

# Poarch Creek News

Keeping the Family and Friends of Poarch Informed

Volume 24, Number 4

Atmore, Alabama

April 2007

## WINTERTALK XIX

Submitted by: Velma Amos

On January 12, 2007, Wintertalk XIX was held in Surrey, VA near the St. James River. Wintertalk is a yearly event held by Native American Episcopalians from around the world; participants come from the United States, New Zealand, Australia, and Canada. The purpose of Wintertalk is to meet and discuss important issues in our separate dioceses, offer support, prayer, and a cleansing of our souls.

Our group from St. Anna's Episcopal Church consisted of the following people; Paula Smith, Sybil Estain, Robbie McGhee and myself. We flew out of Pensacola, FL to arrive in Norfolk, VA to be greeted by a wonderful soul by the name of Willow Fodar who held a sign saying "The Episcopal Church Welcomes You".

Unfortunately, the shuttle bus for Chanco had just departed and we had a two (2) hour wait for its return. Willow was prepared for the wait as she had bottled water and crackers for everyone. I couldn't help but laugh, thinking about some of the senior trips I had been on with the same fine selection of snacks.

Chanco, the Episcopal Church camp, is located on the banks of the St. James River, near Jamestown, in Surrey VA Chanco is named for the young Indian boy who warned the other Indians of the Jamestown Massacre. Chanco is a beautiful and serene place, perfect for mediation and prayer. Four cottages, with eight rooms each, a conference hall, infirmary, youth cottages, meeting halls, and a church made up the camp. The three girls stayed in a cottage located near the woods and Robbie was left to fend for

# 2007 Tribal Election Notice

Pursuant to Section 22-1-17 of the Tribal Election Procedures, notice is hereby given that the 2007 Poarch Band of Creek Indians Tribal Council election will be held on Saturday, June 2, 2007 at the Community Services Building (SAIL Center). Voting will be held from 8:00 a.m. to 7:00 p.m. Election results will be posted at the Tribal Center, on the Community Bulletin Board, and published in the July Tribal Newsletter.

There are three positions open on the Tribal Council for the 2007 election. Anyone wishing to be a candidate for this year's election must submit a written statement of candidacy with the Election Board no later than 5:00 p.m. Thursday, May 3, 2007.

In the event a Tribal Member living within the service area (Mobile, Baldwin, Monroe, Escambia Counties in Alabama and Escambia County, Florida) has a legitimate reason for being unable to vote on Election Day, or during walk-in voting, he/she must submit a notarized statement reflecting such reason in order for an Absentee Ballot to be mailed to them.

## **FY 2007 Tribal Election Calendar**

#### Tuesday, April 3, 2007

Deadline to submit Letter of Candidacy, biography, and picture *for name to be printed on the Official Ballot and printed in the May newsletter*.

#### Thursday, April 12, 2007

Names of candidates and any proposed Constitutional Amendment, Ordinance, and/or Resolution will be posted.

#### Thursday, May 3, 2007

Last day to submit Letter of Candidacy as a write-in candidate on the Official Ballot. Names of candidates will be posted within ten days of submitting a Letter of Candidacy.

#### Thursday, May 3, 2007

Walk-in voting begins in the Tribal Auditorium, Building 200. Voting hours are 8:00 a.m. to 5:00 p.m., Monday through Friday, through Tuesday, May 29, 2007.

Tuesday, May 29, 2007 Walk-in voting ends at 5:00 p.m.

#### Friday, June 1, 2007

Deadline to receive Absentee Ballots at 5:00 p.m.

\*For your convenience, Absentee Ballot Request forms have been included in this issue of the newsletter (page 21-22) and are available for downloading on the Tribe's website at www.poarchcreekindians.org.

#### Saturday, June 2, 2007

Election Day, polls open 8:00 a.m. to 7:00 p.m.

If you have any questions about the election process, please contact Brenda Faircloth, Election Board Chairperson, at (251) 368-9136 extension 2206, Monday through Friday, 8:00 a.m. to 5:00 p.m.

(continued on page 2)



Paula Smith, Sybil Estain, and Velma Amos

himself. Next time I think I will try and room with Robbie because my two roommates (I don't want to mention names such as "Paula" and "Sybil") had to run the AC; it almost snowed inside our room. My night clothes while rooming with them consisted of sweatpants, sweatshirt, and socks.

We started each day with breakfast around 7:30 a.m., followed

by Morning Prayer and singing and break-out discussion groups. We discussed the Jamestown Massacre and how it still affects our life today as Native Americans, the scars that it has caused and the healing process that we as Native Americans have been forced to adapt.

After dinner we met for evening prayer at the altar building. Everyone was asked to bring something that means a lot to them and share it with the group. I took a picture of St. Anna's and shared what it means to me, Paula shared pictures of her children, Sybil shared pictures of her home that was destroyed by Hurricane Katrina, and Robbie had his late mother's, Doris McGhee, prayer book. He talked about how much the prayer book meant to Doris and told us the last time he attended Wintertalk Doris was with him. The service was very emotional and heartwarming, a lot of tears fell with every story that was shared.

Robbie was on the Executive Council Committee of the Indigenous Ministry. He rotated off and the National Church in New York gave him some very nice gifts for his work and dedication. He is admired by the people and very much loved. The Executive Council had good things to say about him and I count it a privilege and pleasure to worship with him at St. Anna's.

On Sunday evening we had a healing service with a Native American Medicine Man. Sage was burned and prayer was offered for everyone that requested it, along with anointing of oil. Paula, Sybil and I attended a workshop by I.T.T.I. (Indigenous Theological Training Institute). Our topic was on "The Invasion of Canaan", and our subject was Jezebel. Donald Fox was our instructor.

On Monday afternoon we went by ferry via bus to Jamestown to the fort and saw the church where the Jamestown massacre took place. Then we went to Williamsburg for shopping and more sightseeing. Monday evening the altar built ear-

lier was dismantled and gifts were given to friends and to people that had touched your life.

After attending Wintertalk you are not the same person, the lasting impression of renewing your spirit and cleansing your soul. It truly made me say "Thank You, Lord" for being here and I can not wait to go back. I count it a blessing to be a Native American Episcopalian and have the church family that I have with St. Anna's. I believe that wonderful things are in store for this Tribe and our Community. We are all of GOD's children seeking to do his will.



Native American Episcopalians at Wintertalk XIX



# ABSENTEE BALLOT REQUEST 2007 POARCH CREEK INDIAN TRIBAL COUNCIL ELECTION SATURDAY, JUNE 2, 2007



## FOR TRIBAL MEMBERS WHO LIVE IN THE SERVICE AREA

(SERVICE AREA INCLUDES THE COUNTIES OF: BALDWIN, MOBILE, MONROE, ESCAMBIA ALABAMA, AND ESCAMBIA FLORIDA.)
IN THE EVENT A TRIBAL MEMBER LIVING WITHIN THE SERVICE AREA HAS A LEGITIMATE REASON FOR BEING UNABLE TO VISIT THE ELECTION OFFICE OR VOTE ON ELECTION DAY, HE/SHE MUST SUBMIT A NOTARIZED STATEMENT REFLECTING SUCH REASON IN ORDER FOR THE BALLOT TO BE MAILED TO YOU.

