore, AL.

Elementary Princess Sydney Lisenby is the daughter of Amber and Alex Alvarez of Atmore, AL and Chad and Sara Lisenby of Brewton, AL.

Submitted by Karla S. Martin, Cultural Director



www.pci-nsn.gov

Poarch Creek News **RVFO-RAKKO (december)** 



Empty Chairs: Left to right are Kim Snow, Sandra Day, Megan Young, Frank McClosky, Michealine Deese, Stephanie Gatlin, and Bryan Fayard

"Domestic violence is not traditional, it is a learned behavior" stated Frank McCloskey, Abuse Prevention Coordinator, at the opening of the Annual Domestic Violence held on Thursday, October 16, 2014.

Staff and community members joined the Family Services Department, Domestic Violence Task Force members, and members of local law enforcement and service providers for the presentation that was held in front of the Tribal Museum.

This year's presentation was a little different from year's past and the difference was very impactful and made you think about things in a way that you had not before.

It started with the set up of the event; when you arrive, you see a table with six full place settings, festive fall decorations, fancy glasses and silverware, and six empty chairs. Naturally, you wonder why is the table only set for six? Who is going to sit at the table and why is it set apart from the other tables set up for the event. You keep an eye on the table during the ceremony. You listen intently to the remarks of the guest speakers which include Tribal Investigator Chris Rutherford and Captain Bill Blair of the Escambia County Sheriff's Department Criminal Investigations Division. You are shocked to hear the statistics that are shared. But there is still no mention of the table.

As the presentation draws to a close, you finally hear about the table and the empty chairs. The table is set in memory of those who will not be able to join their loved ones at the dinner table this fall.

One setting is for an abuser, a respected Federal Judge arrested in Atlanta for domestic violence against his wife. Yes, a Judge!

A setting is for another abuser, a well-known professional athlete who beat his fiancée, to the point that she passed out, whose story has made international headlines. Has this act of violence changed his future?

There is a setting for a mother, a young Hispanic woman who was beaten to death by the father of

her child. A child that lost his mother and father to the same act of violence.

There is a setting for a middle-aged woman who was remembered by family and friends at a public ceremony on the East Coast. It is the hope of her loved ones that her memory and her story may prevent another act of senseless violence.

There is a setting for the Mayor of a small California town who was shot to death by his wife, in the presence of their 19 year-old son. Not all abusers are male. On a side note, not all abusers, or victims, are adults.

The final setting was for another mother, a woman, strangled by her boyfriend, who had lost custody of her children due to their being exposed to domestic violence. Victims often feel that the behavior is temporary and will not happen again; unfortunately, it often does and in this case it left the victim's children motherless.

After the table presentation, those gathered released purple balloons in memory of those lost to domestic violence and in honor of those who are survivors.

### DID YOU KNOW:

- American Indian women residing on Indian reservations suffer domestic violence and physical assault at rates far exceeding women of other ethnicity and locations.
- 70% of the violent victimizations experienced by American Indians are committed by persons not of the same race.

• Most Indian women do not report such crimes because of the belief that nothing will be done.

• According to the Violence Policy Center in Washington, DC, Alabama ranks sixth nationally for women murdered by men.

• Alabama has consistently ranked in the top 10 in domestic violence in recent years.

• The w Band of Creek Indians operates CUKO UCAYECE (House of Protection) Domestic Violence Shelter, as well as a Transitional Trailer for long-term placement of victims.

• The Family Services Department has fulltime social workers and counselors around-theclock to assist domestic and family violence victims.

• The recently-enacted Violence Against Women Act (VAWA) will allow Tribal Police to arrest non-tribal perpetrators on Reservation Land, beginning in 2015.

• In 2013 Tribal Police responded to 132 domestic violence related calls.

• As of October 16, 2014, Tribal Police have responded to 59 domestic violence related calls.

• As of October 16, 2014, Tribal Court has filed 16 domestic violence related cases in 2014; 12 of those were issued Protection From Abuse Orders (PFA). A protection from abuse order is a document issued by the court system ordering the offender not to do certain things that is specified by the order. The offender can't call the victim or make contact by email, text, or other electronic communication; can't be at the victims residence, work, or children's school. The purpose is to keep the two parties separated.

REMEMBER TO BREAK THE SILENCE AND STOP THE VIOLENCE; DO NOT LET DOMESTIC VIOLENCE GO UNREPORTED.

Photo and article by Gayle Johnson, Media Specialist

Poarch Creek News **RVFO-RAKKO (december)** 



The quarterly meeting of the Cancer Support Group was held at Wind Creek Casino and Hotel on Tuesday, October 21, 2014. As usual, the meeting was well attended and was helpful and educational.

Cindy Martin welcomed everyone to the meeting and passed on a message from her mother Helen Hallman who was unable to attend. Ms. Anne Brooks served as Mistress of Ceremonies in Helen's absence and did an excellent job with little or no prior notice.

Scheduled speakers for the night were Lucille D. Ankum of Candlelight Compassions, LLC., Mollie McCloud and Laura James. Ms. Ankum shared the purpose of Candlelight Compassions as well as her history with care of cancer patients. Candlelight Compassions is a local home health care company that works closely with the Tribe and surrounding community. They provide services such as respite care, light housekeeping, transportation, companionship, and meal preparation.

Mollie and Laura are both long term breast cancer survivors and shared their experience with the disease and their recovery. Each story was different. Different circumstances, symptoms, treatment, follow up care, and recovery. Although their experiences were different, they both agreed that you have to have faith in God and a good support system to survive.

After dinner, those present took a little True and False quiz to see how much they knew about breast cancer. Can you pass the quiz? (The answer to the quiz will be in next month's newsletter.) I hope this is not too personal for some of you, but it is very important for you and your loved ones to know the facts.

### **TRUE OR FALSE?**

1. Healthy breasts can feel lumpy.

2. Changes to the outside of a breast may indicate a problem within it.

3. If I find a lump in my breast and the mammogram results are negative, it's nothing to worry about.

4. As you age, your risk of developing breast cancer increases.

5. All breast lumps are cancerous.

6. Breast cancer is most common in women with a family history of breast cancer.

7. Men cannot get breast cancer.

8. The composition of a health breast changes after menopause.

9. Women without breast cancer symptoms don't need mammograms.

10. Women with small breasts are less likely to have breast cancer.

11. Breast self-exams can serve a helpful function.

12. A breast injury can cause breast cancer.

13. The earlier breast cancer is found, the better the chances for successful treatment.

Gayle Johnson, Medial Specialist



Left to Right: Joseph Seltzer (TM), Josh Martin (TM), Brittany Martin (TM), Destini Bethea (FGID), Amanda Montgomery (TM), Danielle Martin (TM), Will Ervin (Owner HPDS/Instructor), Wesley Chappell (Owner HPDS/Instructor), Stephen Silvester, Freddy Todd (Dive Master).

In recent months, many Tribal Members and descendants have taken the learning experience under water by learning to scuba dive. The scuba certification courses have been conducted by Will Ervin. Will, a member of the Poarch Fire Department, owns the High Pressure Dive Shop (HPDS) along with partner Wesley Chappell. Both are skilled instructors and have made their students confident in learning to scuba dive. The scuba sessions begin with an online instructional course and pool training at the PCI gym. Once the students have practiced and mastered skills, along with increased confidence under water, the course proceeds to open water training. The training sessions are conducted in Vortex Springs & Morrison Springs near Ponce de Leon, FL, and Pensacola Beach, FL.

The diving experience has truly been life-changing for students. While diving, students are able to observe and learn more about the underwater environments. They learn the differences in fresh water and salt water environments. Students can see first-hand various types of fish, plant life, caverns, caves, rocks, coral reefs, sea turtles, shells, and other forms of sea life. It is an eye-opening adventure to experience all that can be learned under water. This program is beneficial in so many ways. The majority of the students are continuing their training with advanced level scuba diving. Several officers with PCI Public Safety have become advanced divers and plan to become rescue divers. Many students plan to become dive instructors, dive masters, rescue divers, underwater welders, and ocean photographers with the intent to study marine biology. Students can continue to grow and learn more with each diving session.

HPDS has done a wonderful job of working with the PCI staff and Tribal students to ensure a safe, educational and fun experience. The diving class offers a wonderful avenue of adventure for students who wish to continue learning new skills and challenging themselves with new experiences.

Submitted by Amanda Montgomery

RVFO-RAKKO (december)

# EARLY WINTER POOL PRICING

Nicely Equipped, 15-ft. x 27-ft. Free-Form, Gunite Pool with Deck



Our ultra-low maintenance design is loaded with *exclusive* high-tech features that automate pool care, and save you time, money, water & energy!





# Christmas Savings!

Come check out the new Duck Dynasty Living Rooms!



We finance what we sell! Easy Monthly Payments!



Living Room, Dining Room Bedroom, TV's and Appliances!

312 N. Main St., Atmore Open 8am-5pm, Mon.-Sat. (251)368-8595

RVFO-RAKKO (december)

Vincent Tegio	Jessica Singleton	David Gibbs	
November 3, 2014	November 4, 2014	November 9, 2014	
			IRTHDAY WISHES
Happy 13 <sup>th</sup> birthday Vincent!	Happy birthday Jessica!	Happy birthday PawPaw!	
We love you!	From your friends and co-workers at Rolin Construction.	We love you very much!	
From your family.	Romi Construction.	Hayden, Bryson, and Landon.	
Blaize Thomas November 9, 2014	Willie Henson November 9, 2014	Angel Conlon November 9, 2014	
Happy birthday Mahammad, we love you to the moon and back! Blaize celebrated his birthday with family and friends.	Happy birthday Willie! We love you!	Happy 20 <sup>th</sup> birthday Angel. You have grown into a beautiful young	
Love Daddy, Momma, and the rest of your family.	Love, your family.	lady. We are very proud of you and love you very much.	
Frankie Joseph Pacheco	Denise Young	Mom and Dad. Jerry Beltram	
November 10, 2014	November 11, 2014	November 14, 2014	
Happy birthday Frankie!	Happy birthday, Denise! We hope your day was filled with joy, laughter, and lots of love.	Happy birthday Jerry!	
We love you!	We love you very much!	We love you!	
From your family.	Phillip, Megan, Mallory, Emmee, and all your family.	From your family.	

www.pci-nsn.gov

Pale-Hokkolen Kulvpo-kaken 27

### POARCH CREEK NEWS

**BIRTHDAY WISHES** 

RVFO-RAKKO (december)

**Robbie McGhee** James "P'Nut" Wall, Jr. **Rachael Maria Gregson** November 14, 2014 November 14, 2014 November 19, 2014 Happy birthday P'Nut!! Happy 14th birthday Rachael!! Happy 45<sup>th</sup> birthday Robbie! From your friends and co-workers at Rolin We love you very much sweet girl! From your family and friends. Construction. Love, Mama and Zach. :) Luciana Rojas **Anthony Overstreet** Laurie Painter & Maggie Elyard November 26, 2014 November 20, 2014 November 22, 2014 Happy 15<sup>th</sup> birthday Anthony! Happy 7<sup>th</sup> birthday Luciana! Happy birthday Laurie and Maggie! We love you! We love you! We love you! From your family. From your family. Love, your family. **Darrell Sells** Jordan Ledkins Samantha Odom December 1, 2014 December 1, 2014 December 3, 2014 Sissy and Bubbie say "Happy 2<sup>nd</sup> birthday Happy birthday Daddy! Happy birthday Samantha! Iordan!" Hope you have a blessed day! We love you! Jordan is the son of Daphne & Brian Ledkins. Love, your kids and grandkids. Boo Boo, Jackson, and the rest of your family. We love you, Sissy, Bubbie, and family!

