

POARCH CREEK NEWS

VOLUME 26 • ISSUE 03

MARCH 2009

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Poarch Creek News

www.poarchcreekindians-nsn.gov

Deadline for submission

The first working day of each month

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Photo Submission Request

This year the *Poarch Creek News* has changed the style and format for Upcoming Events, formerly Schedule of Events. As space allows we will feature a photo in the top right hand corner of this page. We are requesting Tribal Members to submit photos to be used in this area. We will accept color and black & white photos. Photos must be appropriate and in good taste; we reserve the right to refuse publication of photos if deemed inappropriate or distasteful.

We are looking for unique photos such as landscapes, weather, sunrise, sunset, flags, animals, etc. When submitting photos, via e-mail or U.S. Postal Service, please identify what the photo is about, identify any individuals in the photo, and identify who took the photo. Please remember that submission does not guarantee publication.

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Chairman's Corner March, 2009

Well we are in to our third month of our new year and time really is flying by. During the first week of February

we hosted our 4th annual Legislative Event at the Alabama Archives in Montgomery, AL. We hosted an evening of entertainment by our Pow Wow Club dancers and were introduced to our special guest Blaze, the Alabama Forestry Dog, who is sponsored by the Tribe. Our Tribal Youth Council went along to volunteer their services and in turn was able to meet some of our Alabama law makers.

During the second week of February a group of staff and Tribal Council members traveled to Washington, DC for the annual USET Impact Week meetings. They were able to meet with Senators and Congressmen while making beneficial contacts with many other influential people.

I concluded the month of February by traveling to Santa Rosa, CA for the Tribal Leaders Diabetes Committee meeting of which I am Chairman. The meeting was, as always, productive in our fight for the best care for our diabetic patients nationwide.

In closing I would like to invite everyone of you to visit our new Wind Creek Casino and Hotel. It is a true testament to our hard work and perseverance. Hope to see you there. Mvto

Wind Creek Announces Expansion

An adaptation of an article by MaryClaire Foster of The Atmore Advance

A day before the Wind Creek Hotel's official grand opening, Creek Indian Enterprises unveiled their plans for two new additions to the new facility, The Spa and The Cooking Studio, a pond, infinity pool, and a 2,000 seat outdoor amphitheater which are slated to open in July of this year. These will expand the excellent amenities already available at the casino and hotel, truly making it a resort.

While the official grand opening of the hotel was Saturday, January 31, 2009, guests began arriving on Monday, January 26, 2009; the hotel was booked to the 236 room capacity for the first weekend according to Brent Pinkston, PCI Gaming's VP of Marketing. He said that occupancy rates were high for the next coming weeks.

Luxury is certainly the theme of the services provided by Wind Creek Hotel; the high luxury is apparent in the four and five diamond quality amenities it offers. Wind Creek is expected to be evaluated by the AAA in the next few months and is expecting a four diamond rating, equaling of the most luxurious hotels in the nation. Luxury is also the theme for the spa and cooking studio. Guests to the spa will be able to soak in cabernet sauvignon baths and be cloaked in a chocolate scented body wrap along with a large variety of other options. The cooking studio, headed by executive chef Stafford DeCambra, is partnering with Sub-Zero/Wolf, a top manufacturer of high-end kitchen equipment, will offer rotating classes beginning in July. The cooking studio will offer "watch and learn" auditorium style classes along with "hands on" courses with culinary professionals.

The amphitheater will sit at the edge on a pond, which will be located where the Creek Entertainment Center once stood. The cooking studio and spa will be located on an island in the middle of the pond, surrounded by sidewalks, and patio areas. A large infinity pool will also be located outside the casino for hotel guests to enjoy.

Note: Thanks to The Atmore Advance for allowing us to reprint portions of their article published on February 2, 2009. Please visit their website at www.atmoreadvance.com to read the entire article.

BIRTHDAY WISHES

Reminder Due to limited space, birthday wishes will be featured **the month prior to the birthday, the month of the birthday, or the month after the birthday.** If you are submitting a birthday wish, please remember the submission deadlines; birthday wishes submitted after the submission deadline of the month after the birthday will not be published.

Teresa Jay



Teresa Jay celebrated her 32nd birthday on February 26, 2009. Teresa is the daughter of Rose McGhee and Johnnie Lee. She is the granddaughter of Clara Gray and the late Otis McGhee and Edna & Garrett Lee. She is the great granddaughter of the late Mamie and Lawrence McGhee.

Willis "Cruz" McGhee

Cruz McGhee will celebrate his birthday on March 1, 2009. His newborn baby daughter Marlie wishes him a very happy birthday.