### Please submit a copy of identification with request

Ι,		_, am an enrolled member of the Poar	rch Creek Indians, and will be at
least eighteen (18) years of a address listed below.	ige on or before June 2,	2007, and am hereby requesting an Ab	sentee Ballot be mailed to me at th
FIRST	MIDDLE	MAIDEN	LAST
STREET ADDRESS	CIT	Y STATE	ZIP CODE
() TELEPHONE NUMBER		OATE OF BIRTH	TRIBAL ROLL NO.
REASON FOR ABSENT	EE BALLOT REQUI	EST:	333777
If applicable, the name of the p	person who has Legal Powe		ver of Attorney with Absentee Ballot Request)
SIGNATURE:	be the signature of the Tribal	Member to whom the ballot will be mailed!	
Signed before me on this	day of	, 2007.	
Signed before me on this NOTARY	day of	My commission expires:	

Requests for Absentee Ballots that are to be mailed must be received by the Election Board no later than close of business on Tuesday, May 22, 2007. Requests received after the deadline will not be honored.

#### OFFICIAL ABSENTEE BALLOTS WILL BE MAILED BY "CERTIFIED, RESTRICTED DELIVERY"

Should you have any questions pertaining to the 2007 Tribal Council Election, please feel free to contact Brenda O. Faircloth, Election Board Chairperson at (251) 368-9136 ext. 2206.



# ABSENTEE BALLOT REQUEST 2007 POARCH CREEK INDIAN TRIBAL COUNCIL ELECTION SATURDAY, JUNE 2, 2007



# FOR TRIBAL MEMBERS WHO LIVE OUT OF THE SERVICE AREA

(SERVICE AREA INCLUDES THE COUNTIES OF: BALDWIN, MOBILE, MONROE, ESCAMBIA ALABAMA, AND ESCAMBIA FLORIDA.)

#### PLEASE SUBMIT A COPY OF AN IDENTIFICATION WITH REQUEST

FIRST	MIDDLE	MAIDEN	LAST
STREET ADDRESS	CITY	STATE	ZIP CODE
	398.5	, Janeary	ZII CODIS
TELEPHONE NUMBER		ATE OF BIRTH	TRIBAL ROLL NO.
SIGNATURE:			
	be signature of the Tribal !	Member to whom the ballot will be mailed!	_
If applicable, the name of the person	who has Legal Power of		
		Send copy of Legal Power of	f Attorney with Absentee Ballot Request
RETURN TH	ILS FORM TO:	POARCH BAND OF CREEK TRIBAL ELECTION BOARD	The state of the s

Requests for Absentee Ballots, that are to be mailed must be received by the Election Board no later than close of business on Tuesday, May 22, 2007. Requests received after the deadline will not be honored.

ATMORE, AL 36502

#### OFFICIAL ABSENTEE BALLOTS WILL BE MAILED BY "CERTIFIED, RESTRICTED DELIVERY"

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## From the Chairman

The National Congress of American Indians (NCAI) met in Washington, DC on February 26th & 27th. NCAI is a strong supporter of Poarch Creek and aided us in our fight for federal recognition. Representatives from across Indian county, including myself, attended along with Senators, Congressmen, and Presidential candidates, all of whom voiced their concerns and support of issues in Indian Country.

Senator Byron Dorgan, Chairman of the Senate Committee on Indian Affairs, addressed issues facing the 110th Congress, including the reauthorization of the Indian Health Care Improvement Act (IHCIA), Department of Interior budget, and Trust issues involving claims filed by Indian Tribes against the Federal Government. Senator Dorgan stated that he feels confident that the appropriate hearings will be scheduled and that Congress will move forward with reauthorization of IHCIA this year. Democratic Presidential candidate, Governor Bill Richardson of New Mexico, spoke to those present and promised that if elected he would create a Cabinet position for Indian Affairs. The Honorable Alphonso Jackson, Secretary of the United States Department of Housing and Urban Development (HUD), discussed housing issues and the reauthorization of NAHASDA. He also informed us of the decline in monetary awards, which apply across Indian Country, due to the war in Iraq. Veteran's Affairs, energy, and the nomination of Carl Artman as Assistant Secretary of Indian Affairs were also discussed. Since this meeting, the Senate voted 87-1 to confirm Artman, a member of the Oneida Nation of Wisconsin, as the Assistant Secretary of Indian

On Monday, March 12th, I traveled to Washington DC with Venus McGhee Prince, General Counsel, Robert Thrower, Tribal Historic Preservation Officer, and outside counsel to meet with representatives from the Department of Interior to discuss Tallapoosa and the issue of scattered reservations. On the 14th I testified before the House Resources Committee in

relation to the reauthorization of IHCIA.

The Tribal Council flew to Okmulgee, OK, for a "meet-and-greet" with the Muskogee Creek Nation. On the morning of the 16th we visited Hickory Grounds in Henrietta, OK; we met with Mekko George Thompson and his delegation. That afternoon we met with the Muskogee Creek National Council, which is the 26 member tribal council for the Muskogee Creek Nation.



Tribal Chairman Buford L. Rolin

On March 20th, the Tribal Council hosted the second annual Legislative Reception in Montgomery, AL. Members of the Tribal Council met with members of the state legislature in an attempt to make them more aware of the Tribe and issues of importance to the Tribe and the State.

I again traveled to Washington DC March 26th & 27th to attend the meeting of the Tribal Leaders Diabetes Committee and the National Indian Health Board (NIHB) where we addressed the reauthorization of special diabetes funding.

As many of you know, Creek Family Restaurant has closed for remodeling. An architect has been hired and renovations will soon begin. When the four to six month renovation is complete, the restaurant will offer buffet and fine dining to it patrons. Watch this column for future updates on the restaurant, the Exit 57 project, and the development and construction of a major hotel/casino resort area.

In closing, I would like to thank everyone for their participation in the Tribal Survey conducted by Nancy Lowery of Financial Solutions. The purpose of the survey is to determine the needs of Tribal Members so that the Council can develop the appropriate benefits package for each member.

## **LEGAL UPDATE**

#### Submitted by Venus McGhee Prince, General Counsel

The Tribal Council is pleased to report that on February 9, 2007, the National Indian Gaming Commission ("NIGC") withdrew its proposed Class II regulations, which would have potentially limited the scope of gaming that the Tribe is currently allowed to play at its gaming sites under federal law. The NIGC's withdrawal was a response to extensive comments received from tribes across the country and many consultations with tribal governments and tribal regulators. Although the NIGC may publish new proposed regulations at a later date, the NIGC's withdrawal of the proposed regulations represents a significant victory not only for our Tribe but also for Indian country.

In the interim, the Tribal Council has also been pursuing its petition for Class III secretarial procedures, which would expand the scope of the Tribe's gaming to match that of its growing non-Indian competition within the state of Alabama,

such as one-touch electronic bingo and dog tracks. The Tribe attended an informal conference with the Secretary of Interior and the State of Alabama in Washington, D.C. on November 18, 2006, and submitted a reply memorandum requested by the Department of Interior on January 3, 2007. Our understanding is that the Department of Interior is currently drafting a "scope of gaming" opinion, which would outline the scope of any additional games already being played within the State that would be available to the Tribe. Once the Department of Interior issues its "scope of gaming" opinion, there will likely be another conference with the Department of Interior and the State of Alabama. The Tribal Council will keep you updated on its efforts.