X

POARCH CREEK NEWS

### RVFO-RAKKO (december)

	Poarch Creek	News <b>RVFO-RAKKO (DECEMBER</b> ,	)
Juanita Anderson	Johnny Hicks	Ronnie Jackson	
December 7, 2014	December 8, 2014	December 11, 2014	B
We love you!From your family.	Happy birthday Johnny. We love you. From your sister Irene and the rest of your	Happy birthday Daddy! You're the biggest celebrity in my life. Thank you for every smile and every thing you've done for me in life. I love you, Nioma.	IRTHDAY WISHES
,	family and friends.		
Frank Beltram, Jr. December 12, 2014	Renee Ruiz-Pacheco December 12, 2014	Jackson Odom December 14, 2014	
Happy birthday Frank, Jr.!	Happy 7 <sup>th</sup> birthday Renee!	Happy birthday Jackson!	
We love you!	We love you!	We love you!	
From your family.	From your family.	Mama, Daddy, Nanny & PawPaw, and the rest of your family.	
Jennifer Kelly December 15, 2014	Brenda Faircloth December 15, 2014	Jenni Jackson and Jessica Price December 16, 2014	
Image: We love you.	We love you.	Image: Happy 26th birthday Jenni and Jessica!Happy birthday Jessica, I love you!	
From Aunt Connie and the rest of your family.	From your family and friends.	From your sister Jenni.	

 $\langle$ 

~

	Poarch Creek News <b>RVFO-RA</b>	KKO (december)	
HES	Eddie Thomas Woods December 18, 2014	Dalton Luke December 18, 2014	Teresa "Shada" Thomas December 18, 2014
BIRTHDAY WISHES	Happy birthday Eddie Thomas Woods! Hope you have the best birthday ever! I love you! Love, your wife Amber Woods.	ENERAL	
		Happy 14 <sup>th</sup> birthday Dalton!	Happy birthday Shada!
		We love you!	We love you!
		From your family.	From your family and friends.
	Nicole Overstreet December 19, 2014	Vicki Johnson December 19, 2014	Chloe' Morris December 19 2014
	Happy birthday Nicole!	Happy birthday, we love ya!	Happy 9 <sup>th</sup> Birthday Chloe'!
	We love you!	Farm Made TI Madeia Shaanaa aa	We love you!
	From your family.	From Mark, TJ, Markie, Shannon, ya babies and the rest of your family.	Mom, Thomas, Logan, Aimee, Hunter, Avaiha & Sophia, Maw Maw and Paw Paw.
	Michael Wayne Johnson December 20, 2014	Shania Dallas Caraway December 21, 2014	Loran Douglas Johnson December 22, 2014
	Happy birthday, we love you! From Christy, Lauren, Britney, Mackenzie, Mason and the rest of your family.	Happy 15th birthday Dallas!May this day be just as special to you are you are to me.Love, Daddy & CC.	Happy 80th birthday to the best daddy, pawpaw, father-in-law, and uncle in the world.We love you!!!! From: Your 9 Lil' Indians.

 $\geq$ 

-

RVFO-RAKKO (december)

Glenda Ellis December 22, 2014	Mark S. Johnson December 22, 2014	Kelsey Ledkins December 23, 2014	BIF
We love you.From your family.	Happy 50 <sup>th</sup> birthday to an amazing husband, daddy and PawPaw. We love you. Vicki, TJ, Markie, Shannon, ya babies, and	Happy birthday Kelsey! Sweet "21"! Kelsey is the daughter of Steven and Jackie Ledkins and sister to Tori Ledkins.	IRTHDAY WISHES
Kaleigh Luke December 24, 2014	the rest of your family. Michael Hutto December 25, 2014	We love you, your family. Hayden Weaver December 26, 2015	
	Herem birth day Michaell		
Happy 13 <sup>th</sup> birthday Kaleigh! We love you!	Happy birthday Michael! We love you!	Happy 12 <sup>th</sup> birthday Hayden! We love you.	
From your family.	From your family.	From Mom, Dad, and the rest of your family and friends.	
Dakota Lambeth December 27, 2014	Mack Morris December 28, 2014	Kierra Kelly December 29, 2014	
Happy 18 <sup>th</sup> birthday Dakota!	Happy birthday Mack!	Happy birthday Kierra!	
Wish you many more to come! Love always, Nanny.	We love you. From your family.	We love you. From Aunt Connie and the rest of your family.	
XOXOXO	X @ X @ X @ X	<u> </u>	**

www.pci-nsn.gov

Pale-Tutcenen Hvmken-tvlaken 31

### POARCH CREEK NEWS

Jason Vickery

December 29, 2014

RVFO-RAKKO (december)

WISHES	
<b>JIRTHDAY</b>	

Happy birthday Jason!

We love you.

From Aunt Connie and the rest of your family.

Hayla Weaver January 13, 2015



Happy 10<sup>th</sup> birthday Hayla! We love you. From Mom, Dad, and the re

From Mom, Dad, and the rest of your family and friends.

December 30, 2014

Mackenzie and Mason Johnson

Happy 4<sup>th</sup> birthday Mackenzie and Mason! Mackenzie and Mason are the grandchildren of Michael and Kristina Johnson. We love you! From your family.

**Charles Darby** 

December 30 2014

We are blessed to have you as a Daddy, Grandpa and Great Grandpa!

We love you. Have a wonderful birthday! Love, Crystal, Brittany, April, Jami and Blakelyn.

Did you notice that we had three sets of twins celebrating their birthday in this issue? I believe this is the first time we have published birthday wishes for three sets of twins in one issue!

Laurie Painter and Maggie Elyard Jenni Jackson and Jessica Price Mackenzie and Mason Johnson

Happy birthday to all six of you!

# JONATHAN & KARIE ROLIN

# NOVEMBER 13, 2014

onathan and Karie Rolin will celebrate their 2<sup>nd</sup> anniversary on November 13, 2014.

Congratulations Jonathan and Karie.



Anniversary Wishes

RVFO-RAKKO (december)



# Anniversary Wishes

WAYNE & STELLA RUTHERFORD DECEMBER 18, 2014

IVAN & VERA RAMER

**DECEMBER 1, 2014** 

1, 2014.

Congratulations Ivan and Vera.

van and Vera Ramer will celebrate their 42<sup>nd</sup> wedding anniversary on December

ayne and Stella Rutherford will celebrate their 43<sup>rd</sup> wedding anniversary on December 18, 2014.



From your kids and grandkids.



RVFO-RAKKO (december)



# Brady & Yvonne Rackard

# DECEMBER 20, 2014

Brady and Yvonne Rackard will celebrate their 50<sup>th</sup> wedding anniversary on December 20, 2014.

Congratulations Brady and Yvonne.



# Ben & Barbara McCurdy

DECEMBER 29, 2014

Ben and Barbara McCurdy will celebrate the blessing of their 56<sup>th</sup> wedding anniversary on December 29, 2014. Ben and Barbara celebrated their anniversary with a Canadian/New England cruise.

We thank God for His goodness.



We specialize in spray on bedliners for vehicles, boats, and tool boxes! Anything you want to protect! Call for pricing!



### RVFO-RAKKO (december)

# Gracelyn Skye Rosario

# SEPTEMBER 14, 2014

Whitney Young and Tebby Rosario announce the birth of their daughter Gracelyn Skye Rosario. Gracelyn was born at 6:00 p.m. at Florida Hospital Heartland Sebring. At birth she weighed 7 pounds, 3 ounces and was 20 inches long.

Gracelyn is the granddaughter of Laurie and Mike Painter and the great-granddaughter of Autrey Gene Sr. and Raquel Henson of Frostproof, FL and Mildred and Warren Varnum of Avon Park. Great-great-grandparents are the late Carey and Girlie Henson.

Gracelyn is a blessing sent from God and brings much joy to our lives.



# Harmony Reese Salter-Bigger

# AUGUST 1, 2014

Ron Salter and Claudia Bigger proudly announce the birth of their daughter, Harmony Reese Salter-Bigger. At birth she weighed 6 lbs 2 oz, and was 17 inches long.

Harmony was born August 1, 2014 at 11:38 a.m. at Kennestone Hospital in Marrietta, GA. She is the granddaughter of Charlotte & Martin Meckel of Atmore, AL; Ronnie & Zeila Salter of Cusseta, GA; and Beverly and Jack Bigger, Jr. of Waterford, MI.

Harmony is welcomed home by her siblings, Kyle, Kaylee, Brenton, David, and Ariel.



Submitted by Charlotte Meckel

Name incorrect in original announcement in August newsletter; submission published as submitted. Grandmother re-submits for reprint with corrected name.

RVFO-RAKKO (december)



# In Memory Of Fonzie Hall

### JANUARY 9, 1944 - NOVEMBER 8, 2012

I cried when you passed away. I still cry today. Although I loved you dearly, I couldn't make you stay. A golden heart stopped beating, Hard working hands at rest. God broke my heart to prove to me He only takes the best.

### GONE BUT NOT FORGOTTEN

Submitted by Jenni Hall Jackson



# In Memory Of Doris Daughtry McGhee

### ON HER BIRTHDAY, DECEMBER 26, 2014

Happy birthday from all of us! You are an angel in Heaven looking over We love you! From all of your family.



Submitted by Ellen O'Barr

# In Memory

Those we love remain with us, For love itself lives on. Cherished memories never fade,

Because a loved one is gone.

Those we love can never be, More than a thought apart. For as long as there is a memory, They'll live on in our heart.

~Author Unknown
### POARCH CREEK NEWS RVF IN MEMORY OF Abranda "Brandy" Shane Morris ON HER BIRTHDAY, DECEMBER 14, 2014

#### HAPPY BIRTHDAY IN HEAVEN

I wish you were here today Even for just a little while So I could say Happy Birthday And see your beautiful smile. The only gifts today will be The gifts you left behind; The laughter, joy, and happiness... Precious memories...the best kind. Today I'll do my very best To try and find a happy place... Struggling to hide my heavy heart And the tears on my face I'll sit quietly and look at your picture Think of you with love; Hoping you're doing fine In Heaven up above. May angels hold you close and Sing you a happy song... And I'll be sending wishes to you Today and all year long.

Missing you always, Your family. MY ANGEL UP IN HEAVEN

My angel up in Heaven, I wanted you to know, I feel you watching over me, Everywhere I go. I wish you were here with me, But that can never be. Memories of you in my heart, That only I can see. My angel up in Heaven, I hope you understand, That I would give anything, If I could hold your hand, I'd hold you oh so tightly, And never let you go, And all the love inside of me, To you I would show, My angel up in Heaven For now we are apart, You'll always live inside me, Deep within my heart.

Happy birthday Brandy! Missing you always, Nioma.



RVFO-RAKKO (december)



## In Memory Of Wilbert "Bud" Rolin

### DECEMBER 21, 1929 - OCTOBER 3, 2014

In loving memory of the greatest Dad, PawPaw, brother, friend, and hero in the world, Wilbert "Bud" Rolin. Bud went home to be with our Lord and Savior on Friday, October 3, 2014.

Although my heart is filled with sadness, I will await the day we can be together again in Glory.

We wish to express our sincere gratitude to family and friends for your thoughts, prayers, and visits.

A very special thank you to Ms. Evelyn Danette Daily, my Dad's caregiver. We will forever be grateful.

Trish

# URGENT CARE AT ACH MEDPLUS

- Wait times are shorter than the ER.
- Care is affordable.
- Open on weekends.

#### ACH MedPlus Urgent Care 406 Medical Park Drive (across from Atmore Community Hospital)

Monday – Friday Saturdays Sundays 3 to 9 p.m. 9 a.m. to 3 p.m. 1 to 7 p.m.



