

Why are people with diabetes more likely to get foot ulcers?"



DIABETES
IS IN YOUR HANDS

People with diabetes may have reduced nerve functioning due to peripheral diabetic neuropathy.

This means that the nerves that usually carry pain sensation to the brain from the feet do not function as well and it is possible for damage to occur to your foot without feeling it.

Treading on something, wearing tight shoes, cuts, blisters and bruises can all develop into diabetes foot ulcers.

Narrowed arteries can also reduce blood flow to the feet amongst some people with diabetes and this can impair the foot's ability to heal properly. When the foot cannot heal, a foot ulcer can develop.

Questions or concerns?

Nancy Smith, MSN, CNL, CHCO Director of Nursing
Poarch Creek Indians (251) 368-9136 x 2383