The Tribal Council will continue to pursue any and all available legal avenues to protect the Tribe's scope of gaming and its gaming operations. If you have any questions, please feel free to contact any of your Tribal Council members or me at (251) 368-9136 Ext. 2526.

#### **Birthday Checks**

Submitted by Mary Jane Tullis, Census Analyst

The following Tribal Members had their birthday in January, February, March, or April but we have not been able to process their birthday checks due to lack of Social Security numbers on file. If you are a friend or relative and you have a telephone number where they can be reached please call the Census office at 1-877-276-2724 ext. 2501 Mondays and Tuesdays, 8:00 a.m. to 5:00 p.m. and Wednesdays, 8:00 a.m. to 12:00 noon. If we are unavailable, please leave a message that includes your name and telephone number and we will return your call as soon as possible. These checks will not be processed without having the correct Social Security number on file

Letha Lorraine Gibson
Sabrina Moore
Daniel Chris Flint
Charles Ray Gibson
William Cleveland Lambert
Gary Douglas Jackson
Tena Marie Bryars
Randal Paul Colbert
Tommy Colbert
Marcia Danielle Shipps

Remember, it is your responsibility to update your information in the Census Office in order to receive information from the Tribe. No birthday check or minor's trust deposit will be processed without your correct address and Social Security number being on file.

We are currently holding the 2006 birthday checks for the Tribal Members listed below due to incorrect addresses; if you are a friend or relative and you have a telephone number where they can be reached please call the Census Office:

Jeff B. Hopkins Tina Victoria Teston Ellis E. Lee

#### Who Is He

Submitted via email, author unknown

A nurse took the tired, anxious serviceman to the bedside. "Your son is here," she said to the old man. She had to repeat the words several times before the patient's eyes opened.

Heavily sedated because of the pain of his heart attack, he dimly saw the young uniformed Marine standing outside the oxygen tent. He reached out his hand. The Marine wrapped his toughened fingers around the old man's limp ones, squeezing a message of love and encouragement.

The nurse brought a chair so that the Marine could sit beside the bed. All through the night the young Marine sat there in the poorly lighted ward, holding the old man's hand and offering him words of love and strength. Occasionally, the nurse suggested that the Marine move away and rest awhile.

He refused. Whenever the nurse came into the ward, the Marine was oblivious of her and of the night noises of the hospital - the clanking of the oxygen tank, the laughter of the night staff members exchanging greetings, the cries and moans of the other patients.

Now and then she heard him say a few gentle words. The dying man said nothing, only held tightly to his son all through the night.

Along towards dawn, the old man died. The Marine released the now lifeless hand he had been holding and went to tell the nurse. While she did what she had to do, he waited.

Finally, she returned. She started to offer words of sympathy, but the Marine interrupted her.

"Who was that man?" he asked.

The nurse was startled, "He was your father," she answered. "No, he wasn't," the Marine replied. "I never saw him before in my life."

"Then why didn't you say something when I took you to him?"

"I knew right away there had been a mistake, but I also knew he needed his son, and his son just wasn't here. When I realized that he was too sick to tell whether or not I was his son, knowing how much he needed me, I stayed."

The next time someone needs you .. just be there. Stay.

We are not human beings going through a temporary spiritual experience. We are spiritual beings going through a temporary human experience.



# The butterfly counts not years but moments and time enough.

- Rabindranath Tagore

# Attention children grades K-6 HELP US NAME OUR LIBRARY



In October of 2006, the Poarch Creek Indians received the Library Enhancement Grant from the Institute of Museum and Library Services. A new children's library area will be constructed in the old Family Services Department and the adult library will be updated and improved as well. We need your help in finding a suitable name for our new Library.

This contest is open to Tribal youth from kindergarten through 6th grade. The name should be something catchy, something unique and preferably use a Creek term or words. The winner will receive a \$50.00 gift card from Wal-Mart and will have his or her picture in the Tribal newsletter.

To enter send your suggestion to the Poarch Creek Indians Education Department, 5811 Jack Springs Road, Atmore, Al. 36502. Please include your name, age, school, and phone number. A parent or guardian should sign as well. All entries must be received by 5:00 pm on April 5th.



Child abuse and neglect is 100% preventable! Children are our most important heritage and our hope of a future. Native Americans have a rich heritage full of culture and family traditions. We can enrich the lives of our children and grandchildren by sharing our heritage through creating peaceful homes and demonstrating care and respect for others. Here are a few practical ways of starting this in your home:

- A. Help your children feel Loved and Secure
  - \* Make sure your children know you love them
  - \* Encourage your children
  - \* Spend time with your children
  - \* Learn non-physical options for discipline and structure
- B. Realize community resources add value to your family life
  - \* Involve children in the community resources in your area
  - \* Communicate with other adults providing care for your children
- C. Seek help if you need it
  - \* Talk to someone you trust
  - \* Seek respite care when you need a break
  - \* Call the Childhelp help-line @ 1-800-422-4453 for advice

Our tribal member families are important to us and to future of our tribe. If you need more information or if you need assistance for your family, please feel free to contact the Family Services Department at any time.

Our phone number is 368-9136, extension 2600.

# "All children have a right to be SAFE AT HOME!"

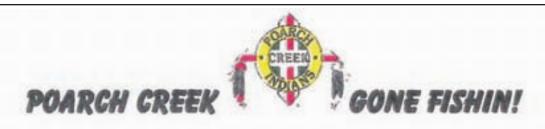




While you're coloring in this picture, remember, you are a valuable person and deserve to be treated that way!









# 1<sup>ST</sup> ANNUAL POARCH CREEK YOUTH FISHING RODEO

MAY 12, 2007

AT THE TRIBE'S OWN BEAUTIFUL MAGNOLIA BRANCH
WILDLIFE PRESERVE
OPEN TO ALL TRIBAL MEMBERS, OR 1<sup>ST</sup> GENERATION
DESCENT, AGES 6-17

MANY PRIZES IN MANY DIFFERENT CATEGORIES!

MAY 11, 2007- CAMPOUT NIGHT

ENJOY AN EVENING BY THE CAMPFIRE WITH SONGS, GAMES, AND FOOD!

ALL PARTICIPANTS MUST HAVE AN ADULT CHAPERONE.
SIGN UP NOW! SPACE IS LIMITED!

ALL POLES, SUPPLIES, GEAR, MEALS, & REFRESHMENTS PROVIDED

CONTACT ALEX ALVAREZ @ (251) 368-9136 EXT 2240 TO SIGN UP OR FOR MORE INFO

## **Poarch Creek Indian**

Financial Education Workshop for Young Adults

Tribal Members ages 16-18

April 26, 2007

6:00 p.m. - 9:00 p.m.