#### BAPTIST HEALTH CARE

### 251.368.6245 • ATMOREHOSPITAL.ORG

#### RVFO-RAKKO (december)

## In Memory Of Viola Violet "Bobby" McWilliams october 7, 1940 - september 3, 2014

"Bobbie" Viola Violet McWilliams, age 73 and a 30 year resident of Wylie, Texas, passed away September 3, 2014 in Rowlett, Texas. She was born October 7, 1940 in Pensacola, Florida to Johnny Tillman Castleberry and Flora Bell (Colbert) Castleberry. Bobbie was a loving wife, mother, (great) grandmother, aunt, and sister. She was a member of Abundant Life Church in Garland, Texas.

Bobbie is survived by her husband of 52 years, James Denney McWilliams, Sr. of Wylie, Texas; children: Cathy Jones & husband Stephen of Keller, Texas, Vickie Burnett & husband John of Royse City, Texas, Mary Smith & husband Bruce of Lindale, Texas, Donna Russell & Scott of Mesquite, Texas, James Denney McWilliams, Jr. & wife Karen of Nevada, Texas, Cynthia Ann Trebing of Wylie, Texas, and Jamie Depetris & husband Mark of Royse City, Texas; 53 grandchildren, great grandchildren and great great-grandchildren; brothers and sisters Juanita Trotter, Tommy Castleberry, Ronnie Castleberry, Shirley Pierce, Johnny Ray Castleberry, and Linda Love; numerous nieces, nephews and cousins. She was proceeded in death by her daughter Dana Kay Jones and sisters Joann Castleberry, Connie Thomas, and Jean Heidleberg.



Bobbie McWilliams was a lady of great strength, determination, and kindness. She was loved by all her family and everyone she met. Her impact on this earth can be felt through the large family she was able to maintain and lead.

This obituary was originally published in the November newsletter. Parts of the obituary were erroneously omitted during the initial process. Poarch Creek News apologizes for this error and any inconvenience it may have caused. We extend our apologies and condolences to the family.

#### MISS ME BUT LET ME GO

When I come to the end of the road And the sun has set for me, Do not shed tears my family and friends. Why cry for a soul set free?

Miss me a little-but not too long, And not with your head bowed low. Remember the love that we once shared, Miss me-but let me go. For this is a journey that we all must take, And each must go alone. It's all part of the Master's plan, A step on the road to home.

When you are lonely and sick of heart Go to the friends we know. Bury your sorrows in doing good deeds. Miss Me - But Let Me Go.

Submitted by McWilliams Family

>

#### POARCH CREEK NEWS

RVFO-RAKKO (december)





Edward L. Hunt, Jr., age 54 of Lehigh Acres, FL, passed away on September 15, 2014.

He retired from the Florida Department of Corrections.

He is preceded in death by his parents Edward L. Hunt and Irene Scollan Hunt.

### IN MEMORY OF Edward J. Hunt, Jr. OCTOBER 7, 1940 - SEPTEMBER 3, 2014

Edward is survived by his followed with burial at Lee wife, Yvonne Hunt; L. children Danielle Hunt. Edward Hunt III, and Neomi Rodriguez; grandchild Jenna Grimaldo; siblings Peter Hunt, Matthew Hunt, and Nora (Brett) Newman as well as numerous nieces, nephews, and friends.

Visitation was held at Hodges Funeral Home on Friday, September 19, 2014 at 1:00 p.m.; funeral services

Memorial Park Cemetery.

Submitted by Yvonne L. Hunt

This obituary was originally published in the November issue of the newsletter. Mr. Hunt was misidentified in the title of the article. Poarch Creek News apologizes for this error and any inconvenience this error may have caused. We extend our apologies and condolences to the family.

# MVSKOKE LANGUAGE App



Mvskoke Language App Get it now - Apple Android Amazon App stores

The Creek Nation and Mvskoke Language Program present the Mvskoke Creek Language learning app. The app is available now for free in 3 major app stores: Apple, Android (Google Play), and Amazon. Download this app and begin learning or practicing our Mvskoke language

X©X©X©X©

## COLORADO BASKETBALL-LAPPE, SBOROV Represent Well At Pac-12 Media Day

of Colorado University Buffaloes Women's Basketball head coach Linda Lappe and senior guard Jasmine Sborov represented the University of Colorado Buffaloes at the 2014 Pac-12 Conference Women's Basketball Media Day at the Pac-12 Network Studios in San Francisco.

The pair spent the day hustling from station to station, ranging from promotional shoots with Pac-12 Network staff to sit down interviews with media members from across the country. Lappe and Sborov represented the team well all day, and especially during a 5-minute live on-air segment during the Pac-12 Network's two-hour Media Day Special.

Lappe and Sborov were able to spend the day discussing a variety of topics with those in attendance. As expected Arielle Roberson's seasonending knee injury was an item of discussion. Sborov, herself returning from an injury that forced her to miss half of last season, also was able to update reporters on her progress and that she's looking forward to a full healthy season.

Lappe informed the group that the team has had a great start to the fall, practicing

 $\times \odot \times \odot \times \odot$ 



Linda Lappe (r)

with a consistency and focus that was sometimes missing last year. She touched on the uniqueness of the team and what each player brings individually to the program.

Most importantly though, the Buffaloes had a chance to tell their story; giving media an inside look. Lappe and Sborov were able to share the emerging theme for the program which is "Aspire2Inspire." They were able to share stories and ideas, spanning all the unique traits that make up this edition of the Colorado Buffaloes.

The Buffaloes also had some fun at Media Day. They turned the tables on Boulder Daily Camera beat reporter Brian Howell, making him the subject of an interview. The veteran reporter, who was also there to cover the men's basketball media day

X IN X IN

Thursday, was a good sport, and turned out to be a decent interviewee himself.

RVFO-RAKKO (DECEMBER)

Many of the stations were light-hearted in nature as well. At one of the video shoots all participants were encouraged to dance while the room filled with bubbles from a nearby machine. Sborov obliged showing off Jasmine Sborov (1) with head coach several talented dance moves.

Lappe, well she Coach certainly enjoyed popping the bubbles that were showering down around her.

It's back to business on Thursday as the Buffaloes continue fall practice. Colorado will host CSU Pueblo in an exhibition game at the Coors Events Center on Saturday, Nov. 8, at 6 p.m., and officially open the season one week later, hosting North Dakota in the first round of the Preseason WNIT on Saturday, Nov. 15, also at 6 p.m.

Jasmine is the daughter of Tara and Jon Sborov and the granddaughter of Charles Daughtry.

Submitted by Daniel McGhee Find out more at www.cubuffs.com.

#### RVFO-RAKKO (december)

# THANK YOU TO THE POARCH COMMUNITY



Nicole Rolin Teague with her husband Matt and daughters Molly (l) and Evie (r). Nicole passed away September 9, 2014, just three days before the big fundraiser hosted by Rolin Construction and other community members and organizations. She was very aware of the event and was very appreciative of the community coming together in love to honor her.

Community, a feeling of fellowship with others, as a result of sharing common attitudes, interests, and goals. To me this is Poarch, this year has been an exemplary example of how strong a community we have here in Poarch. Over the past year the Poarch Community has come together to host benefits for cancer patients of all ages and diagnosis, flood victims, and others in need. The family of Nicole Rolin Teaque would like to thank the Poarch Community for all that was done throughout the year culminating with the fundraiser held on September 12, 2014. Nicole would not want attention brought to her and her battle, she would just want to say "Thank You and may God Bless each and every one of you." So this is what we will say.

There are so many individuals and organizations that came together and it would be hard to try to name them all but the family extends their thanks to all who came together for a common cause throughout the year as well as those who helped organize, coordinate, and work the fundraiser hosted by Rolin Construction on September 12th.

Thank you, and may God Bless each and every one of you.

Raymond Rolin and the Nicole Rolin-Teague Family



RVFO-RAKKO (december)

# JAMES DEAN, PRIVATE PILOT!

SkyWarrior flight training would like to congratulate Mr. James Dean on finishing his private pilot license. Mr. Dean conducted his flight training in Bay Minette, AL while participating as a student athlete at Faulkner State University. James is currently playing baseball at A.U.M while working toward a degree in Criminal Justice. We wish James luck with his future endeavors in aviation and hope to see him again soon.

For information regarding flight training please visit us a skywarriorinc.com or call 850.433.6115.



James Dean (right) pictured with his instructor Rex Baggett (left) both of whom are First Generation Descendants of the Poarch Band of Creek Indians.

# Honoring Our Veterans!

In last month's issue we published a list of Tribal veterans. We know there are many veterans in our Tribe who were not listed; we ask if you or your loved one is a veteran to please let us know so that we could honor you as well. We will accept such information on a continuous basis.

Since last month's newsletter, we have received information on the following veterans, we thank each of them for their service and sacrifice:

Jack Colbert, United States Air Force

Carl "Buster" McGhee, United States Army

Gilbert F. McGhee, Alabama National Guard

Robert G. McGhee, United States Air Force

Glenn D. McGhee, United States Army

Mabron E. Williams, United States Navy



Carlvin Manac, United States Navy

CREEK WAR OF 1813-1814 Submitted by Robert Thrower, Tribal Historic Preservation Officer (THPO)

#### The Consequences of the Battle at Burnt Corn Creek

Although the Creek Civil War was already underway, the Battle of Burnt Corn marked the first conflict that directly involved both the Creeks and Americans. Historian H.S. Halbert summarized some of the consequences of the Battle of Burnt Corn in The Creek War of 1813 and 1814 (H.S. Halbert & T.H. Ball, 1895):

"The battle of Burnt Corn, on the whole, was damaging to the prestige of American prowess. For many years its participants had to endure the ridicule of their neighbors and friends; for it was not considered creditable to anyone to claim that he had been a soldier in the Burnt Corn Battle. It should here be stated that at the time of its occurrence many of the citizens of Washington County censured Colonel Caller severely for this expedition and believed that he acted too hastily in the matter. They believed that, while putting themselves on a war footing, it would have been better to have made use of conciliatory measures towards the Creeks; that they thereby might have overruled them and perhaps averted hostilities. But this attack by Colonel Caller maddened them and converted numbers of hesitating and neutral warriors into deadly foes, and the massacre at Fort Mims was the result (141-142)."

When the causalities were tallied, Colonel Caller's troops has two fatalities with fifteen wounded. Redstick losses were estimated at ten to twelve killed and eight or nine wounded. Though outnumbered three to one, the Redsticks had declared the Battle of Burnt Corn a victory. This fueled their assurance that they were invincible. The Redsticks would soon turn their revenge and

Robert Thrower, THPO

vengeance in a new direction... towards Captain Dixon Bailey and the occupants of Fort Mims.

Submitted by: Robert G. Thrower, Poarch Creek THPO

### JESUS LOVES ME

CESVS VCVNOKECES, Jesus loves me (this I know),

COKV-RAKKOT CVKICES, The Bible tells me (so),

HOPUETAKET ENAKET'S Little ones to Him belong,

YEKCVKEKIS, ENT YEKCES They are weak but He is strong.

Submitted by Karla S. Martin, Cultural Director

#### Tammy Kuhn King Veteran of the Month

Kuhn Tammy King currently serves as a Major in the Medical Service Corp of the North Dakota Air National Guard and has recently completed her 23<sup>rd</sup> year of military service. She joined the North Dakota Army National Guard in Dec 26, 1985 as a junior in Napoleon High School, Napoleon, ND. Tammy states "I wanted to go to college. In joining the military, I could get help with college expenses." She went to basic training at Ft. Dix, New Jersey between her junior and senior year in high school and attended Advanced Individual Training (AIT), in Ft. Lee, Virginia the summer between her senior year in high school and freshman year in college. She was a 77W, Water Purification Specialist.