Dennis Vickery



Dennis Vickery will celebrate his 54th birthday on March 5, 2009. Dennis is the son of the late Wilbert & Larnicle Vickery.

Rose McGhee

Rose McGhee will celebrate her 54th birthday on March 6, 2009. Rose is the daughter of Clara Gray and the late Otis McGhee and the granddaughter of the late Mamie and Lawrence McGhee.



Mikayla Spruill



Mikayla Spruill will celebrate her 11th birthday on March 8, 2009. Mikayla is the daughter of Susan and Mark Spruill of Atmore, AL. Happy Birthday from your family.

Pamela Menzel Williamson

Pam Williamson of Fairfield, CA will celebrate her birthday on March 21, 2009. Pam is the daughter of George and the late Evon (Bonnie) Menzel. Happy Birthday, we love you. Your aunts and cousins in Alabama.



BIRTH ANNOUNCEMENTS

Reminder Due to limited space, birth announcements will be featured the month after the birth or the second month after the birth as long as the birth announcement is turned in **no later than the last day of the month after the birth**, i.e., if you have a birth announcement for a child born in March, you can submit your info any time up to 5:00 p.m. Thursday, April 30, 2009. If you are submitting a birth announcement, please remember the submission deadlines; birth announcements submitted after the submission deadline as listed above will not be published.

Jarrell Alex Hollinger, Jr.



Alexis Ann Hollinger is happy to announce the birth of her little brother Jarrell Alex Hollinger, Jr. on December 30, 2008 at Monroe County Hospital in Monroville, AL. At birth A. J. weighed 7 lbs 5 ozs and was 21 inches long. A.J. and Alexis are the children of Jarrell & Angel Hollinger of Uriah, AL. Grandparents are Judith Ann Wilson and Alex (Buster) & Yvonne Hollinger and the late Patricia Woods Hollinger, all of Uriah.

Marlie Jayden McGhee



Marlie Jayden McGhee was born December 17, 2008. At birth Marlie weighed 6 lbs. 13 ozs. and was 19 inches long. Marlie is the daughter of Willis "Cruz" and Celeste McGhee. She is the granddaughter of Janet and Randall Ward and Kathy Smith and Mark Byrne. She is the great granddaughter of Betty McGhee Peacock and Kent McGhee and the great great granddaughter of Arentha and the late "Willis" McGhee.

Stanley "Chico" Walker



Chico Walker will celebrate his birthday on March 24, 2009.
Not quiet 50,
Now that's nifty;
But 49 and counting!
Happy birthday from your loving wife.

Joshua Spruill



Joshua Spruill will celebrate his 6th birthday on March 27, 2009. Joshua is the son of Susan and Mark Spruill of Atmore. Happy Birthday from your family!

Mace McGhee



Mace McGhee of Bellingham, WA will celebrate his birthday on March 27, 2009. Mace is the brother of Hazel Brice, Betty Caraway, Clara Jones, Karen Findley, and Kim Flowers. Happy Birthday from all your sisters, nieces, and nephews. We love you.

An Introduction to the Public Works Department

The Public Works Department provides the management and maintenance of the Tribe's infrastructure, including roads; buildings and structures; vehicles and equipment; upkeep and maintenance of Tribal grounds; beautification and cleanup projects; and garbage pick-up for Tribal subdivisions and Tribal Complex. It is the goal of the Public Works Department to provide top quality, professional, effective and timely delivery of services. *'Sounds kinda fancy don't it!'* Truth be known, the Public Works Department is the backbone of the Tribal Complex. They are the first to be called when something goes wrong; they are the ones who move staff from office to office; they move furniture, hang pictures, change light bulbs, fix toilets, and chase birds out of the buildings. Public Works has been called to remove snakes, rats, spiders, and other creepy, crawly things that find their way into Tribal Offices. They take it all in stride, get the job done and move on to the next thing on their list.



According to Public Works Executive Director, Willis M. "Kent" McGhee, Jr., the department also administers nine different grants; oversees 126 miles of road, maintains five Indian Cemeteries, the Tribal fuel depot, and three motor coaches. "The Bureau of Indian Affairs (BIA) has recently approved our upgraded road inventory from 29 miles to 126 miles. The 126 miles includes all roads on or near the Reservation. We pave, repave, and/or overlay and keep the ditches cut on all roads on the Reservation as well as the major roads in and around the Reservation. We have just completed overlaying Indian School Road, Martin Road, and the portion of Green Road from the four way stop at Martin Road to Lynn McGhee Drive. We continue to seek funding for additional road work so that we can improve other roads in our area."