In the new Tribal Conference room in building 400



For more information, contact Nancy Lowrey at 251.368.9430

#### \*\*\*\*\*PUBLIC NOTICE\*\*\*\*

This article provides <u>public notice</u> to all Tribal members. The following grants will be available for review and discussion at the Family Services Department' booth on June 2, 2007 Tribal Election Day. The booth will be located in the Poarch Creek Indian Gymnasium with staff available to answer questions.

#### Low Income Home Energy Assistance Grant

Community Services Block Grant Child Care Development Block Grant Family Violence and Services Grant

All interested individuals are invited to attend to review last year grant and proposed plans for fiscal year 2007.

# Invitation

Please Join Us
As We Honor Our Parents

Eddie L. and Mary Jane Tullis
On Their
50th Wedding Anniversary
Sunday, April 22nd

From 2 Until 5
The Wisteria
121 North Main Street
Atmore, AL

\*No Gifts Please



Eddie and Mary Jane with their daughters Connie, Lisa, Wanda, and Edie



The Tullis Family, 2006

# III ATTENTION BOYS & GIRLS III

# AMERIND RISK MANAGEMENT CORPORATION NATIONAL FIRE & HOME SAFETY 2007 POSTER CONTEST!



Eligibility: Children of AMERIND Members (Includes Tenants and Homeowners)



First Place Prizes: PORTABLE DVD PLAYERS
Second Place Prizes: GAMEBOYS
Third Place Prizes: BICYCLES

1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place prizes will be awarded for each of the following Grade Levels:

K - 3<sup>rd</sup> Grade 4-6th Grade 7-8th Grade







Please read rules and submit poster(s) to the Housing Department before Friday, April 27, 2007 at 5:00 p.m.



## 2007 Fire Safety Poster Contest

#### Official Rules

- Entry form must be filled out completely and attached to the back of the poster using tape or glue.
- All submitted posters must illustrate a "fire safety" theme.
- Children in kindergarten through the 8th grade during the 2006 -2007 school year are eligible to participate (only one entry per child).
- Category Grades (K 3) / (4 6) / (7 8)
- All entries must be original and created by the child using crayons, markers or paint. Please do not use pencils.
- Posters must be drawn horizontally on 8.5" x 11" paper.
- Submit / Fax Certificate of Entry form back to AMERIND for entry And delivery of special gift.

Contact your housing a	uthority or TDHE for more informat	tion at:
IHA/TDHE:		
Contact Person:	RETURN ENTRIES:	
	Trish Byrd	
Address:	Housing Department (251) 368-9136 x 2254	-
City/State/Zip:		_

# Hey Kids, Win A \$2000 Savings Bond In Your Name!

Three 1st place winners in AMERIND's National Fire and Home Safety Poster Contest will receive a savings bond!

Small Hands to Hold Love Not Fire!

Your poster could be shown and voted on nationwide!

Be sure to vote!

Posters will be judged at www.amerind-corp.org

## AMERIND 2007 NATIONAL FIRE SAFETY POSTER CONTEST

**DFFICAL ENTRY FORM** 

Tribal Affiliation:		Grade:
Parent/Legal Guardian:		
Mailing Address:		
City:	State:	Zip:
Home Phone Number:	Message Phone:	
Housing Authority:		

The poster will be disqualified if the entry form is not completely filled out and attached to the back of the poster. All posters become the property of AMERIND Risk Management Corporation and reserve the right to modify posters as necessary.

# Southeastern Bull Riding Series 2006 National Finals

The Southeastern Bull Riding Series
2006 NATIONAL FINALS
Will Be Held
April 19th, 20th, 21st, 2007
At the
Poarch Creek Indian Rodeo Arena

Gates open @ 8:00 nightly
Live entertainment during intermission

Tickets sold at the gate

\$15 Adults (Age 12 & up)

Free Kids age 11 & under

Concessions, including dinner plates, will be available.

# BooBoo's Begals

Jeremy "BooBoo" Odom and his beagle, JB Hard Drive, placed first in the American Rabbit Hound Association (ARHA) Florida State Hunt sponsored by the Blackwater Beagle Club. BooBoo is a member of the Escambia Beagle Club and has five beagles, all award winners, except for two puppies who are still in training.



Jeremy Odom with his beagle JB Hard Drive.

# Racial Identity on Driver's License

Submitted by Peggy Couch, Chairperson, Alabama Indian Affairs Commission

Effective Tuesday, February 20, 2007, Tribal Members may go to their local Driver's License office and have their racial identity on their license changed to "Indian" by showing a copy of their Tribal Roll Card. If they have any problems, they should ask to see the supervisor.

Note from Poarch Creek News: Individuals are responsible for any cost incurred. If you do not live in the State of Alabama, check your local Driver's License Office to see if you can change your identity to "Indian" in your state.

# Peyton Findley Crowned as Pollard-McCall Junior Miss Valentine Queen

**Submitted by Lori Findley** 

Pollard-McCall Junior High School held their Valentine Dance on Thursday, February 15, 2007 from 6:30 – 9:00 p.m. in the school auditorium. Before the dance started the King and Queen was announced and afterward the dance began. K-8th picked a boy and a girl representative for Valentine King and Queen for each class. They were divided into three groups K-2nd, 3rd-5th and 6th-8th; and the representatives were voted on by the whole student body for Little Miss Valentine; Junior Miss Valentine and Senior Miss Valentine King and Queen. Peyton Findley, 5th grade, was announced as Junior Miss Valentine Queen and her cousin Blakelee White, 8th grade, was announced as Senior Miss Valentine Queen.

Peyton is the daughter of Greg & Lori Findley of Flomaton, AL and the granddaughter of Velma McGhee Crocker of Atmore, AL and Dale & Elvennia Findley of Flomaton, AL. Her cousin Blakelee is the daughter of Todd & Kris White of Pollard, AL and the granddaughter of Skippy & Claire White of Pollard, AL; Mae Randolph of Franklin, TN and Dale & Elvennia Findley of Flomaton, AL.

Congratulations to them both!



Peyton Findley and Blakelee White



Nicholas Burgess and Brandy Helton

# Little Miss BHS Runner-Up

Submitted by Brenda Helton

Brandy Helton, daughter of Mike and Brenda Helton, won 1<sup>st</sup> runner-up in the 2006 Little Miss BHS Pageant at J.U. Blacksher High School in Uriah, Alabama. Brandy is the granddaughter of Buster Hollinger and Rose Helton. Nicholas Burgess, son of Richard & Shelly Burgess won 1<sup>st</sup> runner-up in the Little Mr. BHS Pageant held the same night. Nicholas is the grandson of Annie Burgess and Ted & Betty Fretwell.

Congratulation to both Brandy and Nicholas.

# Lexie Hollinger selected as Miss Celebration of Life

Submitted by Brenda Helton

The J.U. Blacksher High School Relay for Life Team hosted the Celebration of Life Pageant on Tuesday, 13, 2007. Lexie Ann Hollinger, daughter of Jarrell and Angel Hollinger, was selected as Miss Celebration of Life. Lexie collected over \$200 as part of the fundraiser; a total of \$11,500 was raised by the pageant. All funds raised will be donated to American Cancer Society as part of the team's Relay for Life efforts. Lexie is the granddaughter of Judy Wilson and Buster Hollinger.