After graduating high school Tammy attended University of North Dakota, Grand Forks where she was а member of the Delta Delta Delta Sorority. She worked full time at the local mall, carried 15 credit hours, and attended monthly ND National Guard drills. On her 22<sup>nd</sup> birthday her ND National Guard unit

Χοχοχοχοχοχοχοχοχοχοχ



Payton T. Taylor, Jr. Medical Corpsman United States Army

was activated for duty in Operation Desert Shield/ Desert Storm. Tammy and her unit spent 2 weeks at Camp Pendleton, California for training, then another 1 1/2 months in Fort McCoy, Wisconsin. The unit was shipped to Saudi Arabia early December 1990. Eventually, camp was made at Log Base



Tammy Kuhn gets a big hug from a youngster at he celebration for returning Guif War veterans in Aratton Tuesday.

Bravo, a group of tents in the middle of the desert, surrounded by razor wire and 60 miles from the Iraqi/ Kuwaiti border.

RVFO-RAKKO (DECEMBER)

Once she returned home in June 1991, Tammy felt she was done with the military and resigned her enlistment in December of 1991. After 6 years, she realized that she was missing something in her life and discovered it was the camaraderie of military life. She then joined the North Dakota Air National Guard's "Happy Hooligans" on July 11, 1997 and has remained a "Happy Hooligan" ever since. She started as a Financial Analyst in the Finance Shop. On September 28, 2001 she was commissioned into the Medical Corp as a 2<sup>nd</sup> Tammy's ND Lieutenant. Air Guard unit was activated for service in Operation Nobel Eagle September 11, 2001 through September 30, 2002.

During her service Tammy has received the Army Reserve Achievement Component Medal, the National Defense Service Medal w/1 device, the Southwest Asia Service Medal w/3 devices, the AF Longevity Service Award w/2 devices, the Kuwait Liberation Medal Saudi Arabia, the Air Force

A WAXA WAXA WAXA WAXA WAXA

#### POARCH CREEK NEWS **RVFO-RAKKO (DECEMBER)**

Outstanding Unit Award w/3 devices, and the Air Reserve Forces Meritorious Service Medal.

Tammy possesses a Bachelor's Degree in Accounting with minor in **Business** a Administration from North Dakota State University in Fargo, ND as well as a Master's Degree in Business Administration with an emphasis in Healthcare from the University of Mary, in Fargo, ND. She has worked for the Department of Veterans Affairs as a Budget Analyst and is currently employed with the Department of Health and Human Services-Indian Health Services in Bemidji MN as a Financial Management Analyst. I thank God and my family every day for allowing me to serve.

Tammy is the daughter of Joyce and the late Gary Kuhn, and Marvin Mobley and is



Tammy is shown above with her family. Left to right are McKenzie Jordahl, Shane Jordahl, Tammy King, Jonathan King, Zachary King, Missy King, and Nathaniel King.

the mother of three sons, Nathaniel, Jonathan, and Zachary.

Tammy states, "My boyfriend Shane Jordahl and his daughter McKenzie are my family too. We are a happy family and we enjoy doing things together. It takes effort but it's worth it in the long run. You have to work at relationships. It is give and take. You need to trust in the

good Lord and not be selfish. We aren't perfect but we are learning to confront our fears/ problems head on instead of running from them. This makes things much easier to manage."

Tammy Kuhn King, one of many Tribal Members who have proudly served for their family, their Tribe, and their country.



Tammy, McKenzie, and Zach participate in a family Color Run.



Jonathan, Tammy, Shane, and Zack at Pensacola Beach. This was Shane's first time to see the ocean.

 $\lambda$ 

RVFO-RAKKO (december)



### Level of Care Rates

The Tribal Council approved the following Level of Care rate schedule for the Lavan Martin Assisted Living Facility. The level of care is based on the individual's needs as determined by the Care Plan team which includes the individual, his/her physician, and the ALF management team.



Please contact the Assisted Living Administrator, Michelle Colbert Shaddix, at 251-446-4899 for additional information.

### LEVEL OF CARE PAYMENT RATE SCHEDULE

#### LEVEL 1 – BASIC CARE

1-Bedroom Unit - \$1,525 monthly 2-Bedroom Unit - \$1,880 monthly

#### **LEVEL 2 – SUPPORTIVE CARE**

1-Bedroom Unit - \$1,825 monthly 2-Bedroom Unit - \$2,180 monthly

**LEVEL 3 – COMPREHENSIVE CARE** 1-Bedroom Unit - \$2,075 monthly 2-Bedroom Unit - \$2,430 monthly





# NEWS & INFORMATION

CHILD NUTRITION FEEDING PROGRAM

The Boys & Girls Club began the Child Nutrition Feeding Program in October.

The Boys & Girls Club will serve dinner from 5:00 p.m. to 5:30 p.m. at the old SAIL Center to ALL children 18 years old and under.

Dinners will be served

Monday-Friday with the exception of holidays.

No take-outs will be allowed, therefore please allow time for your child to receive and eat his/her meal. The Club will also continue to provide light snacks to the children when they arrive at the Club after school. The Club hours will remain the same, so all children will need to be picked up by 5:30 p.m. from the old SAIL Center.

Please contact Jonathan Martin at (251) 368-9136 ext. 2242 if you have any questions about the Feeding Program.

## Upcoming Schedule Changes

Keep these closures and schedule changes in mind during the upcoming holidays:

December 22-23, 2014 Open 7:30 a.m. until 5:30 p.m.

December 24-26, 2014 Closed in observance of Christmas

December 29-31, 2014 Open 7:30 a.m. until 5:30 p.m.

January 1-2, 2015 Closed in observance of New Year's Holiday

#### ANNUAL BOYS AND GIRLS CLUB ENROLLMENT MEETING

Monday, January 12, 2015 Flyers will be sent out prior to meeting.





Thanks to everyone who participated in or attended our Fall Festival on Halloween night. We had a great time!



The Calvin McGhee Cultural Authority will be sponsoring the first ever Artist Market on December 5, 2014 from 10:00 a.m. - 6:00 p m in Building 500, the old Family Services Bldg. Everyone is invited to buy items made by our Tribal Artisans.

All Tribal Member and 1st Generation Artisans are invited to come sell your arts at the Artist Market.

If you are under 18 years old you can sell items but must be accompanied by an adult.

For more information please contact Margaret Baggett at (251) 368-9136 ext. 2648.

*Kicking Cancer in Heels for Nicole* t-shirts are still available at the Museum for \$5.00. All proceeds go to the Nicole Rolin-Teague Family. Sizes available include Small in youth sizes; Small, Large, and 5XL in adult sizes.

If you are interested in purchasing a shirt, please contact the Museum at (251) 368-9136 x 2053.

# NOW OPEN!! Donut Delite & Bakery

- Donuts made fresh daily
  Drive thru window
- Menu will expand later

Hrs: Mon-Sat 6am - until we run out 1540 Hwy 21 • Atmore (Across from the Middle School)





Southern Dentistry Family & Cosmetic Dentistry

We accept the PBCI Flex Card-with our in-house Wellness plan we can make your Flex Card go a long way!

Smile, you're in good hands! Dr. Michael Nebrig, DMD

Southern Dentistry 8477A Co Rd 64 Suite 3 Daphne, AL 36526 (251) 621-1301 southerndentistry.com

A beautiful practice for ALL your dental needs.



# NEWS & INFORMATION

#### FINANCIAL PEACE CLASSES

Dave Ramsey's Financial Peace University Classes are currently underway. Enrollment is open to Tribal Members, First Generation Indian Descendants, and Tribal Employees. The home based kit that includes all materials to complete the course in the comfort of your own home, at your own pace, is also available.

Contact Bryan Fayard, Financial Education Coordinator, in the Education Department at (251) 368-9136 x 2504 or bfayard@pci-nsn.gov for more information. Additional information may also be found on the Education page of the Tribe's official web site, www.pci-nsn.gov.

#### **EDUCATION INCENTIVES**

As of November 3, 2014, Incentives will no longer be available for the <u>first grading period</u> for the following counties:

Escambia County, AL	Monroe County
Conecuh County	Washington County
Choctaw County	Mobile County
Wilcox County	

If you have any questions, please call or email Kim McGhee at (251) 368-9136 x 2662 or ksmcghee@pcinsn.gov.



#### STORY TIME AT THE PCI LIBRARY

Don't forget to join us for Story Time at the PCI Library on Wednesdays at 12:15 pm.

Activities include story time, crafts, games, and much more!

All young families in the Poarch Community with pre-K age children are invited to attend.

For more information please contact Christyn Sells at (251) 368-9136 x 2244.

#### TEEN CHRISTMAS PARTY

Thursday, December 4, 2014

Wind Creek Bowling Alley/Party Room

Ages 13-17 living in Tribal Member household

Food and gift pickup: 6:00 p.m. - 8:00 p.m.\* \*Must be present to receive gift.

Registration required, deadline December 1, 2014. Registration forms are available in Education and on Education's page of the Tribal web site www.pci-nsn.gov.

If you are registering someone for this event, please do not fax this form to us. The dark background is making it impossible to read. You can put the forms in interdepartmental mail, scan and email them, or drop them by the Education Department. If you have already faxed in a registration form, please follow up by sending in the original form.

After dinner teens will be given a voucher for entertainment activities. Teens participating in entertainment activities after leaving the Party Room will no be supervised by Education staff.

RVFO-RAKKO (december)

#### **4-H HIGHLIGHTS**

Poarch Creek Steer Program

The PCI 4-H steer club program is well under way! In August 2014 nine youth participants received their project animals and began their 4-H beef animal project. This year's youth participants are: Rowdy Rutherford, Wyatt Rutherford, Dawson Cox, Jason Davis, Caleb Davis, Charleigh Parham, Jacelyn Chunn, Dylan Rolin and DJ Rolin. Each 4-H participant will show one steer; second year participants were given the option to show both a steer and a heifer, so three heifers are being shown by the youth as well! The steer program animals are housed and maintained by the youth at Perdido River Farms and the Poarch Creek 4-H Club would like to say a "BIG" Thank You to Tim Martin and John English with CIE for sharing both their farm space and their knowledge with the youth!

Other Poarch Creek 4-H'ers who are working with their own family raised steers/heifers this year



Shown above with their show birds are: front row, left to right: Sehoye Buckley, Tanna Spence, and Caleb Davis; back row left to right: Jason Davis, Wyatt Rutherford, Rowdy Rutherford, and Dylan Rolin.

are: Cheyenne McGee, Shawnee McGee and Colbie English.

Other 4-H highlights includes the 4-H State Horse Show held in July 2014 at the Garrett Coliseum in Montgomery, AL and the Chick Chain-was held in September.

Christyn Sells, Club Leader would also like to say a "special" Thank You to Spencer Williamson-Escambia County 4-H Youth Livestock Agent and her new 4-H Assistant-Tanya Rolin, for all of their assistance during her time out on maternity leave. They did a wonderful job assisting the youth with their animals!

For more information on the Poarch Creek 4-H Steer program or to learn how your child can join 4-H, please contact: Christyn Sells, Children's Services Coordinator/ Poarch Creek 4-H Club Leader@ (251)368-9136 ext. 2244 or csells@pci-nsn.gov.

#### SENIOR READING PROGRAM



For the past 4 years the Education Department has sponsored a senior reading program. This program is designed for seniors 55 and older. Our class moto is: "If we don't know it, we can research and study it."

The class is designed by the seniors. We study topics that the seniors request. We discuss current events, Medicare, social security, politics, or any subject they may feel the need to discuss. During the senior reading year we take several field trips that accompany the subject we are studying.

When the class started we had 17 participants, we now have 45 participants and growing. So come join us, I'm sure you will enjoy it!

Contact: Leasha E. Martin, Education Department (251) 368-9136 x 2240. Signup sheets will also be available for you at the new Sail Center, starting December 5, 2014.



# NEWS & INFORMATION

### Fall Garden Planned

#### SPAY/ NEUTER VOUCHERS

Spay and Neuter vouchers will be available through the Environmental Department starting <u>December 1, 2014</u> at 9 a.m. The vouchers are available on a first come first serve basis, and are available for dogs and cats only. There are a limited number available.