The three Motor Coaches (buses) owned by the Tribe are used on an almost daily basis for transportation purposes. Teresa "Shada" Thomas, Transportation Programs Coordinator, stated "Our motor coaches are used for Tribal functions and church or education excursions which involve Tribal Members. We try to help our Tribal Members as much as possible. We consider the usage of the buses to be part of the Tribal Member Benefits Program, which is overseen by Tim Manning, Tribal Member Benefits Executive Director."

Kent also emphasized that the management of the fuel depot is a task that requires daily activity. "We have to bill out the fuel. Margie (Rolin) goes through the fuel tickets daily to determine how much fuel was used, who got fuel and which program to charge it to. She will send out a monthly statement to Tribal Government Accounting. Tribal Government Accounting will bill each individual department for payment of the fuel used during the month."

Public Works has a three bay maintenance shop where maintenance and repair is performed on Tribal vehicles and equipment on a daily basis. "People do not realize what goes through the maintenance shop. Paul (Pearson) and Patrick (Strickland) are responsible for the upkeep and repair of all Tribal vehicles and equipment. We have Tribal police cars in the shop on a daily basis. They will change the oil and perform other repair and maintenance

as needed. It is our goal to do all the work on site; we seldom have to send a vehicle or piece of equipment to an outside shop for repair."

When you think of Public Works, you can't forget the facilities staff. Jim Shiver, Facilities Engineer, and Clayton Coon, Facilities Assistant, are responsible for everything from top to bottom in the Tribal buildings; everything from lighting, phones, air conditioning, plumbing, etc. Linda Weaver, Custodian Supervisor, and her staff of custodians are the first into the buildings on a daily basis and work hard to have their assignments completed and out of the way by the time staff comes in at 8:00 a.m. Sometimes the custodians are taken for granted; people just expect things to be taken care of. Linda and her staff come in early and work hard to make sure the offices are presentable and functional for staff when they arrive. They come in after hours or on weekends to do mundane task such as

stripping and waxing the floors and cleaning the carpet. Next time you see one of the custodians, give them a pat on the back for the hard work they do.

"The boys" of Public Works are a valuable commodity. We are talking about Chris "Ding Ding" Blackburn, Earl Jackson, Kevin Waters, Nick Behan, Jason Davis, Jason "J-Nut" Taylor, Billie Joe Gibson, Bo Bray, and Donnie Jackson. If there is anything that needs to be done, "the boys" will be there to do it. They can be cantankerous at times, but you can depend on them getting the job done. Ding Ding, Earl, Kevin, and Donnie are the ones that will haul dirt to Tribal Members and to any construction project the Tribe has undertaken. They will build foundations for buildings and parking lots, and help with NRCS, IHS, CIEDA, and Utility Authority projects as needed. Jason Davis with his grounds crew will be the first to show up to help move staff from office to office, hang pictures, and move tables and chairs for Tribal events in addition to maintaining Tribal grounds. Not a day goes by that you don't see them out and about on a tractor. Jason and his crew also operate the garbage truck. Trash is picked up in the Tribal Complex on a daily basis with garbage pick-up at the Tribal subdivisions on Tuesdays. Don't think garbage detail is done once the garbage is picked up at the last rental unit. After completing garbage pick on Tuesdays, the garbage is taken to the landfill in Brewton.

As previously stated, Public Works is responsible for maintenance and repair on all Tribal Administrative buildings including the Fire Station, the Fred L. McGhee Learning Center, Calvin McGhee Cultural Authority and Grounds, the Tribal Police Station, and Tribal Council Offices. The Public Works staff is on the job at 7:00 a.m. every morning, working hard to make sure the Tribe can be proud of its facilities and grounds when we have visitors such as Governor Bob Riley.

To sum it all up, if you need something Public Works is here to assist you. "We are the *"information center"* of the Tribe! If someone has a question and does not know the answer, they call us! If we don't know the answer, we will send you to the person who does."



Custodial staff seated l-r Linda Shipp, Shirley "Pug" Roberson, and Velma Hollingworth. Standing l-r Linda Weaver Custodian Supervisor, Eva Nell Burkett, Chasidy McGhee, Lillie Bell Tucker, Kim Rolin, and Betty Peacock. Not pictured is Kathy Hill.

Joseph B. Brogden Sworn in as Tribal Judge

On Friday, January 30, 2009 Joseph B. Brogden of Atmore, AL was sworn in as Tribal Judge by Tribal Chairman, Buford L. Rolin. After taking the Oath of Office Judge Brogden returned to Tribal Court to begin what we hope is a long term commitment with the Tribe. As Tribal Judge, Judge Brogden will oversee issues related to Tribal criminal, civil, and domestic issues. Thomas B. Brown of Atmore, AL is serving as an Interim Judge and will continue to oversee Drug Court issues until such time as a Drug Court Judge is selected. Judge Brogden will be busy for the next year attending several trainings regarding various American Indian Laws, Tribal Judicial Authority, and Tribal Jurisdiction.