Lexie Ann Hollinger

## **USING SMALL APPLIANCES**

Small appliances like irons, coffee makers, and toaster ovens make life easier, but if left unattended, they can ignite and cause house fires. According to the U.S. Fire Administration, more than 24,000 residential appliance fires occur each year. The Fire and Life Safety Group at the University of Colorado at Boulder advises buying products with a built-in shut off timer or, if that's not practical, plugging them in through an automatic timer.









#### On the Trail of Tears

**Submitted by Brenda Helton** 

I would like to share the following is a poem written by my daughter, Tiffany Turberville, when she was in the fourth grade and studying Alabama history.

My Indian name is Shining Star, On the Trail of Tears we traveled far. We rode by day, and slept by night, Praying we would wake to the morning light.

The Trail of Tears was not much fun, We could hardly see the sun. My sisters, brother, and I were always afraid, Then one day my brother strayed.

If we couldn't find my brother, It would be very bad. Everyone would be very sad. We looked all night and then the next day, Then we found him covered in hay.

As we walked along I started to dream, Of what I left behind and lot of other things. I left pottery, my house, and land, It was barely more than I could stand.

On the Trail of Tears,
Four thousand of my people died.
But through it all we all kept our pride.
I don't know what the future will hold,
Come what may, I will be very strong and bold.

# Computer Classes for Senior Citizens

Submitted by Sandra Hiebert, Education Executive Director

The Education Department recently offered group computer classes for our senior citizens. We realize there are many things that can interfere with schedules, and that it may be difficult or impossible for many of our seniors to attend a class each week. Therefore, in an effort to meet the needs of our seniors, we will no longer be scheduling group classes. Instead, any senior who is interested in learning more about using computers should call the Education Department and set up an appointment. On the date and time of their choosing, a staff member will work one on one with the senior to assist them in achieving their own goals for using the computer. For more information or to set up your appointment please contact the Education Department at 368-9136 extension 2241.

#### Dear Grandma

By Patrick Strickland

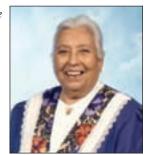
Dear Grandma I miss ya
Sometimes I wish I was with ya
I know you're with me when I feel at peace
In my dreams you tell me to believe
I hope one day when I pass away
I'll go to the place where you live today
When I was a kid, there was no limit to the things you did
And I looked up to the life you lived
Even though I'm gone from home and think I'm grown
I thank you for the love you've shown
You're where you belong at your new home with your sisters
with ya

We all sure do miss ya

I know your gone from here but I still shed some tears Grandma I miss ya and I wish I was with ya. One day I know I will be

If I just believe, Goodbye for now and Rest in Peace

This poem was written as a tribute to my grandmother, Mrs. Dorothy Rolin, who passed away in 2001. We love her and miss her.



Dorothy Rolin



Please remember to visit the Tribe's website at www.poarchcreekindians.org for updated information and postings.

# Bananas

#### **Submitted by Arelene Mack**

Bananas, containing three natural sugars - sucrose, fructose and glucose, combined with fiber, give an instant, sustained and substantial boost of energy. Research has proven that just two bananas provide enough energy for a strenuous 90-minute workout. No wonder the banana is the number one fruit with the world's leading athletes. But energy isn't the only way a banana can help us keep fit. It can also help overcome or prevent a substantial number of illnesses and conditions, making it a must to add to our daily diet.

#### **Depression:**

According to a recent survey undertaken by MIND amongst people suffering from depression, many felt much better after eating a banana. This is because bananas contain tryptophan, a type of protein that the body converts into serotonin, known to make you relax, improve your mood and generally make you feel happier.

#### PMS:

Forget the pills — eat a banana. The vitamin B6 it contains regulates blood glucose levels, which can affect your mood.

#### Anemia:

High in iron, bananas can stimulate the production of hemoglobin in the blood and so helps in cases of anemia.

#### **Blood Pressure:**

This unique tropical fruit is extremely high in potassium yet low in salt, making it the perfect way to beat blood pressure. So much so, the US Food and Drug Administration has just allowed the banana industry to make official claims for the fruit's ability to reduce the risk of blood pressure and stroke.

#### **Brain Power:**

200 students at a Twickenham (Middlesex) school were helped through their exams this year by eating bananas at breakfast, break, and lunch in a bid to boost their brain power. Research has shown that the potassium-packed fruit can assist learning by making pupils more alert.

#### **Constipation:**

High in fiber, including bananas in the diet can help restore normal bowel action, helping to overcome the problem without resorting to laxatives.

#### **Hangovers:**

One of the quickest ways of curing a hangover is to make a banana milkshake, sweetened with honey. The banana calms the stomach and, with the help of the honey, builds up depleted blood sugar levels, while the milk soothes and re-hydrates your system.

#### Heartburn:

Bananas have a natural antacid effect in the body, so if you suffer from heartburn, try eating a banana for soothing relief.

#### **Morning Sickness:**

Snacking on bananas between meals helps to keep blood sugar levels up and avoid morning sickness.

#### **Mosquito bites:**

Before reaching for the insect bite cream, try rubbing the affected area with the inside of a banana skin. Many people find it amazingly successful at reducing swelling and irritation.

#### Nerves:

Bananas are high in B vitamins that help calm the nervous system.

#### Overweight and at work?

Studies at the Institute of Psychology in Austria found pressure at work leads to gorging on comfort food like chocolate and chips. Looking at 5,000 hospital patients, researchers found the most obese were more likely to be in high-pressure jobs. The report concluded that, to avoid panic-induced food cravings, we need to control our blood sugar levels by snacking on high carbohydrate foods every two hours to keep levels steady.

#### Ulcers:

The banana is used as the dietary food against intestinal disorders because of its soft texture and smoothness. It is the only raw fruit that can be eaten without distress in over-chronicler cases. It also neutralizes over-acidity and reduces irritation by coating the lining of the stomach.

#### **Temperature control:**

Many other cultures see bananas as a "cooling" fruit that can lower both the physical and emotional temperature of expectant mothers. In Thailand, for example, pregnant women eat bananas to ensure their baby is born with a cool temperature.

#### **Seasonal Affective Disorder (SAD):**

Bananas can help SAD sufferers because they contain the natural mood enhancer tryptophan.

#### **Smoking:**

Bananas can also help people trying to give up smoking. The B6, B12 they contain, as well as the potassium and magnesium found in them, help the body recover from the effects of nicotine withdrawal.

#### **Stress:**

Potassium is a vital mineral, which helps normalize the heartbeat, sends oxygen to the brain and regulates your body's water balance. When we are stressed, our metabolic rate rises, thereby reducing our potassium levels. These can be re-balanced with the help of a high-potassium banana snack.

#### **Strokes:**

According to research in "The New England Journal of Medicine," eating bananas as part of a regular diet can cut the risk of death by strokes by as much as 40%!

So, a banana really is a natural remedy for many ills. When you compare it to an apple, it has four times the protein, twice the carbohydrates, three times the phosphorus, five times the vitamin A and iron, and twice the other vitamins and minerals. It is also rich in potassium and is one of the best value foods around. So maybe its time to change that well-known phrase so that we say, "A banana a day keeps the doctor away!"