Two (2) vouchers per household will be given out. You must come in person to pick up the vouchers.

#### FALL GARDEN PLANNED

Darrell Hollinger, Garden Manager at Poarch Community Garden, says he and his staff are working hard on plans for a fall garden!

We can't wait for those turnips, cabbage, collards, and other fall vegetables.

#### Check Cashing that is fast, **Atmore Vision Center &** easy and affordable!\* **Monroeville Eye Care** 5 HOW MUCH We have Convenient Appointments with Fast turn-around times. Your health is our number ONE priority, therefore, we offer thorough eye exams, and eye disease prevention education. We accept flex cards, BCBS and other major medical insurances. No account required We have special deals and name brand frames: Michael Kors & Kate Immediate access to cash upon approval Spade. And quality sunglasses from Maui Jim & Costa Del Mar. Government, handwritten, out-of-state and more! • Check cashing fees apply. Dr Stephen M. Gross Dr. David Helton Optometrist Optometrist **Dr. Rollins Tindell** Dr. Ryan Tarantola Dr. Alan Franklin **United Bank** Retina Specialist Retina Specialist Cataract Specialist Atmore Vision Center Monroeville Eye Care Your Hometown Advantage" Member FDIC 166 Lindberg Avenue 3016 S Alabama Avenue Atmore, Alabama 36502 Monroeville, Alabama 36460 251.446.6000 251-368-8767 251-743-3305 www.unitedbank.com "We have glasses to fit your budget."



### POARCH CREEK NEWS **RVFO-RAKKO (DECEMBER)** NEWS & INFORMATION ETHICS BOARD UPDATE

The Ethics Board has been busy the past month with our new Ethics Officer, retired Judge Judson Wells. Judge Wells has assisted the board in making some recommended revisions to the Ethics Code. These recommendations are just that, recommendations. It is the Tribal Council who must approve any revisions to the Ethics Code.

Last month, I mentioned that the Ethics Board had attended the Annual Society of Corporate Compliance and Ethics in Chicago, Illinois. Some of the workshops we attended were:

1. How to perform an investigation when a complaint has been received.

2. Understanding the benefits, risks, and establishing a commonsense strategy for Personally Owned Devices in the workplace.

3. How to put on a fun and successful Ethics Day.

4. Lie detection for compliance and ethics professionals.



Carrie Martin, Ethics Board Chair

5. Risky Behaviors predictive of ethical misconduct.

6. Managing Social Media Risk.

7. Accountability: If everyone wants it, why is it so hard to get?

8. Managing the grey area between "legal" and 'right"

9. How you can influence people to do what you want!

In 2011, the Ethics Board attended this conference for the first time. There were 900 participants. This year, there were almost 1600 participants. Some of the individuals who attended were from foreign countries. Many companies

State of the local division of the local div

are seeing the importance of having a compliance and ethics program within their organization and it is obvious through the number of individuals who are attending this conference each year. In an era where making money and keeping it is becoming harder to do, having programs in place to reduce fines via federal sentencing guidelines; has proven beneficial to numerous companies throughout this country.

Forms for ethics complaints, or advisory opinions may be obtained at the Legal department, Tribal Chair's office, and or Tribal Court. You can also obtain these on-line at the Poarch Creek Indian website: www.pcinsn.gov and click on the tab GOVERNMENT.

The Ethics Board wishes everyone a happy holiday season.

> Submitted by Carrie Martin, Ethics Board Chair

ALL - CARLES

RVFO-RAKKO (december)



POARCH CREEK NEWS

# NEWS & INFORMATION

### 2014 Kids Christmas Party

The Family Services Department will host the 2014 Kid's Christmas Party\* at the Wind Creek Cinema on Thursday, December 11, 2014.

- The times for the movie to start will be staggered to allow everyone a chance to see the movie.
- Movie start times are: 5:30, 6:00, 6:30, and 7:15.
- Seating in each theater room is limited. Once a theater room is filled, the remaining participants will wait to see the movie at the next show time.

If you or a loved one is a victim of domestic violence, please contact Dr. Frank McCloskey, Abuse Prevention Coordinator, for assistance or information.

You can reach Frank at (251)-368-9136, ext. 2212, or via e-mail at fmccloskey@pci-nsn.gov.

You are not alone. We are here to help you.

# Stop the Violence Prevent the Abuse

- Food, including a hot dog, popcorn, and a drink, will be served prior to the movie starting.
- Each participant will be able to see the movie <u>one time</u> and then will be given an opportunity to take a picture with Santa and receive a Christmas gift.

Plan to join us for this event and also take time to enjoy the beautiful Christmas lights in the Wind Creek Casino's courtyard area!

\*Registration closed on Friday, November 14, 2014.

If you suspect fraud, waste, or abuse in any of the Community Services Programs (LIHEAP, Community Services Block Grant, Child Care, or the Tribal Assistance or Crisis Funds, please contact the Family Services Department at (251)-368-9136.

If you wish to review these grants, please come by our office to view these documents. We welcome your comments and suggestions!

RVFO-RAKKO (december)



### NEWS & INFORMATION Program Changes For LIHEAP & CSBG Services

PBCI Tribal Per Capita monies will be included in the calculation of household income effective October 1, 2014.

PBCI Senior Benefit monies will be included in the calculation of household income effective October 1, 2014.

### DISASTER RELIEF PROGRAM

The Disaster Relief program is designed to provide limited aid within a limited timeframe to PBCI Tribal Member households experiencing a natural disaster.

• Services will be provided through a coordinated effort between Family Services, Housing, Emergency Management, Tribal Council, and other Departments as needed.

• Tribal Member households will have to provide proof of homeowners or renters insurance on their home and verification of reported damages resulting from the natural disaster.

• Tribal Member households will have to provide verification of services received or denied from their insurance company, the Red Cross, FEMA, and other disaster relief services.

• Tribal Members will have to apply for a Small Business Association loan as required by FEMA during a major widespread disaster.

• Any financial aid provided through this program is taxable income for the household and will have to be reported on a 1099 for tax purposes.

• If you are interested in having your Tribal Member household participate in this program, you will need to send a copy of you homeowners or renter insurance verification, your household constitution, current address, and photos of your home to the Family Services Department. This information will be included in a data base. This information will be used to assist you if you experience a natural disaster. This information will need to be updated if changes occur or on an annual basis.

• Please contact the Family Services Department if you have any questions.

### **PUBLIC ANNOUNCEMENT**

This article provides public notice to all Tribal Members that the following grants will be available for review and discussion during office hours at the Family Services Department:

- Low Income Energy Assistance Program (LIHEAP)
- Community Services Block Grant (CSBG)
- Child Care Development (CCDF)
- Family Violence (FVPSA)



#### SYSTEM UPGRADE

On December 9, 2014 an upgrade will be added to the electronic health record at the Health Department and the Pharmacy. The enhancement will be installed by the Indian Health Service. This upgrade will slow our services for a couple of weeks due to major workflow changes. We ask for your patience during this transition.

#### 1<sup>ST</sup> GENERATION PHYSICIAN ON STAFF!

We are happy to announce the arrival of Dr. Ted Woods, who will be our new Staff Physician. Dr. Woods is 1st Generation and is from this area. He is looking forward to moving home and serving the Tribal Community. Dr. Woods received his Master's of Public Health at Tulane University in New Orleans and his Doctor of Medicine at Ross University in New Jersey. He has been working as the Associate of Medical Director at a practice in New York City. Welcome Dr. Ted Woods!

Other staff changes in the Health Clinic includes Tonya Rolin Jordan's move to the Billing Charge Entry Specialist position and Chastity Peebles' move to the Billing Insurance Verification Specialist position.

We would like to introduce the following new services coming to the Buford L. Rolin Clinic:

#### PEDIATRICS

We are pleased to announce that Kendi Pelot-Kirby, Certified Physician Assistant, has joined our team. She will be available

# NEWS & INFORMATION

### Health Department Update

on Mondays and Tuesdays each week. Kendi's passion is Pediatrics and caring for children. She has worked closely with a Pediatrician in Brewton and has several years Practice/Pediatric of Family experience working in the area. Kendi has taken care of many of your children during a well-child visit, not just when they are ill. Please call to schedule your "Well Child" check-up. If you child becomes sick and needs to be seen, please schedule an appointment by calling the Health Department at 251-368-9136, extensions 2306 and 2355.

#### ORTHODONTICS

We are pleased to announce that Dr. Glenn Glass, Orthodontist, has joined our team. Dr. Glass will be seeing patients in our Dental Department one half day each month. Dr. Glass completed his undergraduate studies at the University of Alabama before moving on to UA's school of Dentistry where he graduated with honors. He would later earn his Master's degree in Orthodontics before heading further south to practice along Alabama's beautiful Gulf Coast in 2003. He has been practicing in Baldwin County for 11 years. Dr. Glass is excited to serve our Poarch community. Full service treatment options will be offered with a variety of payment options, including interest free payments. Please call (251) 626-7770 or (251) 580-4447 to schedule your appointment. Make sure that you ask for the location at the Buford L. Rolin Health Clinic.

#### CARDIOLOGY

We are pleased to announce Cardiology that Consultants from Pensacola and Cardiology Associates from Mobile will be onsite to provide services at our clinic. Dr. Jason H. Cole, MD, MSc, FACC of Cardiology Associates of Mobile began providing services in November. The Cardiology Associates offer a broad range of traditional and specialized heart and vascular care to all ages. Should hospitalization or outpatient procedures be needed, Cardiology Associates multiple offers locations to receive in-patient or out-patient cardiovascular care. Their cardiologists are on staff at hospitals in Mobile, Fairhope, Foley, Atmore, Bay Minette, Chatom, Jackson Alabama and Lucedale Mississippi. To schedule an appointment call: 800-842-4009 or 251-607-9797. Visit their website at www.cardassoc.com and Friend them on Facebook. www. facebook.com/cardassoc.

Cardiology Associates from Pensacola will begin seeing patients in December. Baptist Health & Vascular Institutes provides patients with the utmost in quality care & a full range of advanced treatment options. More details will be forthcoming.

#### **NEWS FROM PHARMACY**

Patients who choose to call in their prescriptions through the pharmacy line and not the automated system please be prepared to tell the pharmacy staff all prescriptions by name or by refill number. Please do not say "I need all my prescriptions". The pharmacy staff may not know all medications needed to be filled at present time. This also helps minimize filling prescriptions you no longer take or need.

SAFETY REQUEST: For your safety, we ask that you not to walk up to the drive thru window. This is for vehicles only.

RECLASSIFICATION OF MEDICATION:

Products containing hydrocodone have been reclassified to Schedule II. Schedule II drugs are drugs

POARCH CREEK NEWS **RVFO-RAKKO** (DECEMBER) legally prescribed but have a high rate probability of abuse. This will require a new prescription each time you go to a pharmacy. You or someone you know may currently be taking these medications. Please be aware that these medications need to be kept in a safe place and out of reach of children.

The Tribal Pharmacy does not stock any hydrocodone containing products. Local pharmacies have had break-ins for scheduled drugs. Again, please be aware and keep your medications in a safe place.

### Jingle Bell 5k Walk/Run Saturday, December 6, 2014 8:00 a.m.

Will	begin	at	the	Poarch	Creek	Health
Depa	rtment					
Pre-R	eoistrai	tion	*		\$15	

Day Of Registration\* \$15 Day Of Registration\*

\*Or bring a toy of equivalent value of registration fee.

All proceeds will benefit local families in need throughout Escambia County, AL for the holiday season.

250 incentive wellness points will be received with completion of race.