After graduating from Auburn University with a Bachelor of Science Degree in Business Administration, Judge Brogden served a tour of duty with the U.S. Navy. Upon completion of his tour he moved to Atlanta, Georgia and accepted employment as a claims adjuster for an insurance company. While in Atlanta he met and married his wife, Louise. The Brogdens subsequently moved to Birmingham, AL where he continued his work as a claims adjuster and enrolled in Cumberland School of Law at Samford University. He graduated in the top 10% of his class with a Doctorate of Jurisprudence in 1969.



After graduation the Brogdens moved to Atmore where he began to practice law. During his years of law practice, Judge Brogden served as Municipal Judge for the City of Atmore; Assistant District Attorney for Escambia County, and Special Assistant Attorney General for the State of Alabama. He is a member of the Alabama Bar Association, American Bar Association, Escambia County (AL) Bar Association, and the Florida Bar Association.

Judge Brogden practiced law for approximately 16 and a half years before being appointed to the circuit bench by Alabama Governor Guy Hunt. During his tenure as Circuit Court Judge he attended and completed coursework for trial courts of general jurisdiction at the National Judicial College as well as more than 300 hours of continuing judicial education

offered by the Alabama Judicial College. He retired from the bench in January of 2007 and has been serving a Judge for the City of Atmore's Municipal Court and practicing law.

Some of you may remember Louise Brogden, she works at the Atmore Community Hospital as Dietician and was contract Dietician with the Tribe for several years during the 1980s.

CIEDA Seeking Incubator Application

Submitted by Bridget Wasdin, COO

Creek Indian Enterprises Development Authority (CIEDA) is now seeking incubator applications for participants who would be interested in leasing property located at 4455 Hwy 21, Atmore, Alabama. The subject property includes office/shop space and may be subdivided into two leased properties. Interested individuals need to contact the office of Creek Indian Enterprises Development Authority at 251-368-0819 in order to obtain an application. All applications must be submitted to the CIEDA office location, 100 Brookwood Road Atmore, Alabama 36502 no later than 5 p.m. on Monday, March 30, 2009. For any additional information please contact the office of CIEDA at the number indicated above.

Entry Criteria for Incubator Companies

- Business must be in startup mode
- Company must submit a business plan
- Product/Service must fit the specifications of the building
- Personnel should have technical knowledge of product/service
- Company must show promising economic development potential
- Company must have 51% Tribal Member Ownership

Business Criteria

- Sufficient resources to sustain company through incubation period
- Show growth potential for the company
- Personnel must be knowledgeable of business practices related to product/service
- Show potential to graduate in 5 years

Nike Air Native N7 Campaign A Success

*If you can walk to the door, you can walk to the mailbox
If you can walk to the mailbox, you can walk around the block.
If you can walk around the block, you can walk a mile.
If you can walk a mile, you can fight!*

Air Native, the first athletic shoe designed for the Native American Foot.

The Wellness & Activities first brought these shoes to our attention in 2008. That campaign was so successful they are presenting us with a second opportunity to obtain a pair of these shoes. If you are interested in obtaining a pair of these shoes, complete the order form in this issue, remove it and forward it as specified on the form.

We would like to share some of the comments of Tribal Members who purchased a pair of these shoes in 2008.

"LOVE THE SHOES MAKE MY FEET FEEL REAL GOOD AND TRUE TO THE SIZE AM INTERESTED AND GETTING MORE."

"I FOUND THE SHOES VERY COMFORTABLE. SIZE WAS TRUE. HAS BEEN TOO COLD AND WET TO WEAR OUT BUT WHEN I HAVE HAD THEM ON AROUND THE HOUSE THEY HAVE BEEN COMFORTABLE AND NOT TOO HEAVY. NO WEAR MARKS ON MY FEET LIKE REGULAR SHOES. IT WAS A GOOD BUY. I AM PLEASED." ---Marie Savoy

"I LOVE THEM. MY KNEES DON'T HURT WHEN I WALK NOW." ---Mary McElvain

::Nike Air Native N7::

THE FIRST ATHLETIC SHOE DESIGNED FOR THE NATIVE AMERICAN FOOT

Nike has unveiled what it said is the first shoe designed specifically for American Indians, an effort aiming at promoting physical fitness in a population where problems with obesity, diabetes and related conditions are near epidemic levels in some tribes. The Wellness & Activities Authority initially put out this information in 2008; there was such a great response, they are offering Tribal Members another opportunity to obtain these athletic shoes.