# Promoting Daily Health in Your Workday

Posted on Yahoo!! Health @ http://health.yahoo.com/experts/drmao/1212/promoting-daily-health-in-your-workday

Our surroundings have a direct link to our lives. Since we spend 40 or more hours at our jobs weekly, it is essential to your health and longevity that your place of work is as conducive to wellness as possible. These are just a few ways you can integrate health into your workplace.

#### **Longevity Lifework**

It is very important for your health that you enjoy your work and that it has meaning for you. With that in mind, it is also important to consider the health risk factors that may be included in your job description. People in certain professions have a tendency to live longer than average.

#### Fresh Air for Office Care

Energy-efficient standards of today require that modern office buildings be kept tightly sealed, in order to avoid temperature variations. This is one of the major contributions to the condition called "sick building syndrome," an ambiguous illness that affects the occupants of an unhealthy edifice. Circulate fresh air through your office by opening the windows early in the morning and late in the evening. These are the times of day that outdoor air is cleanest.

#### Plants to the Rescue

The synthetic materials found in buildings, furnishings, and electronic devices emit volatile organic chemicals (VOCs) into our work environment. This is where Mother Nature's air purifiers come in: plants produce oxygen and eliminate VOCs at the same time. The most effective plants include indoor palms, English ivy, ficuses, peace lilies, and chrysanthemums. Bring the fresh air indoors by filling your workplace with plants aplenty!

#### Office Pick-Me-Ups

The key to staying alert and awake on the job is to keep your chi moving. So before you reach for that third cup of coffee-which will initially give you a boost, but depletes your energy in the long run-try some of these:

Take frequent breaks from sitting. Take the stairs instead of the elevator, park your car a few blocks away from where you're going.

Take a field trip for lunch. The fresh air and the break from routine will be an invigorating addition to your workday.

Make sure you are sitting up straight. Slouching not only makes you look older than you are, it also leads to a huge drop in energy by decreasing your oxygen intake. Additionally, poor posture affects your mood and contributes to chronic back and neck pains.

# **HEALTH NEWS**

Submitted by Kay Watson, Health Educator

# Health Screening: What Test You Need and When First published in the National Institute of Health Magazine

Screening test, such as mammograms, pap smears, and colorectal cancer tests, can find diseases and conditions early when they are easier to treat. Talk to your doctor about which of the tests listed below are right for you and when you should have them

The following recommendations are based on the work of the US Preventative Services Task force and NIH Institutes.

**Blood Pressure:** Have your blood pressure checked at lease every two years

**Cholesterol Checks:** Women should have their cholesterol checked regularly starting at age 45; men every five years beginning at 35. If you smoke, have diabetes, or if heart disease runs in your family, start having your cholesterol checked at age 20.

**Colorectal Cancer Tests:** Have a test for colorectal cancer starting at age 50. You doctor can help you decide which test is right for you.

**Depression:** If you've felt "down", sad, or hopeless, and have felt little interest or pleasure in doing things for 2 weeks straight, talk to your doctor about whether he or she can screen you for depression.

**Diabetes Tests:** Have a test to screen for diabetes if you have high blood pressure or high cholesterol.

*Mammograms (Women):* Have a mammogram every 1 to 2 years starting at age 40.

*Osteoporosis Tests (Women):* Have a bone density test at age 65 to screen for osteoporosis (thinning of the bones). If you are between the ages of 60 and 64 and weight 154 pounds or less, talk to your doctor about whether you should be tested.

**Pap Smears (Women):** Have a pap smear every 1 to 3 years if you have been sexually active or are older than 21.

**Prostate Cancer Screening (Men):** Talk to your doctor about the possible benefits and harms of prostate cancer screening if you are considering having a prostate-specific antigen (PSA) test or digital rectal examination (DRE).

**Sexually Transmitted Diseases:** Talk to your doctor to see whether you should be screened for sexually transmitted diseases, such as HIV, and for women, also Chlamydia.

**Note:** Most authorities recommend that, after age 50, tests should include an annual fasting blood sugar check for diabetes and also the following for early diagnosis and treatments: regular colonoscopy for cancer of the colon, serum prostatic-specific antigen (PSA) for prostate cancer, mammography for breast cancer, and enhanced lung CT imaging for lung cancer.

# **Education Update**

#### Submitted by Billie McGhee, Education Coordinator

#### LEARNINGEXPRESSLIBRARY.COM

A recent request to find someone an online GED prep program, reminded me of an article that I had read in the Atmore Advance a year or so ago. The tutorials are **free** to everyone that has access to the Internet and a User ID from the Atmore Public Library. The User ID will allow you to set up your account at www.learningexpresslibrary.com. The Learning Express Library offers tutorials for Advance Placement Practice Tutorials and Practice Tests, Civil Service Jobs Practice Test, College Entrance Tests, Cosmetology Practice Tests, E-Books, Middle School Improvement Skills, Military (ASVAB Practice Test), Nursing, Reading Skills, Elementary School Skills Improvement, EMS Practice Tests, Firefighter, GED, Graduate School Entrance Exams, High School Skills Improvement, Law Enforcement, Math Skills Improvement, Real Estate, Skills Improvement Courses, Skills Improvement with Spanish Instructions, Teaching, Technical and Career College Skills, TOFEL, U.S. Citizenship, Writing Skills Improvement, and Health Careers. We encourage Tribal members and Tribal descendants to come to the Education Department's computer lab and use the Internet to access these tutorials.

#### POARCHCREEKINDIANS.ORG

Tribal member and Tribal descendants, please watch for additional educational opportunity announcements on the Tribe's web page, <a href="https://www.poarchcreekindians.org">www.poarchcreekindians.org</a>. The newsletters do not reach all Tribal members on the same date; therefore, the Tribal web page is Education's means of providing information to you as soon as possible. We encourage college students to watch for internship and scholarship opportunities on the Tribal web page.

Michael McCullough, Co-Founder and President, of QuestBridge requested that information about their programs be placed in Tribal newsletters. The QuestBridge announcement has been placed on the Tribe's web page **The College Match Program is still available to interested students. The College Match applications are due October 1, 2007.** You can find additional information about the College Match program at <a href="http://www.questbridge.org/cmp/how\_it\_works.html">http://www.questbridge.org/cmp/how\_it\_works.html</a>. The Summer Program will be available again March 1, 2008.

# QUESTBRIDGE COLLEGE PREP SCHOLARSHIP FOR HIGH SCHOOL JUNIORS

Explore opportunities at leading colleges. The QuestBridge College Prep Scholarship is designed to level the playing field of college admissions by equipping high-achieving low-income students with the skills and ability to apply successfully to leading schools. If you are a high school junior who has achieved excellent academic results in the face of economic challenges, we encourage you to apply for the College Prep Scholarship. Each award will include one or more of the following:

**Full scholarships to selective college summer programs:** QuestBridge will provide counseling to 10 students to support their applications to summer school programs at Harvard University, Stanford University, the University of Notre Dame, or Yale University. If accepted, students will receive a scholarship covering tuition, room and board.