For more information or to register for the event, contact:

Brittany Martin	(251) 368-9136 x 2360
Tiffany Faircloth	(251) 368-9136 x 2249, or
Kaci Martin	(251) 446-4454





www.pci-nsn.gov

Pale-Cahkepen Kulvpo-kaken 57

RVFO-RAKKO (december)



POARCH CREEK NEWS

### NEWS & INFORMATION Applications Accepted On A Daily Basis

pplications for the following Housing programs are available on a daily basis and will be processed as vacancies/funds become available:

Emergency/Transitional Housing Rental - All Poarch Subdivisions Rental - Walker Subdivision, Pensacola, FL Rehabilitation Assistance Renovation Loan Program Heating & Cooling Loan Program Senior Emergency Program TAHO Applicants are responsible for providing all necessary information and accurately completing all applications and must certify that all information is true and accurate to the best of his/her knowledge. The applicant is also responsible for making corrections or updating applications. Failure to update an application for a period of twelve months is grounds for removing the application for consideration and you will be ineligible for consideration until an updated application is on file.

For questions or concerns contact the Housing Department at (251) 368-9136 x 2251.

# TIME TO UPDATE HOUSING APPLICATION!

Tribal Members age 21 or older interested in a new house must come to the Poarch Creek Indian Housing Department to submit a new application or update a current application.

Applicants must provided a copy of their 2013 tax returns and social security cards for all persons on the application plus other required documents.

Contact Wendy Davis, Programs Manager, at (251) 368-9136 x 2257 if you have any questions or need further information.

### LAST DAY TO UPDATE FRIDAY, DECEMBER 12, 2014





POARCH CREEK NEWS **RVFO-RAKKO (DECEMBER)** NEWS & INFORMATION LEGAL UPDATE

The Legal Department would like to provide Tribal Members with a synopsis of recent revisions to Tribal laws and updates to pending litigation. If you have any questions regarding any of these matters, please feel free to contact your Tribal Council members at (251) 446-1140 or the Legal Department at (251) 368-9136 Ext. 2525.

#### TRIBAL LEGISLATION

The Legal Department highlights below the 2014 amendment and recent revision to the Tribal Code:

#### <u>Title 33 (Tribal Employment Rights)</u>

TCO 2014-07 (September 18, 2014) amended Chapters 2 and 3 of Title 33 (Tribal Employment Rights) of the Poarch Band of Creek Indians Tribal Code relative to set-asides and certification requirements. The revisions included the following:

• Section 33-2-5(c) was revised to include general purpose for maintaining a Certified Business List and no longer required solely for determining potential set-asides;

• Section 33-2-7(e) was reformatted for clarity and to make it a separate Section 33-2-8 that addresses certification requirements for Indian Preference;

• Existing Section 33-2-8 (Withdrawal of Certification) was renumbered Section 33-2-9.

• Section 33-3-6(b)(2)(3)(4) was amended to remove three occurrences of the word "potentially";

• Section 33-3-6(b)(3) was amended by reformatting and adding new language in (i) to exclude contracts where Tribal Members must repay the Tribe for any portion of the contract amount; and

• In Section 33-3-6(d)(2)(iv), there were changes to two occurrences of the words "set aside" to "reserve" and "reserved", respectively.

Legislative Regulations under Title 2 (Legislative)

TCR 2014-086 (September 18, 2014) revised the Legislative Regulations, including:

• Designation of the Tribal Council Office to

disseminate newly executed legislation and both the Tribal Council Office and the Office of Archives and Records Management to distribute legislative document to tribal membership, upon request;

• Removal of the fee to Tribal Members for photocopies and facsimiles of Legislative documents;

• Review of legislative documents by Legal Department prior to the addition to the Tribal Council agenda; and

• Adoption of regulation relative to composing, drafting, organizing, and formatting legislation.

As always, to promote dissemination and public access to Tribal laws, Tribal Member public viewing is available during office hours at the Tribal Chair's Office, Tribal Council Office, Tribal Court, Education Department, and the Office of Archives and Records Management. The Tribal Code is also available online, 24 hours a day, by clicking on the links found on the Tribe's website, www.pci-nsn.gov. Also full copies of any Titles or amended legislation may be obtained by contacting the Office of Archives and Records Management at (251) 446-4540.

#### TRIBAL LITIGATION

#### <u>State of Alabama v. PCI Gaming Authority et al. (Federal</u> <u>Court)</u>

On February 19, 2013, the Alabama Attorney General, on behalf of the State of Alabama, filed a complaint against PCI Gaming Authority, individual Tribal Council members, and individual PCI Gaming Authority Board members (hereinafter collectively referred to as the "Tribe") in the Circuit Court of Elmore County, Alabama. The suit alleges that the Tribe's gaming activities are public nuisances and seeks to prohibit gaming on the Tribe's trust lands. The State of Alabama further claims that the Tribe is not operating on Indian lands, under the United States Supreme Court's 2009 decision in Carcieri v. Salazar, and that the Tribe's lands should not be held in trust.

The Tribe removed the State's complaint to federal court on March 21, 2013, and filed a motion to dismiss the

#### RVFO-RAKKO (december)

complaint on March 28, 2013. The State then amended its complaint in federal court to include both a state public nuisance claim and a federal public nuisance claim. The Tribe subsequently filed a motion to dismiss the amended complaint. The United States filed an amicus curiae brief in support of the Tribe, and the State of Michigan filed an amicus brief in support of the State of Alabama's position on July 3, 2013.

On April 10, 2014, Chief Judge Keith Watkins of the U.S. District Court for the Middle District of Alabama issued an opinion and order dismissing the State of Alabama's claims against PCI Gaming and various tribal officials.

The State of Alabama submitted a Notice of Appeal to the Eleventh Circuit Court of Appeals on May 5, 2014. The State's appellate brief was filed on July 7, 2014.

On July 14, 2014, the State of Michigan filed an amicus curiae brief in support of the State of Alabama's position. Michigan was joined by Arizona, Kansas, South Dakota, and Utah.

The Tribe filed its appellate brief on September 10, 2014. The United States and the United South and Eastern Tribes, Inc., filed amicus curiae briefs in support of the Tribe's position on September 17, 2014.

The State of Alabama filed its reply brief on September 24, 2014. The Eleventh Circuit Court of Appeals will now consider all of the briefs and issue a decision.

Huntley v. Poarch Band of Creek Indians, et al. (State Court)

On July 12, 2014, Lucretia Huntley filed a complaint against the Poarch Band of Creek Indians and PCI Gaming Authority d/b/a Wind Creek Casino (hereinafter collectively referred to as "the Tribe") in the Circuit Court of Etowah County, Alabama, alleging that she was injured at Creek Casino Wetumpka because of "congested aisles and crowded aisles and poor design of the design and placement of machines and aisles." Huntley alleges negligence and wantonness and seeks compensatory damages, punitive damages, and damages for mental anguish and emotional distress.

On September 23, 2014, the Tribe filed a Motion to Transfer Venue and a Motion to Dismiss arguing that

the court lacked jurisdiction and that the Tribe enjoyed sovereign immunity. Also, on September 23<sup>rd</sup>, the judge in the case ordered the Plaintiff to respond to the Tribe's motions within thirty (30) days. Plaintiff also filed an Objection to the motions on that day and asserted that the Tribe waived sovereign immunity by purchasing insurance. The court has not ruled on the motions or objection yet.

<u>Pierce v. Poarch Band of Creek Indians, et al. (State Court)</u>

Kevin Pierce filed a complaint against the Poarch Band of Creek Indians d/b/a Creek Travel Plaza and Creek Indian Enterprises d/b/a Creek Travel Plaza (hereinafter collectively referred to as "the Tribe"), and S. Rolin, Inc., in the Circuit Court of Escambia County, Alabama, on August 25, 2014. Plaintiff Pierce alleges that he suffered personal injuries as a result of allegedly defective design, construction and installation of a shower bench installed at the Creek Travel Plaza facilities. Pierce asserts both negligence/wantonness and breach of contract/ warranties claims and seeks compensatory and punitive damages.

Defendant S. Rolin, Inc. filed an Answer denying all allegations of the Complaint and disclaiming any liability on September 11, 2014.

The Tribe filed a motion to dismiss the complaint arguing that the court lacked jurisdiction and that the Tribe enjoyed sovereign immunity on September 29, 2014. That Motion is set for a hearing on October 14, 2014.



RVFO-RAKKO (DECEMBER)



LUNCHEON WITH THE ELDERS TUESDAY, DECEMBER 9, 2014 NEW SAIL CENTER

The Office of Archives and Records Management at the Poarch Band of Creek Indians invites you to the



### HOLIDAY LUNCHEON WITH THE ELDERS

Tuesday, December 9, 2014 at 12:00 noon

#### **SAIL Center**



#### Who is invited? Elders age 55 and older

Please RSVP to Carolyn Dortch or Casey Walker by Friday, December 5 at 368-9136 extension 2288 or 2615

As a variation of our Evening with the Elders program, we are hosting the Holiday Luncheon with the Elders to invite our elders to share stories with us about life, family, and tribal history. Lunch will be served at this special Holiday Luncheon with the Elders who are age 55 and older.

Questions? Contact Ms. Ellen O'Barr at 446-4531 or Dr. Deidra Suwanee Dees at 446-4540

RVFO-RAKKO (december)



## **YOUR HEALTH MATTERS** Small Decisions Make Big Things Happen

# Life is a Journey!

**2015 is right around the corner.** The New Year is a great time to reflect on everything you have accomplished and begin to think about goals for next year.

Think about how you've changed and the healthy habits you've formed. Think about how great it feels to live a healthy and happy lifestyle.

The New Year also offers us a fresh start and an opportunity to continue moving towards the life we really want. Have you thought about what you want most out of life?

Start by creating a picture in your mind of your ideal life and set your health and wellness goals to achieve that vision. Your vision will help you to focus on what you need to do. When you have a clear vision of what you want, you've reached the first step. Setting goals is the second step. Setting goals can seem overwhelming but they can also be inspiring!

#### Think of goals as:

- **Exciting**: Having goals will inspire you and motivate you through hard work.
- Specific: You want to define exactly what steps you want to take. For example, "I will exercise 2 times per week."
- As a Reality: Write your goals in the present tense and think of your goals as something you already have. "I am at my goal weight by August 2015." This gets you into the mindset that your goals are a reality and not just a dream.

At Advantage Training, we want you to become the person you want to be. Take time in December to think about your ideal life and what you want to achieve.



When you have a concrete plan in mind, it will help to keep you focused and increase your chances for meeting your goals.

#### Reach Your Goals By:

- Writing them down
- Reviewing them frequently
- Keeping the number of goals small

Having and keeping them in your mind will help you start living the life you want.

Here's to a happy and healthy you! Reach out to me if you have any questions and have a great December.

#### - Ashley

Ashley Richards is the Health Coach for Advantage Training. She believes in living a healthy lifestyle and that making small, sustainable changes can make a big impact. You can connect directly to Ashley by clicking on My Message Center/Talk to a Health Coach inside the My PCI Wellness online portal.

www.mypciwellness.com facebook.mypciwellness.com



RVFO-RAKKO (december)



## **YOUR HEALTH MATTERS** Small Decisions Make Big Things Happen

# **No Stretchy Pants!**

#### 4 Simple Ways to Beat the Holiday Bulge

Over the next several weeks you are going to be tempted and tormented by all sorts of treats. Too often, after one dessert, we throw caution to the wind and indulge on everything! If you find yourself with unbuttoned pants, bulging belly and eggnog mustache, take heart: the next meal is a fresh opportunity to get back on track. Follow these simple strategies to make it through the holidays with your waistline in check.

#### 1. Eat every 2-3 hours

Feeding yourself frequently throughout the day ensures that you are regulating your blood sugar level and stimulating your metabolism to burn fat. This will allow you to "burn hotter" throughout the day, utilizing fat as fuel.

*Fuel Tip:* High protein foods, like lean meats and low fat dairy, are great choices. You will feel full for a longer time and cravings will decrease.

#### 2. Choose foods high in fiber

Choosing foods with high amounts of fiber, like vegetables, beans and whole grains keeps will keep energy consistent throughout the day as well as contribute to healthy digestive health.