MEN'S STYLES:

SIZES: 6-14 (INCLUDING ½ SIZES)



318462-001



318462-101



318462-221

Women's Styles:

Sizes: 5-12 (including ½ sizes)



318463-141



318463-101



318463-771

Style No: _____ Size: _____ Qty: _____

Style No: _____ Size: _____ Qty: _____

Style No: _____ Size: _____ Qty: _____

Total Qty: _____ x \$50.00 each = Total Price: \$_____

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone No: _____ Alt. No: _____

Email: _____

The cost is \$50 per pair, shipping and handling included. Payment must be made when order is placed. We will accept cash, checks, money orders, or cashier's checks made payable to Poarch Creek Indians. Please allow 2-6 weeks for delivery. Please return order form to Poarch Creek Indians, Wellness & Activities Center (Gym), Attn: Dana Jones, 5811 Jack Springs Road, Atmore, AL 36502.

****Orders must be received by Monday, April 13, 2009 at 5:00 p.m.****

Shoes fit true to size. Please choose your shoe size carefully. The Poarch Creek Indians Wellness & Activities Authority is not responsible for shoe defects or incorrect fit.

Education Financial Aid News

Submitted by Billie McGhee, Education Coordinator

Explore Health Careers.Org

Are you looking for a new career or do you want to know more about Health Careers? Their site provides information on careers in various health fields and a Question & Answer link that provides even more information. The site is offering a "FREE Health Career Planning Kit" if you register at <http://www.explorehealthcareers.org/en/friendinvitation.aspx>.

Dr. Nancy Foster Scholarship Program

National Oceanic Atmospheric Administration (NOAA) is making graduate scholarships available to students majoring in oceanography, marine biology and maritime archaeology. The application and details are available at <http://www.sterscholars.noaa.gov/>. The application deadline is March 31, 2009. Contact: Chantell Haskins and Priti Brahma
NOAA Office of Education
1315 East-West Highway
Silver Spring, MD 20910
(301) 713-9437 x150

Full-Ride Engineering Scholarship for Native American Student at University of Houston

The University of Houston has a full ride engineering scholarship for Native Americans who are a citizen of a federally recognized tribe. Preference is given to Cherokee or Choctaw student; however other tribes may apply. There is also a second scholarship for \$5,000 for female engineering students. The engineering scholarship can be used for any engineering discipline. Students may apply for admission online at www.uh.edu.

Minority Access Internship Program

Internships are available for spring, summer and fall. The deadline for summer internships is March 1, 2009. Interns receive recognition, training, counseling and college credit from their participation in the internship program. The students will work in a management, professional or technical fields. Transportation is provided to the internship site and home after the internship. Stipends and assistance with finding housing is also provided. Applicants should have a 3.0 GPA. Interns can be college sophomore level to a graduate or professional student studying any field of study. The application and additional details are available at http://minorityaccess.org/intern_program_04.htm.

Veterans' Education Benefits for States in the East and South

<http://education.military.com/money-for-school/state-veteran-benefits-south-east>

Native American Scholarship Programs with Spring Deadlines

1. **American Indian Education Foundation**
http://www.nrcprograms.org/site/PageServer?pagename=aief_index
Deadline is April 4, 2009
2. **Alabama Commission on Indian Affairs**
<http://aiac.alabama.gov>.
Deadline is March 6, 2009
3. **American Indian Services Scholarship**
https://secure.mytechsupport.com/~ais/students_application.html
Deadline of application is May 15, 2009 for classes starting in June 2009.
4. **Catching the Dream**
<http://www.catchingthedream.org/Scholarship.htm>
Deadline is March 15, 2009 for summer and April 15, 2009 for fall 2009
5. **Indian Health Service Scholarships (IHS)**
www.ihs.gov
Apply online by March 28, 2009 (deadline for new students)
6. **International Order Of The King's Daughters And Sons, Inc. North American Indian Scholarship**
<http://www.iokds.org/scholarship4.html>
Deadline for the application is April 15, 2009
7. **Native American Scholarship**
<http://www.dar.org>
Deadline is April 1, 2009 for fall 2009
8. **United South and Eastern Tribes, Inc. Scholarship**
<http://www.usetinc.org/defaultpage.cfm?ID=16>
Deadline is April 30, 2009

Fred L. McGhee First Generation Indian Descent Scholarship Program

The Poarch Band of Creek Indians is excited about the opportunity to serve our Tribal Community through the Fred L. McGhee First Generation Indian Descent Scholarship Program. This is a wonderful chance for us to assist you in making your dreams a reality. Deadline for application submission April 17, 2009. You can find more information about the First Generation Indian Descent Scholarship and the Leadership Scholarship on Education's page of the Tribal web site: www.poarchcreekindians-nsn.gov.