**College admissions counseling:** QuestBridge will offer individualized assistance with college admissions and the financial aid process to 50 students.

College preparatory conferences: Approximately 800 applicants

will be selected to attend one of QuestBridge's four college preparatory conferences at top-ranked colleges nationwide in the summer of 2007. Conferences will feature workshops on selecting colleges, application strategies, and financial aid.

If you know other students who may qualify for the College Prep Scholarship, you can refer them to QuestBridge at <a href="www.quest-bridge.org">www.quest-bridge.org</a>. College Prep Scholarship applicants will also gain a head start on applying for the fall 2007 QuestBridge College Match program, as their information can transfer automatically to the College Match application. The College Match program pairs high-achieving low-income high school seniors with admission and full four-year scholarships to QuestBridge partner colleges.

Last year, QuestBridge helped more than 400 students gain admission to some of the nation's leading colleges, with financial aid estimated at over \$40 million. Colleges partnered with QuestBridge include Amherst College, Columbia University, Oberlin College, Princeton University, Rice University, Stanford University, Swarthmore College, the University of Notre Dame, Williams College, and Yale University.

QuestBridge is a venture of the Quest Scholars Program, a nationally-focused non-profit organization that has worked since 1994 to connect outstanding low-income students with scholarships, mentoring, and other educational opportunities. For more information, please visit their website at <a href="https://www.questbridge.org">www.questbridge.org</a>.

# 2007 NATIONAL NATIVE AMERICAN YOUTH INITIATIVE (NNAYI)

NNAYI is a nine day summer program for students who are 16-18 years old and planning to train for a health career. It is available to both Tribal members and Tribal descendants. The program provides funds for travel, room and board and most meals. You can find additional information about the program at <a href="http://www.aaip.com">http://www.aaip.com</a>

# AMERICAN INDIAN COLLEGE FUND (www.collegefund.org)

While the American Indian College Funds awards a number of scholarships to be used only at Tribal Colleges, they do offer mainstream scholarship programs for the Tribal and tribal descent students that attend non-tribal colleges/universities. The applicants must provide proof of Tribal enrollment or descendancy.

#### FORD MOTOR COMPANY MAINSTREAM SCHOLARSHIP

(\$10,000) is awarded annually, based on financial need. The scholarship is for students studying accounting, computer, electrical or mechanical engineering; finance; information systems, marketing or operations management. The deadline for applications is May 31, 2007. Additional details are available at <a href="http://www.college-fund.org/scholarships/schol">http://www.college-fund.org/scholarships/schol</a> mainstream.html

MORGAN STANLEY SCHOLARSHIP AND CAREER **DEVELOPMENT PROGRAM** and the American Indian College Fund awards scholarships of \$10,000 annually to outstanding American Indian students who have an interest in exploring career options in the financial services industry. The types of careers listed are: information technology, investment banking, investment management, marketing, branch operations, financial advising, financial accounting, credit card services and others. Applicants are advised to visit the Morgan Stanley web site (www.morganstantley.com) for more information about careers in financial services and with their The applications form is available http://www.collegefund.org/scholarships/schol mainstream.html.

#### NISSAN NORTH AMERICA MAINSTREAM SCHOLARSHIP

**PROGRAM** and the American Indian College Fund awards scholarships in the amount of \$5,000 to outstanding American Indian students currently in fully accredited mainstream colleges/universities and enrolled in bachelor's degree programs. The deadline for the scholarship is May 31, 2007. You can additional information at http://www.collegefund.org/scholarships/schol mainstream.html

## 2007 NATIVE VISION SCHOLARSHIP PROGRAM FOR THE HIGH SCHOOL GRADUATES

Scholarship awards of \$5000 are available to outstanding American Indian high school graduates with a commitment to education, athletics and leadership. You may request an application by calling 410-955-6931 or email your request and your applications questions to <a href="mailto:mhammen@jhsph.edu">mhammen@jhsph.edu</a>. The application deadline is Friday, May 1, 2007 at 5 P.M. EDT. We have an application in our office and will fax or mail a copy upon request.

Must be an enrolled member of a federally recognized tribe and supply a copy of the Tribal Enrollment Card or supply an official document of tribal enrollment (see Mrs. Gale Thrower or call (251) 368-9136, ext. 2281 for a Notarized Letter of Tribal Enrollment).

Must be enrolled in an accredited community college or four-year undergraduate program in the fall of 2007 and have maintained a GPA of 3.0 or higher at the time of application.

Must demonstrate involvement in extracurricular and athletic activities. You can do this with copies of athletic certificate awards or letters from your school athletic program staff.

Must demonstrate a sustained involvement in the community and an applied concern for American Indian concerns and initiatives. You will need documentation from your volunteer program or program supervisor. A letter written on letterhead stationery or a notarized statement signed by the supervisor can serve as documentation for your volunteer work.

Must provide a copy of your high school transcript (official)

Two letters of recommendation (can not be written by relatives or family members)

An essay of 200 words explaining your goals for the future and how the scholarship will help you achieve your dreams. You should reemphasize how your goals relate to your continued involvement in American Indian communities.

The Native Vision web site is <a href="http://www.nativevision.org/scholar-ships.html">http://www.nativevision.org/scholar-ships.html</a>

#### AMERICAN INDIAN GRADUATE CENTER'S 2007-2008 GRADUATE FELLOWSHIP PROGRAM

Now is the time for students who plan to enter graduate school in the fall 2007 to apply for the graduate funding at the American Indian Graduate Program. College seniors should begin applying for graduate school in the fall of their senior year. Applicants for the American Indian Graduate Fellowship must be pursuing a master's or doctoral degree as a full-time student in the U.S., provide proof of financial need, and be an enrolled member of a federally recognized American Indian Tribe. The web site is <a href="http://www.aigc.com">http://www.aigc.com</a>. The deadline is June 1, 2007. You can download the application now, and have time to request the documents that you will need to send with the application. You do not want to miss out on funding for graduate school.

#### 2007-2008 ACCENTURE AMERICAN INDIAN SCHOLARSHIP PROGRAM

Applicant must be an enrolled member of a U. S. federally recognized American Tribe and provide a Certificate of Indian Blood. The scholarship is for students seeking a degree and career in fields of study that include the following:

High technology, Engineering, Medicine, Law, Business

The applicant must be enrolled as a full-time, degree seeking freshmen or as a first-year graduate or professional student. The application deadline for the undergraduate applications is May 2, 2007 and June 1, 2007 for graduate applications.

## WELLS FARGO AMERICAN INDIAN SCHOLARSHIP PROGRAM

The scholarship is for students who are planning to become leaders in economic development in Indian Communities and Wells Fargo leaders in the banking and financial service industry. Applicants must meet the Federal Pell Grant eligibility criteria if you are an undergraduate. The scholarship is also available to graduate students. You can find additional information and download the application at <a href="https://www.aigc.com">www.aigc.com</a> by clicking on either the "Undergraduate Scholarship" or "Graduate Scholarship" link. The deadline is May 2, 2007 for undergraduates and June 1, 2007 for graduate applications.