**Fuel tip:** Dive into a couple brightly colored servings of vegetables with each of your meals <u>first</u> to ensure you're getting all the nutrients and fiber you need. This will also help you feel full and keep you from eating too much dessert.

#### 3. Earn Your Sugary Treats with Exercise

------

Be realistic and don't try and deprive yourself of Aunt Linda's best dessert. Just save them until after an exercise session.

Fuel Tip: The 2-3 hours after exercise is the best time for your body to use the sugars in sweet treats, but be smart about portions.



#### 4. A Little Planning Goes a Long Way

The holidays present a dizzying array of demands: parties, shopping, baking, cleaning and entertaining, to name a few. Plan for success by knowing what you're making...and eating, ahead of time.

**Fuel Tip:** Ensure that healthier holiday food options are available to you by volunteering to bring "a healthy" dish to your holiday parties. That way, you know you have at least one healthy food option to choose from.

I wish you all the best this holiday season and in the new year. Cheers to your good health! -Ben

Ben Brown is the Nutritionist for Advantage Training. He believes the key to a successful nutrition plan rests on changing one's habits, rather than focusing on good and bad foods. You can connect directly to Ben by clicking on My Message Center/Talk to a Nutritionist inside the My PCI Wellness online portal.

www.mypciwellness.com facebook.mypciwellness.com



Poarch Creek News <b>RVF</b>	O-RAKKO (december)		
R.		VS & INFORMATION	
ECREAT	ION RITY	Youth Basketball League	
Registration: September 2 - December 12, 2014		Registration and Coaches applications are	
Registration open to community.		available upon request at the Recreation	
Age 5-18		Department and on the Recreation page of the web site www.pci-nsn.gov.	
Co-ed	Ages 5-6	Games will begin after completion of registration	
Male & Female Teams	Age 7 and up	and selection of teams. Schedule TBA.	
Registration: \$30		For more information contact the Recreation Department at (251) 368-9136 x 2256.	

### 2015 ADULT BASKETBALL LEAGUE

Registration: October 6, 2014 through December 31, 2014

Age 16 and up

Team Registration Fee: \$100.00

Games will begin after completion of registration.

For more information contact the Recreation Department at (251) 368-9136 ext. 2256.

## 2015 NASA BASKETBALL TOURNAMENT

Cherokee, North Carolina

January 8-11, 2015

Registration Deadline: December 5, 2014

PCI Team Registration Applications are available at the

Front Desk of the Recreation Department.

(Must be Tribal Member or 1st Generation to participate)

For more information contact the Recreation Department at (251) 368-9136 ext. 2256.





Join us on Friday, December 12, 2014 for the December "Lunch & Learn" from 12:00 p.m. - 1:00 p.m. The Housing Authority will be highlighted this month.



### Auditorium Of Building 500 Friday, December 12,2014 Featured: Housing

POARCH CREEK NEWS

RVFO-RAKKO (december)

A light lunch will be served and staff will be introduced. Programs will be explained so that Tribal Members will know what services/benefits the department/ program offers. There will also be time to mingle and ask questions of the staff.

Contact Tribal Administration at (251) 368-9136 x 2234 if you have any questions or concerns.

Lunch and Learn will not be continued in 2015.



## NEWS & INFORMATION Teamwork - Smart Recovery

SMART stands for Self-Management And Recovery Training. SMART Recovery is a self-help, abstinencebased program for people who want to kick an alcohol or drug or other addictive habit. Using principles of psychology, individuals help themselves to kick a problem habit, prevent relapses, and address habitrelated personal problems.

SMART Recovery meetings are open to all who are interested. There are no requirements. Meetings are focused on current problems and challenges that participants are facing to encourage an open dialogue and discussion. The goals are 1.) Learning how to increase motivation to quit, 2.) Handling urges without acting on them, 3.) Developing new ways of coping with problems, and 4.) Creating a healthy, positive lifestyle.

#### YOU ARE NOT POWERLESS, UNLESS YOU WANT TO BE...

the second s

SMART Recovery is a psychological approach to recovery that is not in any way 12-step related. SMART Recovery focuses on empowering the individual to choose abstinence, with the emphasis being on the individuals' own choices in one's own recovery. The meetings are free and self-supporting. There will be information and materials present for anyone who is interested.

#### **SMART RECOVERY**

Self-Management And Recovery Training SMART Recovery Advisor: Wes Hayles, M.S.

Friendly Holiness Church 3266 Atmosphere Road, Atmore, AL 36502 Thursdays @ 6:00 p.m.

Please contact Wes Hayles for any questions or further information at (251)368-9136, ext.2652 or whayles@pci-nsn.gov.

RVFO-RAKKO (december)

# NEWS & INFORMATION

### Identifying First Generation Descendants

The Tribal Enrollment Department is developing a data base of First Generation Descendants of the Poarch Creek Indians and requests assistance from Tribal Members to complete this project.

ribal Enrollment

EPARTMENT

The *Identifying First Generation Descendants* form is accessible to Tribal Members in the TMOP of the web site, www.pci-nsn.gov. Please list the name and birth date of all First Generation Descendants in *your* immediate family as well as any other First Generation Descendants that reside in your household. Please note that immediate family <u>does not</u> have to reside in your household to be identified on the form.

Please contact Tribal Enrollment at (251) 368-9136 x 2281 during regular business hours for any enrollment, genealogy, verification letters, and DNA related inquiries.

# **BIBAL** FINANCE EPARTMENT

## NEWS & INFORMATION Tribal Loan Portal/ Credit Card Payments



Tribal Government Finance has established a Tribal Loan Portal accessible to Tribal Members Only through a link on the front page of the Tribe's web site at www.pci-nsn.gov. The <u>Pay</u> <u>Tribal Bill Here</u> link is on the left sidebar of

the homepage under the Tribal Member Portal heading. Tribal Finance will provide usernames and passwords for the Tribal Loan Portal to all Tribal Members with a current loan as well as future Tribal loan program participants.

Tribal Government now accepts Tribal loan payments via VISA and Master Card through the Tribal Loan Portal or on-site payments at Tribal Government. VISA and Master Card payments <u>are not</u> accepted for other programs at this time.

If you have any questions please call Candy Byrd at 251-368-9136 ext. 2006 or Deborah Hammons at 251-368-9136 ext. 2007.

RVFO-RAKKO (december)

# NEWS & INFORMATIC

#### Tribal Gaming Commission (TGC) staff Billy Byrne, Monica Johnson, Kenneth Weekly, and Chris Gibson, held a workshop for other TGC main office employees on October 24, 2014 based on a formal training course they attended entitled Talking $\neq$ Communication. The purpose of providing the workshop in the office setting was to share information gained that would benefit other employees and save future training costs on similar topics.

**R IBAI** 

DMMISSI

**I**AMING

The workshop began with an overview of the formal training course by the employees leading the workshop and was followed by a brief synopsis of what they gained most from the course. The other employees participating in the workshop also took part in an exercise that was developed as a self-administered evaluation of one's working, thinking and learning style. At the conclusion of the exercise, many of the TGC employees learned more about themselves and

### Bringing Training Knowledge Home

the way they process information, as well as a better understanding of how those they supervise, or receive supervision from, may process and communicate information. Ultimately, the employees walked away understanding that it takes different thinking and learning styles of many to come together collectively and perform effectively as a whole.

The formal course, Talking  $\neq$  Communication, took place in Daphne, AL and was led by Mrs. Ramona Hill of Workshops, ETC. The training consisted of three parts featuring the "Importance of Effective Communication", "How to Lead a Successful Meeting", and the exercise examining the Learning, Thinking, and Working Styles of others.

Submitted by Chris Gibson, TGC Liaison

### BRIBAL MER EPARTMENT NEWS & INFORMATION UPDATE YOUR INFORMATION!

#### ALL 2015 PER CAPITA PAYMENTS WILL BE MADE BY DIRECT DEPOSIT ONLY.

In order for the annual Tribal Member distributions to be processed accurately, Tribal Member Benefits needs to be informed of any changes you may have to your personal information. If you have any change in your current banking account or address, please contact the Tribal Member Benefits Department at (251) 368-9136 ext. 2209 or 2207 so that a new Direct Deposit Form can be mailed to you to be completed and returned for processing by <u>Monday</u>, <u>December 15, 2014</u>. The Direct Deposit Form may also be downloaded from the Tribal Member Benefits page accessible through the Tribal Members Only Portal (TMOP). **No banking information changes will be taken over the phone.** 

IF YOU HAVE NO CHANGES TO YOUR ADDRESS OR CURRENT BANKING ACCOUNT INFORMATION, YOU <u>DO NOT</u> HAVE TO CONTACT TRIBAL MEMBER BENEFITS.

Resource Development/Tribal Member Benefits Department (TMB) has relocated to the Buford L. Rolin Health Clinic and is located on the second floor.

Please contact TMB at (251) 368-9136 x 2209 for more information relating to Tribal Member benefits, services, ID requests, or resource development.



Call (251) 446-ITIP (446-4847) to leave an As a partner with our Tribal Community, the anonymous tip about: Poarch Creek Tribal Police Department is

• Drug Activity

POARCH CREEK NEWS

- Alcohol Activity
- Known Underage Drinking Parties
- Recent Crimes-Thefts, Vandalism, Drug Sales, etc.
- Bullying
- Concealed Weapons
- Other Safety or Community Concerns

## NEWS & INFORMATION

### Tribal Police Tip Line (251) 446-ITIP (446-4847)

As a partner with our Tribal Community, the Poarch Creek Tribal Police Department is pleased to provide this service. We hope this service will be a great benefit to you as a citizen. Together we can make our community safer.

The Tip Line is not monitored; your name or phone number will never be required.

All information provided via the Tip Line will be investigated.

Larry Hammonds, Chief of Police

### Officer Steven Bradley Attends FBI FirearmS Instructor School

Officer Steven Bradley attended Firearm Instructor Training in Andalusia, AL October 6-17, 2014.

This 80 hour course was sponsored by the Mobile Office of the Federal Bureau of Investigations in conjunction with the Alabama Post Officers Standard and Training (APOSTC) Commission



Officer Steven Bradley

a qualified firearms instructor. He will be able to conduct firearm qualifications for the department including night/ low light training, combat training, and shotgun training courses.

The following were requirements for passing the course: pre-qualification in September, a score of 90% or better on the firing range,

Law Enforcement Academy Baldwin County and the Andalusia Police Department.

Upon completion of the class, Officer Bradley is now recognized by APOSTC as

85% or better on written exams and an acceptable rating on student presentation.

Congratulations Officer Bradley.



## NEWS & INFORMATION Transfer Of Ownership of Huxford Water Authority Completed

POARCH CREEK NEWS

On October 9, 2014 the culmination of two years of diligent work toward the transfer of ownership of the Huxford Water Authority was completed. Escambia Community Utilities (ECU), a subsidiary of the Poarch Band of Creek Indians Utilities Authority (PCIUA), accepted the responsibility of continuing to serve the Huxford Community with safe drinking water.

PCIUA has been managing and operating the Huxford water system for about twenty-three months. The customers of the water system have been supportive of the transition and can look forward to the continued high level of service.

PCIUA has already invested in upgrading/replacing failing equipment at the water treatment facility. In the coming weeks, PCIUA will begin replacing all the water meters, backflow devices, and cutoff valves to improve billing accuracy and reliability.

It is the goal of PCIUA/ECU to ensure that the Huxford community always has access to the clean, safe, and reliable drinking water that they deserve.



RVFO-RAKKO (DECEMBER)

Danny Gorum, Huxford Water Authority Chairman (left) and Josh Thomas, PCIUA/ECU Executive Director (right) are shown signing the Huxford Water System ownership documents.