Information on the following can also be found on the Tribe's web site: Tuition Assistance

McGhee-Tullis Tuition Assistance Program
Homework Club/After School Tutoring
4-H Program
College Horizons 2009
Financial Aid Assistance

Lee Inducted in PJC Phi Theta Kappa

Submitted by Myra King

The Paris Junior College Phi Theta Kappa chapter, the international honor society for two-year-colleges, recently inducted twenty three new members; among them was Tribal Member Shavon Lee. Phi Theta Kappa is the largest honor society in American higher education with more than 1.7 million members and 1,100 chapters throughout the 50 states, territories, Canada, and Germany.

Shavon, the daughter of Myra and Danny King, would like to acknowledge and thank the Tribe for giving Tribal Members such as herself the opportunity to continue their education.



Clark Places Second in Spelling Bee

Submitted by Christyn Sells

Haliey Clark, the 13 year old granddaughter of Lillie Brooks, placed second in the Escambia County Spelling Bee held in Flomaton, AL on January 2, 2009. Haliey is an 8th grade student at the Escambia County Middle School.



Haliey is an active member of both the Poarch Creek 4-H Club and the PCI Homework Club.

Submitted by Jennifer Coon, WIC Clerk

On November 8, 2008 members of the Health Department participated in the Step Out and Walk 5k fund raiser for Diabetes Awareness. The Health Department staff would like to thank the Endowment Committee for their generous donation. These staff members volunteered their time on a Saturday morning to walk for a cause that effects so many

of our Tribal Members. Pictured are Sheila Odom, Kay Thomas, Jennifer Coon, Addey Lee, Jaime McGhee, Sandra Day and Jill Lee.



Third-Hand Smoke is a First-Class Problem

By Coeli Carr for MSN Health & Fitness

As submitted by Kay Thomas, Health Educator

The unpleasant residual odor of a smoked cigarette is nothing new. Ask anyone who's returned from a party with the scent of stale cigarettes in their hair and clothing. Now, a study has confirmed what many have suspected. Third-hand smoke—the contamination from particles in smoke that linger long after a cigarette has been snuffed out—is more than unpleasant. It's a health threat.

In this month's issue of the journal *Pediatrics*, researchers at Mass General Hospital for Children, in Boston, coined the term "third-hand smoke" to describe the toxic particles that remain after visible smoke is gone, and which pose an especially great risk to infants and children who inhale them.

"People react to how bad smoke smells on their hair and clothes, but don't realize they could get sick from the smell," says Angela Stotts, M.D., professor of family medicine at Houston's University of Texas Health Science Center, who is conducting ongoing research on second-hand smoke. "A lot of parents think that if they smoke at home when their children aren't around, their children are safe." Although ventilation will help smoke dissipate, the particles simply embed themselves on furniture, carpets and other surfaces.

Stuart Abramson, M.D., a pediatric immunologist at Texas Children's Hospital, also in Houston, says that cigarette smoke contains about 4,000 chemicals and a sizable number of carcinogens and contaminants, including benzene, butane and hydrogen cyanide.

"If children are in a room where people are smoking, the dose of these contaminants is high," says Abramson. And, he says, when the particles land and embed themselves on objects in the home, you have the risk of children receiving chronic exposure to these contaminants. "It may be as simple as an infant, being held, inhaling and touching toxins from a smoking parent's clothing. Both high doses and chronic exposure are harmful to children," says Abramson. Stotts believes chronic exposure over long periods of time has the most damaging effect.

Alan Greene, M.D., clinical professor of pediatrics at Stanford University and the author of *Raising Baby Green* (Jossey-Bass, 2007), says that, in addition to cancer risks, the neurotoxins in these particles may affect brain development.

What can parents who smoke do to protect their children from third-hand smoke? The best approach, says Abramson, is to use the "precautionary principle," which is to avoid any exposure that has the potential of causing harm. He says parents who smoke should try to quit, or smoke only outside the home. Stotts advises that the car should also be a smoke-free zone. Greene suggests filling the home with green plants, to freshen the air, and applying fresh coats of low-VOC paint to walls that may be full of residual contaminants.

And that old sofa with years of embedded smoke-related toxins? "Ideally, you should get rid of it," says Stotts. "If that's not possible, you can do a really good job of cleaning it, but scrubbing is no guarantee."