# 2007 TRAIL OF TEARS REMEMBRANCE RIDE SCHOLARSHIP

The deadline or the application is June 30, 2007. The scholarship requirements are that the applicant be of Native American descent, from tribes originating in the Southeast. They should demonstrate successful academic performance and financial need. The applicant must be able to provide evidence of enrollment in a Federal or State recognized tribe or be able to verify 1/16 Native American heritage. Mrs. Gale Thrower can provide the documentation for those students who can provide her with a copy of their birth certificate that shows they are the child or grandchild of a tribal member. Additional application requirements and the application are available at <a href="http://www.trailoftears-remembrance.org">http://www.trailoftears-remembrance.org</a>. The award amount is \$5000.

#### George Warren Brown School of Social Work

The George Warren Brown School of Social Work's Bruder Center for American Indian Studies is with the Washington University in St. Louis, Missouri. The program was created for American Indians to prepare them for leadership positions at educational institutions and social service agencies that work to improve the lives of American Indians. The program can lead to a master's degree in social work. A selected applicant can receive a full-tuition scholarship, experience fieldwork in St. Louis's community, and work in concentration areas on children, youth and families; gerontology; health; mental health; and social and economic development, as well as individualized concentrations, complete fieldwork in your area of concentration on a reservation or with a tribal or government agency. You will receive assistance in job placement. Applicants can choose to complete dual-degree programs with law, business, architecture or health care administration. You will find additional information at http://gwbweb.wustl.edu/buder.

#### **Student Conservation Association (SCA)**

The SCA is seeking graduate and undergraduate students to apply for their paid internship programs. The SCA can place a student in a position that relates to the students field of study. Applicants will gain leadership experience, new job skills, make career contacts, meet other students, and earn funds for college. Internships play a large roll in qualifying an applicant for graduate school funding. You can find information and the application at <a href="http://www.thesca.org">http://www.thesca.org</a>.

# **Diabetes Prevention Camp**



It is time to register your child/children for this year's Diabetes Prevention Camp, which is scheduled for June 3-8, 2007. All children ages 7-13 will be eligible to attend. Mandatory meetings have been scheduled in the Tribal Auditorium for 5:30 p.m. Tuesday, May 22, 2007 and Thursday, May 24, 2007. A parent or guardian must attend one of these sessions; if not, the child will not be allowed to attend camp. A deposit of \$10 per child is required to secure their spot for camp. Deposits will be returned to parent/guardian prior to departure on June 3, 2007; if your child/children do not attend, the deposit will be forfeited. For information call Sheila Odom or Kay Watson at (251) 368-8630.



Fresh juicy oranges, what a great

We learn about nature, there is a reason for everything!



We have to learn to eat right!



Riding horses is lots of fun!

**Poarch Creek News 22** 



Class time



Water activities are always fun.



Hey, I can touch the bottom!

# Corey Named to Dean's List Submitted by Shelley McEvoy

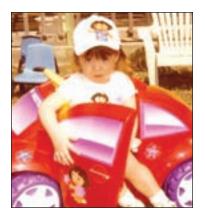
Caitlyn Corey has been named to the Dean's List at Florida State University for fall 2006. Caitlyn is currently in the honors program at Florida State University. She is a Math/Science Education major with a 4.0 GPA. Caitlyn is a 2006 graduate of Bloomingdale High School in Valrico, FL.

Caitlyn received the Florida Bright Futures Scholar Award as well as the Florida State University Scholarship for Academic Excellence. She has also recently joined Phi Eta Sigma, the national honor society whose goal it is to encourage and reward academic excellence among freshmen in institutions of higher learning.



Caitlyn is the daughter of Cecil and Jeannie Corey of Atmore and Todd and Shellev McEvoy (Godwin) of Tampa, FL. She is the granddaughter of Clark and Judy Thompson and Buddy and Lynne Godwin of Pensacola and Steve and Lois Fore of Atmore.

Caitlyn Corey



Lea Odom

## Dora, Dora, Dora!

Ms. Lea Odom turned two on Sunday, February 25, 2007. She celebrated her birthday with a Dora Party attended by friends and family at the Poarch Community Church on Saturday, February 24, 2007. Lea is the daughter of Leslie and Chad Odom.

#### **CORRECTION**



Christopher Stephens with wife Rachel, married August 12. 2006, spent their first Christmas together as a family this year. This photo was published in the January, 2007 newsletter but Christopher was erroneously identified as Jonathan Stephens.

#### **Birth Announcements**

#### Elijah Wayne Love

Jessica Gutierrez and Jason Love of Atmore are happy to announce the birth of their son, Elijah Wayne Love. Elijah was born at D.H. McMillan Hospital in Brewton, Alabama on January 19, 2007 at 5:27 a.m. At birth Elijah weighed 8 pounds, 2 ounces, and was twenty and a half inches long.



Elijah is the maternal grandson of Melissa Campos of Atmore and Frank Gutierez of Lubbock, Texas; and the paternal grandson of Ruth O'Farrell of McDavid. Florida and Patrick Love of Chicago, Illinois.

Elijah Wayne Love

#### Daygen Howard O'Brian Slate

Brionna Slate is happy to announce the birth of her little brother, Daygen Howard O'Brain Slate. Daygen, born at 2:46 p.m. at the North Baldwin Hospital in Bay Minette, Alabama, is the son of Stephanie Sanchez and Bo Slate of Atmore. At his birth Daygen weighed six pounds and 3 ounces. Daygen is the maternal grandson of Sherry Phillips of Atmore and Jerry Sanchez, Sr. of Pensacola, Florida; he is the paternal grandson

> of Timothy Slate and Juanita Slate, both of Atmore.





Brionna Slate with little brother Daygen Slate

Daygen Howard O'Brian Slate

## Jayla Raylynn Jackson

Jenni Hall and Kenny Jackson are proud to announce the birth of their daughter, Jayla Raylynn Jackson. Jayla was born at D.W. McMillian Hospital in Brewton, Alabama on February 22, 2007 at 9:44 a.m. At birth she was 18 ½ inches long and weighed 6 pounds and 3 ounces. Jayla is the maternal grand-

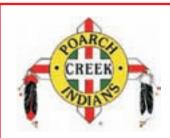


Jayla Raylynn Jackson

daughter of Linda and Fonzie Hall; she is the paternal granddaughter of Archie and Susan Jackson. Great grandparents are Margaret Milstead and the late Carl Ben Adams: Ruth Fortune and the late Claudale Fortune: and Lillian Jackson and the late Royce Jackson.

SUN	MON	TUES	WED	THUR	FRI	SAT
	ARPRI	L 2007				
1	biography,	Tribal Council 3 Meeting 4:00 p.m. d Deadline to submit Letter and picture for name to be p	printed on the	Name our Library Contest Deadline	Tribal Offices Closed In Observance of Good Friday	Easter Egg Hunt @ Pow Wow Grounds 9 a.m 11:00 a.m.
88	9	10	11	12	13	14
15 Tribal Council	16	17	18	19	20	21
Meeting 2:00 p.m.					astern Bull Riding 006 National Fina	
22	23	24	25	<b>26</b> Financial	27 American Poster	28
29	30			Education Workshop	Contest Deadline	

We reserve the right to edit or refuse any item for publication.



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