### Shaun Livermore Earns Water Treatment Class I Professional Operator Certification

Shaun Livermore was recently recognized for earning the Water Treatment Class I Professional Operator (PO) certification and designation. This designation is the Water and Waste Water Treatment industry's first professional certification for water and wastewater operators. Livermore and five fellow POs took the stage at a special pinning reception and ceremony to be honored for their accomplishments.

The Certification Commission for Environmental Professionals (C2EP) offers the Professional Operator (PO) certification and designation for water

treatment, water distribution, wastewater collection and wastewater treatment operators.

Livermore is Operations Manager for the Poarch Band of Creek Indians Utilities Authority (PCIUA) and is a Certified Grade II Water Operator and Certified Grade III Wastewater Operator. He has worked with the Infrastructure Task Force, National Tribal Water Council, and other national efforts.

**Congratulations Shaun!** 

Submitted by Josh Thomas



Poarch Creek News **RVFO-RAKKO (december)** 



## CIEDA SMALL BUSINESS LOAN PROGRAM Creek Indian Enterprises Development Authority offers valuable business assistance to Tribal Members seeking small business loans.

Tribal Members seeking small business loans. Getting your loan request approved depends on how well you represent yourself, your business, and your financial needs.

The lending limit may extend up to \$100,000.00 in aggregate to any Tribal Member. All loans exceeding \$50,000.00 must be approved by the CIEDA Board of Directors.

Additional credit criteria as well as loan collateralization requirements apply.

If you are a Tribal Member who owns a business or is thinking about starting a business and are interested in obtaining a small business loan, please contact Donna Henry, Economic Development Coordinator, at 251-368-0819, or by e-mail at <u>dhenry@pcicie.com</u> for additional information or to schedule an appointment. Working as the economic development arm of the Poarch Band of Creek Indians, Creek Indian Enterprises Development Authority (CIEDA) oversees the non-gaming enterprises owned by the Tribe. CIEDA actively supports each business achieving their specific business goals and to grow and maintain economic sustainability as put forth by the CIEDA Board of Directors and Tribal Council.

Additionally, CIEDA executes and oversees building, construction and development projects commissioned by the Tribe.

# Out On The Land

Poarch Creek Indians, Magnolia Branch and Perdido River Farms were featured in an episode of Out on the Land, a television series that showcased the Tribe's conservation efforts.

Here is the link if you want to check it out!

http://outontheland.com/season-4-episode-41-poarch-band-of-creek-nation-conservationactivities/

RVFO-RAKKO (december)



Mission: Helping people help the land

Vision: Productive soil, healthy land

The Natural Resources Conservation Service (NRCS) is the USDA agency which works at the local level to help people conserve all natural resources on private lands.

Visit the NRCS web site <u>www.al.nrcs.usda.gov</u> to see updated news and information about services that may be helpful to you and your family.

Other sites that may be of interest to Tribal Members include:

Farm Service Agencies

<u>www.fsa.usda.gov</u> <u>www.fsa.usda.gov/al</u> <u>www.nrcs.usda.gov/farmbill</u>

USDA Rural Development <u>www.rurdev.usda.gov</u> <u>www.rurdev.usa.gov/al</u>

Alabama Forestry Commission www.forestry.state.al.us

For more information contact:

David Elliott, NRCS Tribal Liaison 5535 Poarch Road, Atmore, AL 36502 (251) 368-0826



arch

**Jreek** News

### 2014 Advarding Rate Sheet

Ad Sizes	Dimensions (W x H inches)	Cost (Per Monthly Issue)			
Inside Front/ Back Cover (Inquire for availability)	7.5" x 10"	\$300.00 Per Issue			
Full Page	7.5" x 10"	\$250.00 Per Issue			
Half Page	V 3.75" x 10" H 7.75 x 5"	\$150.00 Per Issue			
Quarter Page	3.75" x 5"	\$75.00 Per Issue			
Business Card Tribal Member Owned Business Only	3.5" x 2.25"	Free Business must be 51% Tribal Member owned			
Poarch Creek N 5811 Jack Springs Atmore, AL 36	ews like winking a Road know what yo	s without advertising is at a girl in the dark. You ou are doing, but nobody Stewart Henderson Brit			

The *Poarch Creek News* is the official newsletter of the Poarch Band of Creek Indians.

#### SUBMISSION DEADLINE:

5th of the month prior to month of publication; if the 5th falls on a holiday or weekend, the deadline is extended to the next business day.

Poarch Creek News does not develop/ create ads. Please submit all camera ready ads in high resolution 300 ppi jpeg or PDF format.

Ads must be paid in full by established deadline. Payment in form of cash or check only. No credit or debit card accepted. Make checks payable to Poarch Creek Indians

Invoices will be generated after first ad or upon request; use copy of this rate sheet as backup for payment.

Advertisers will receive a free subscription to newsletter as long as ad runs.

Subscription to *Poarch Creek News* available to general public for annual fee of \$20.

Contact Gayle Johnson, Media Specialist, at (251) 368-9136 x 2210 or via email at gjohnson@pci-nsn.gov for more information or to purchase your ad.

Find out more about the Poarch Band of Creek Indians at pci-nsn.gov.

POARCH CREEK NEWS

#### RVFO-RAKKO (december)







### DAVID MORRIS CONSTRUCTION



New Construction Additions • Remodeling Painting . Vinyl Siding Locally Owned Licensed & Insured Alabama Home Builders License

DAVID MORRIS Cell: (251) 680-6885

P.O. Box 287 Perdido, AL 36562





Lose 25 lbs. in 8 wks!

\* No Drugs! \* No Pills! \* No Shots!

\* Eat Real Food!

Nomen's Weight Control &Wellness Center

(850) 477-0444

www.womensweightandwellness.net





For your entertainment.

**Leap Frog:** Below is a list of magazine titles-one two-word title for each number. Their letters are in the correct order but they overlap. All you have to do to find the titles is separate the letters.

*Example: FACIMRCILELY* = *FAMILYCIRCLE* 

The answer to #6 has been provided as another example. The answer will be published in next month's issue.

1.	MTROETNORD					
2.	ABPPOETNIT					
3.	HOUGSOEKEOEP	IDNG				
4.	STROLOLNINGE					
5.	BUWESIENESKS					
6.	ISPLOLUSRTRTAS	TED	<u>SPORTS</u>	ILLUSTRATED		
7.	REDIAGDESERTS					
8.	SLOUITHVIERNG	Ν				
9.	WENTEEREKTAIL	NMYENT				
10.	MEPOCHPUALNA	IRCS				
					www.kappapuzzles.com	
Ch	ristmas Riddles		Q.	Why did the elf push	his bed into the	
Q. A.	Which elf was the best s ELFis Presley.	inger?	А.	fireplace? Because he wanted to sleep like a log!		
Q. A.	How long should a reindeer's legs be? Just long enough to reach the ground!		Q. A.	What's red and white, red and white, and red and white? Santa Claus rolling down the hill!		
Q.	What's the difference between the Christmas alphabet and the ordinary alphabet?		Q. A.	Where do snowmen I In a snowbank.		
А.	The Christmas alphabet has NOEL!		Q.	Who says "Oh, Oh, Oh!"?		
Q. A.	Why is Santa so good at karate? Because he has a black belt!		А.	Santa walking backwards! www.squiglysplayhouse.com		
Answe	rs to last month's puzzle -				www.kappapuzzles.com	
1 2 3 4	Guard for wellborn folks Classic convenient wear Sharp sleuth English firearm	Gentry Sentry Simple Wimpl Effective Detec Bristol Pistol	e 7	Fabric store special Suspicious sprite Upscale cuisinart More fluent liar	Precale Sale Wary Fairy Nicer Slicer Glibber Fibber	

Slight Knight

10

Half-hearted cheer

- 5 Small jouster
- 74 Pale-Kulvpaken Ostv-kaken

Blah Rah



# **JECEMBER** (RVFO-RAKKO) 2014

Changes in LIHEAP and CSBG Services began October 1, 2014

Youth Basketball League Registration Ongoing through December 12, 2014

Adult Basketball League Registration Ongoing through December 31, 2014

Purchase Tribal Hunting License Tribal Government Accounting Monday - Friday 8:00 a.m. - 5:00 pm

Monday December 1, 2014 First day to pick up Spay/Neuter vouchers from Environmental Department.

Monday, December 1, 2014 Last day to submit application for Board and Committee Vacancies.

Friday, December 5, 2014 Deadline to submit information for publication in January 2015 issue of Poarch Creek News

Friday, December 5, 2014 Free Retinal Screening Premiere Family Eyecare 2:00 pm - 4:000 pm

Saturday, December 6, 2014

Special Election Day Community Resources Building (Old SAIL Center) Polls Open 8:00 a.m. - 7:00 pm

Saturday, December 6, 2014 Jingle Bell 5k Walk/Run 8:00 am @ Health Department

Thursday, December 11, 2014 Kids Christmas Party Wind Creek Cinema 5:00 pm

Friday, December 12, 2014 Last day to update Housing applications

Friday, December 12, 2014 Lunch and Learn 12:00 noon - 1:00 p.m. Building 500 Auditorium Featured Department: Housing

Monday, December 15, 2014 Last date to submit updated Direct Deposit Form for 2015 Per Capita distributions.

Friday, December 19, 2014 Tribal Offices & Boys & Girls Club close at 12:00 noon for Employee Christmas Party.

Wednesday - Friday December 24-26, 2014 Tribal Offices & Boys & Girls Club closed in observances of Christmas holidays.

Tuesday, December 9, 2014\* A Luncheon With The Elders Age 55 and older New SAIL Center 12:00 Noon \*Please note the change in time and location.

Tribal Council Meetings Thursday, December 4<sup>th</sup> & 18<sup>th</sup> 4:00 pm Tribal Council Chambers

Tribal Court Sessions Monday, December 8<sup>th</sup> & 22<sup>nd</sup> 9:00 am Tribal Courtroom

**CIEDA Meetings** Friday, December 5<sup>th</sup> & 19<sup>th</sup> 7:30 am **CIEDA** Offices

**CMCA** Monday, December 1<sup>st</sup> & 15<sup>th</sup> 4:00 pm Tribal Museum/Welcome Center

Housing Authority Meetings Thursday, December 11<sup>th</sup> 4:00 pm Building 400 Conference Room

**Recreation Authority Meetings** Thursday, December 4th & 18th 11:00 am Recreation Department (Gym)

> **Poarch Creek Indians** 5811 Jack Springs Road Atmore, AL 36502

CHANGE SERVICE REQUESTED

**TERO** Commission Meetings\*

Tuesday, December 9<sup>th</sup> & 23<sup>rd</sup> 8:00 am Building 600 Training Room \*Please note time change.

#### 4-H Club

Monday, December 8<sup>th</sup> & 22<sup>nd</sup> 6:00 pm Education Department

Story Time Wednesdays at @ 12:15 pm PCI Library

#### After School Tutoring and Homework Club

For Tribal Members & 1st Generation Descendant students in grades 1-12 Education Department

Gym & Weight Room Hours Monday - Friday 6:00 am - 8:00 pm Saturday 10:00 am - 4:00 pm

#### **Batting Cages Closed**

Pool & Splash Pad Closed For Winter

Playground Pavilion/No reservations needed No set time for usage/First come first serve

Thursday & Friday January 1-2, 2015 Tribal Offices & Boys & Girls Club closed in observance of New Year's holiday.

Happy Holidays!

Wishing you a happy holiday season and prosperous new year!

Poarch Creek News

**PRSRT First Class** US Postage Paid Permit No. 2113 Atmore, AL

Newsletter Contact Information Poarch Creek News

The Poarch Creek News is the official newsletter of the Poarch Band of Creek Indians.

> Government Relations Department Gayle Johnson, Media Specialist (251) 368-9136 x 2210 gjohnson@pci-nsn.gov <u>www.pci-nsn.gov</u>