Another nose—preferably that of a non-smoker—may be helpful. "Many people who are chronic smokers have an impaired sense of smell," says Abramson.

*****PUBLIC NOTICE*****

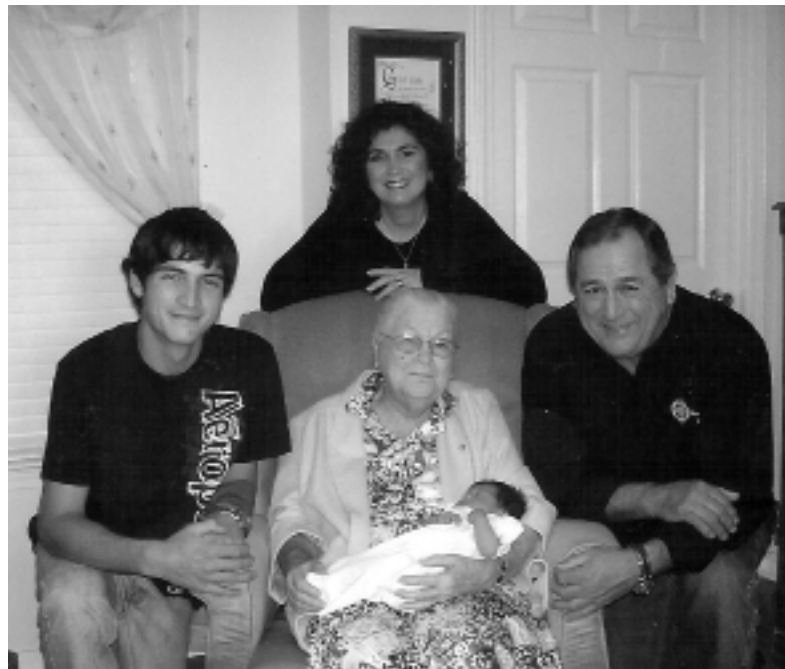
This article provides public notice to all tribal members. The following grants will be available for review and discussion at the Family Services Department' booth on June 6, 2009 Tribal Election Day. The booth will be located in the Poarch Creek Indian Gymnasium with staff available to answer questions.

Low Income Home Energy Assistance Grant
Community Services Block Grant
Child Care and Development Block Grant
Family Violence and Services Grant

All interested individuals are invited to drop by and review last year grant and proposed plans for fiscal year 2010.

Carolyn M. White, Executive Director
PBCI Family Services Department

FIVE GENERATIONS



Shown above are five generations of the McGhee family. Matriarch Arentha McGhee is pictured with her newest great-great granddaughter, Marlie Jayden McGhee, her son Willis M. "Kent" McGhee, Jr. (right), his daughter, Janet McGhee Ward (standing), and her son, Willis "Cruz" McGhee (left). The group is pictured at the home of Mrs. McGhee and she would like to take this opportunity to say "Happy Belated Birthday" to Kent (January 6th) and Janet (January 29th).

Submitted by Janet Ward

Poarch Creek Indians 2009 Easter Egg Hunt

Saturday, April 4, 2009
10:00 a.m. - 11:00 a.m.

at the
Pow Wow Grounds

Four Age Divisions
1-2 * 3-5 * 6-8 * 9-10

1st - 2nd & Prize Egg
In each division

Refreshments will be available
after the hunt

Be Prompt or you might miss out on a good time!

**Poarch Creek Indians
Relay For Life Team
Will Host
Relay on the Rez
Saturday
April 4, 2009
Pow Wow Grounds
11:00 a.m. until**

Tentative Activities

**Carnival type fun & games
Cake Walk
Gospel Singing
Live Auction
Pork Chop & Lima Beans Dinners
Volleyball Tournament**

*We are still organizing this event-activities subject to change
Donations for cake walk and auction are welcome and
appreciated.*

Upcoming Events

Tribal Newsletter Deadlines

The deadline to submit information for the April 2009 newsletter is Monday, March 2, 2009. The deadline to submit information for the May 2009 newsletter is Wednesday, April 1, 2009.

Tribal Council Meetings

Regularly scheduled Tribal Council meetings will be held in the Tribal Council Chambers in Building 100 at 4:00 p.m. on Tuesday, March 3, 2009 and Tuesday, March 17, 2009. These meetings will be open to the public.

Housing Authority Meetings

Regularly scheduled Housing Authority meetings are scheduled for 1:00 p.m. in the Building 400 Conference Room on Wednesday, March 4, 2009 and Wednesday, March 18, 2009. These meetings are open to the public.

Wellness & Activities Authority Meetings

Regularly scheduled Wellness & Activities Authority meetings will be held at the Wellness & Activities Center (Gym) at 5:00 p.m. on Thursday, March 12, 2009 and Thursday, March 26, 2009. These meetings are open to the public.

2009 Easter Egg Hunt

The 2009 Easter Egg Hunt has been scheduled for Saturday, April 4, 2009 at the Pow Wow Grounds from 10:00 a.m. to 11:00 a.m.

Relay on the Rez

The Poarch Creek Indians Relay For Life Team is hosting Relay on the Rez on Saturday, April 4, 2009 at the Pow Wow Grounds after the Easter Egg Hunt.



Tribal Member David Rolin pictured with 8 point, 180 pound buck deer he killed January 18, 2009.
Photo submitted by Wendy Davis

Workforce Investment Act (WIA)

Have you been unemployed and getting ready to start a new job; are you finishing college, technical school, etc. and need assistance with getting in the workforce; do you need assistance with uniforms, licenses, tools, etc? If you answered yes to any of the above questions, the WIA program may be your answer. For more information, contact Clara Jones, WIA Coordinator, at (251) 368-9136 x 2266.

Miscellaneous Information

Other information relating to Tribal services is located on our Tribal web page at www.poarchcreekindians-nsn.gov.

Calvin McGhee Cultural Authority

The Calvin McGhee Cultural Authority (CMCA) was established by the Tribal Council to oversee all aspects of cultural education programming, museum development, use of the CMCA grounds (commonly referred to as the Pow Wow Grounds), and other cultural programs, activities, and events. The CMCA board consists of five members; Jaime McGhee, Chairperson, David Gehman, Tribal Council Representative, Lori Sawyer, Gale Thrower, and Megan Young.

Robert Thrower, Tribal Historic Preservation Officer and Acting CMCA Director is very excited about the future of CMCA and says that it has been a long time coming, but there is finally light at the end of the tunnel. "It is great that everything is finally coming together. We are in the planning stages for the new Welcome Center/Museum; construction will soon begin on Parcel 38, which is just south and across the road from the Tribal Complex. Although this will be a small museum, it will provide adequate space to tell the story of Poarch Creek. We are working on the content of the museum so that our story can be put on exhibit. It will probably take a year and a half for the museum to be fully functional; of course we will open before then, but there will be further planning and organization after the building is complete. After the building is complete, the CMCA offices and staff will move into the new building as well. Although exact plans have not been finalized, we plan to continue to use our currently facilities as an extension of the museum."



Pow Wow Club and Tribal Youth Council at 2008 Legislative Reception in Montgomery, Alabama

Over the past year CMCA has worked closely with PCI Gaming in the planning of exhibits and displays for Wind Creek Casino & Hotel so that our cultural identity is exemplified correctly. We want visitors to the casino and hotel to know who the Poarch Creek Indians are and that there is so much more to the Tribe than gaming.



These Tribal Members have become a "Symv-Hayv" a basket maker. Now, these individuals have become dedicated to preserving and promoting this cultural delicacy. They have become a club called the "Hayvlke" (pronounced High-yull-gee)

Robert stated that CMCA is currently in the process of filling three of the base positions needed in the department. "Other than me as Acting Director, the CMCA has only one employee on staff, Alex Alvarez, Cultural Educator. Alex was originally working in the Education Department but when the CMCA was organized his program moved under the supervision of CMCA. I could greatly expound on what Alex is doing and has done with the cultural education programs that involve both adult and youth, but let's just say that he has done an excellent job and has had great accomplishments with his programs. We are currently advertising for base staff; we hope to have these positions filled and staff on board by the end of February. Once these employees are on board there will be a lot of activity at CMCA with special projects; art shows; demonstrations; ongoing cultural education classes; and as well as this year's Pow Wow, which is a year round organization event. We will also be able to pursue grants that will help us with securing additional funds for museum exhibits and programs."

Robert asks that you watch the newsletter and the Tribal website for updated news and information from CMCA. "We want to keep the Tribal Members informed and interested in the programs offered through CMCA. We will use all means available to us to keep you informed; we would love to see renewed interest in the lost arts of Poarch. We would love more active involvement of our Elders, our adults, and our youth. I have had this dream for 17 years, I am ecstatic to see it all coming together."

In closing, CMCA is open to suggestions from fellow Tribal Members. Jaime McGhee, CMCA Chairperson states, "If there is something that you would like to see added to our cultural programs, please let us know; all suggestions are welcomed and will be taken into consideration."



Poarch Creek Indians
5811 Jack Springs Road
Atmore, AL 36502

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